

1999 FINA WORLD Top 10 LCM for Pacific Northwest LMSC

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
9	200 Breast	Jerry Freimuth	34	PNA	Pacific Northwest	3:00.55

Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
2	50 Back	Zena Courtney	40	PNA	Pacific Northwest	34.45
1	100 Back	Zena Courtney	40	PNA	Pacific Northwest	1:12.37
1	200 Back	Zena Courtney	40	PNA	Pacific Northwest	2:34.18
2	400 IM	Zena Courtney	40	PNA	Pacific Northwest	5:47.51

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Debbie Glassman	46	PNA	Pacific Northwest	29.71
9	100 Free	Debbie Glassman	46	PNA	Pacific Northwest	1:07.82
3	50 Fly	Debbie Glassman	46	PNA	Pacific Northwest	32.05
3	100 Fly	Debbie Glassman	46	PNA	Pacific Northwest	1:15.96
3	200 Fly	Debbie Glassman	46	PNA	Pacific Northwest	2:55.97

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
10	400 Free	Kathrine Casey	51	PNA	Pacific Northwest	5:56.48
10	800 Free	Kathrine Casey	51	PNA	Pacific Northwest	12:14.65
9	200 Fly	Kathrine Casey	51	PNA	Pacific Northwest	3:34.47
6	400 IM	Kathrine Casey	51	PNA	Pacific Northwest	6:55.22

Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Donald Graham	45	PNA	Pacific Northwest	26.51
5	50 Back	Donald Graham	45	PNA	Pacific Northwest	31.22
3	50 Fly	Donald Graham	45	PNA	Pacific Northwest	28.05

Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
10	400 Free	Harvey Prosser	71	PNA	Pacific Northwest	6:25.28
2	1500 Free	Harvey Prosser	71	PNA	Pacific Northwest	25:05.42

1999 FINA WORLD Top 10 LCM Relays for Pacific Northwest LMSC

Mixed 200-239 LCM (1999)

Place	Event	Club	LMSC	Time	Swimmers
9	200 Medley	PNA	Pacific Northwest	2:20.13	Frank Warner (50), Kathrine Casey (51), Sonny Garrett (55), Debbie Glassman (46)