

WAVE / LWM Sprint Cup - 10/1/2011
Juanita Aquatic Center, Sanction #: Appr-1011-SP04
USMS 361-09

Results

Women 18-24 50 Yard Freestyle

13	Shafer, Sarah	23	LWM	32.96
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Women 18-24 100 Yard Freestyle

1	Dinkel, Paloma	23	LWM	53.60 Z
	25.79	27.81		
14	Shafer, Sarah	23	LWM	1:12.42
	33.92	38.50		

Women 18-24 200 Yard Freestyle

14	Shafer, Sarah	23	LWM	2:42.93
	37.21	40.80	42.15	42.77

Women 18-24 100 Yard Breaststroke

1	Dinkel, Paloma	23	LWM	1:08.23
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Women 18-24 100 Yard IM

1	Dinkel, Paloma	23	LWM	1:04.24
	30.21	34.03		

Women 25-29 50 Yard Freestyle

1	Hunt-Higgins, Megan	25	LWM	25.81
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Women 25-29 50 Yard Backstroke

1	Hunt-Higgins, Megan	25	LWM	29.28
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Women 25-29 100 Yard Backstroke

1	Hunt-Higgins, Megan	25	LWM	1:04.21
	31.11	33.10		

Women 40-44 100 Yard Freestyle

16	Clarke, Heather	40	LWM	1:18.44
	37.77	40.67		

Women 40-44 200 Yard Freestyle

15	Clarke, Heather	40	LWM	2:51.44
	38.48	44.40	44.45	44.11

Women 40-44 50 Yard Butterfly

7	Clarke, Heather	40	LWM	39.76
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Women 40-44 100 Yard IM

4	Clarke, Heather	40	LWM	1:32.65
	42.81	49.84		

Women 45-49 50 Yard Freestyle

12	McJunkin, Jill	48	LWM	32.47
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Women 45-49 100 Yard Freestyle

13	McJunkin, Jill	48	LWM	1:11.14
	33.90	37.24		

Women 45-49 50 Yard Butterfly

6	Voss, Julie	47	LWM	32.36
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Women 45-49 100 Yard Butterfly

3	McJunkin, Jill	48	LWM	1:22.38
	38.50	43.88		

Women 45-49 100 Yard IM

2	Voss, Julie	47	LWM	1:14.32
	35.16	39.16		

Women 50-54 50 Yard Freestyle

14	Moore, Sheila	52	LWM	33.58
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Women 50-54 100 Yard Freestyle

12	Shaw, Lucy	53	LWM	1:10.82
	33.58	37.24		
15	Moore, Sheila	52	LWM	1:13.00
	34.98	38.02		

Women 50-54 200 Yard Freestyle

12	Shaw, Lucy	53	LWM	2:34.90
	34.32	39.42	40.79	40.37
13	Moore, Sheila	52	LWM	2:39.48
	36.16	39.25	41.74	42.33

Women 50-54 100 Yard Butterfly

4	Shaw, Lucy	53	LWM	1:25.23
	38.63	46.60		

Women 50-54 200 Yard IM

6	Shaw, Lucy	53	LWM	2:58.00
	37.11	46.79	53.48	40.62

Men 18-24 50 Yard Freestyle

1	Peart, Thomas	24	LWM	22.00
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Men 18-24 100 Yard Freestyle

1	Chapman, Chris	24	LWM	48.24
	23.13	25.11		
2	Peart, Thomas	24	LWM	48.42
	23.52	24.90		
3	Romano, Guillermo	20	LWM	50.88
	24.60	26.28		

Men 18-24 200 Yard Freestyle

1	Peart, Thomas	24	LWM	1:48.60
	24.17	27.27	28.50	28.66
3	Romano, Guillermo	20	LWM	1:50.86
	25.70	27.91	28.70	28.55

Men 18-24 50 Yard Butterfly

1	Chapman, Chris	24	LWM	22.66 Z
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Men 18-24 100 Yard Butterfly

1	Chapman, Chris	24	LWM	51.43
	23.70	27.73		
2	Peart, Thomas	24	LWM	52.96
	24.14	28.82		
3	Romano, Guillermo	20	LWM	56.03
	26.30	29.73		

Men 18-24 100 Yard IM

1	Chapman, Chris	24	LWM	1:01.59
	27.34	34.25		

Men 25-29 50 Yard Freestyle

3	Conroy, Chris	26	LWM	24.17
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Men 25-29 100 Yard Freestyle

4	Polucha, Steve	29	LWM	51.46
	24.59	26.87		

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(Men 25-29 100 Yard Freestyle)					Men 50-54 50 Yard Backstroke				
6	Conroy, Chris	26	LWM	52.04	2	Portelance, Doug	53	LWM	28.45
	25.65	26.39			5	Pearson, Jay	50	LWM	32.21
Men 25-29 200 Yard Freestyle					Men 50-54 100 Yard Backstroke				
2	Yung, Cejih	26	LWM	1:50.84	2	Portelance, Doug	53	LWM	1:01.25
	25.15	27.64	28.52	29.53		30.69	30.56		
5	Polucha, Steve	29	LWM	1:57.75	Men 50-54 50 Yard Breaststroke				
	25.88	29.35	30.65	31.87	3	Pearson, Jay	50	LWM	35.37
Men 25-29 50 Yard Breaststroke					Men 50-54 50 Yard Butterfly				
1	Yung, Cejih	26	LWM	29.66	5	Pearson, Jay	50	LWM	29.68
Men 25-29 100 Yard Breaststroke					Men 50-54 100 Yard Butterfly				
1	Yung, Cejih	26	LWM	1:01.66	6	Stack, Ned	52	LWM	1:00.34
3	Conroy, Chris	26	LWM	1:08.13		26.72	33.62		
Men 25-29 100 Yard IM					Men 50-54 200 Yard IM				
3	Polucha, Steve	29	LWM	1:09.75	5	Portelance, Doug	53	LWM	2:22.76
	30.77	38.98				31.38	37.08	42.74	31.56
Men 25-29 200 Yard IM					Men 55-59 50 Yard Freestyle				
1	Yung, Cejih	26	LWM	2:06.49	14	Skog, Arne	55	LWM	29.23
	27.11	32.91	36.12	30.35	Men 55-59 100 Yard Freestyle				
3	Polucha, Steve	29	LWM	2:13.39	15	Skog, Arne	55	LWM	1:06.43
	27.61	33.60	40.32	31.86		31.49	34.94		
Men 45-49 100 Yard Backstroke					Women 18-24 200 Yard Freestyle Relay				
7	Porter, Mike	45	LWM	1:06.64	2	LWM	A		1:53.51
	32.51	34.13				1) Hunt-Higgins, Megan W25	2) Dinkel, Paloma W23		
Men 45-49 50 Yard Breaststroke						3) Voss, Julie W47	4) McJunkin, Jill W48		
5	Martin, Rob	46	LWM	36.49		26.27	25.58	30.75	30.91
Men 45-49 100 Yard Breaststroke					6	LWM	B		2:12.57
4	Porter, Mike	45	LWM	1:11.80		1) Clarke, Heather W40	2) Moore, Sheila W52		
8	Martin, Rob	46	LWM	1:22.03		3) Shafer, Sarah W23	4) Shaw, Lucy W53		
Men 45-49 50 Yard Butterfly						36.15	32.04	32.93	31.45
3	Martin, Rob	46	LWM	29.12	Women 18-24 200 Yard Medley Relay				
Men 45-49 100 Yard Butterfly					4	LWM	A		2:06.69
8	Porter, Mike	45	LWM	1:02.41		1) Hunt-Higgins, Megan W25	2) Dinkel, Paloma W23		
	28.68	33.73				3) Voss, Julie W47	4) Shaw, Lucy W53		
Men 45-49 100 Yard IM						29.32	32.18	32.35	32.84
2	Porter, Mike	45	LWM	1:03.25	5	LWM	B		2:40.23
	29.80	33.45				1) Clarke, Heather W40	2) McJunkin, Jill W48		
5	Martin, Rob	46	LWM	1:11.32		3) Moore, Sheila W52	4) Shafer, Sarah W23		
	31.80	39.52				44.97	41.59	40.42	33.25
Men 50-54 50 Yard Freestyle					Men 18-24 200 Yard Freestyle Relay				
11	Pearson, Jay	50	LWM	27.31	1	LWM	A		1:29.41 P
Men 50-54 100 Yard Freestyle						1) Peart, Thomas M24	2) Stack, Ned M52		
5	Stack, Ned	52	LWM	51.96		3) Yung, Cejih M26	4) Chapman, Chris M24		
	24.58	27.38				22.03	22.79	23.05	21.54
Men 50-54 200 Yard Freestyle					2	LWM	B		1:35.18
11	Portelance, Doug	53	LWM	2:04.48		1) Romano, Guillermo M20	2) Conroy, Chris M26		
	29.18	31.55	32.42	31.33		3) Porter, Mike M45	4) Polucha, Steve M29		
						23.71	23.52	24.98	22.97

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Men 18-24 200 Yard Medley Relay

1	LWM	A			1:39.26 P
	1) Chapman, Chris M24	2) Yung, Cejih M26			
	3) Peart, Thomas M24	4) Stack, Ned M52			
	24.78	28.08	23.38	23.02	
2	LWM	B			1:47.78
	1) Portelance, Doug M53	2) Conroy, Chris M26			
	3) Romano, Guillermo M20	4) Polucha, Steve M29			
	28.57	30.25	25.53	23.43	

Men 45-54 200 Yard Freestyle Relay

6	LWM	C			1:48.67
	1) Martin, Rob M46	2) Skog, Arne M55			
	3) Pearson, Jay M50	4) Portelance, Doug M53			
	27.42	29.38	26.75	25.12	

Men 45-54 200 Yard Medley Relay

3	LWM	C			2:03.54
	1) Porter, Mike M45	2) Pearson, Jay M50			
	3) Martin, Rob M46	4) Skog, Arne M55			
	30.56	34.88	29.10	29.00	