

2009 USMS Top 10 SCM for Pacific Northwest LMSC

Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
6	200 Breast	Melissa Chamberlin	28	PNA	Pacific Northwest	2:42.12
10	400 IM	Melissa Chamberlin	28	PNA	Pacific Northwest	5:21.25

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
9	50 Breast	Cary Greegor	30	PNA	Pacific Northwest	35.32

Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
7	100 Free	Kimberly S Jeter	37	PNA	Pacific Northwest	1:01.56
6	400 Free	Kimberly S Jeter	37	PNA	Pacific Northwest	4:44.46

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
5	50 Free	Lisa A Dahl	48	PNA	Pacific Northwest	27.97

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
6	200 Back	Zena H Courtney	50	PNA	Pacific Northwest	2:43.77

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
7	100 Fly	Sarah Welch	62	PNA	Pacific Northwest	1:31.09
6	200 Fly	Sarah Welch	62	PNA	Pacific Northwest	3:29.91
7	200 IM	Sarah Welch	62	PNA	Pacific Northwest	3:17.96
9	400 IM	Sarah Welch	62	PNA	Pacific Northwest	7:04.90

Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
6	1500 Free	Lyle A Nalli	49	PNA	Pacific Northwest	18:01.65

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
8	800 Free	William J Penn	58	PNA	Pacific Northwest	9:42.73
3	1500 Free	William J Penn	58	PNA	Pacific Northwest	18:14.38
9	100 Back	Donald Graham	55	PNA	Pacific Northwest	1:08.69
2	50 Fly	Donald Graham	55	PNA	Pacific Northwest	27.76
6	200 Fly	Scott M Lautman	57	PNA	Pacific Northwest	2:33.55

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
1	400 Free	James T McCleery	63	PNA	Pacific Northwest	4:48.76
6	800 Free	James T McCleery	63	PNA	Pacific Northwest	10:19.86
3	1500 Free	James T McCleery	63	PNA	Pacific Northwest	19:12.92

Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
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7	400 Free	Harvey W Prosser	81	PNA	Pacific Northwest	7:44.93
3	1500 Free	Harvey W Prosser	81	PNA	Pacific Northwest	30:43.22