

To PenBay YMCA
116 Union Street
Rockport, Maine 04856
(207) 236-3375 telephone
Jim's telephone (207) 664-8246

1. Take Rte. 3 to Ellsworth
2. Take Rte. 1 South through Bucksport & Belfast
3. Continue on Rte 1 to Camden, go through downtown
4. After going through town, take left onto School St/Union St.
5. Take 1st right onto Union St, follow for .8 of mile
6. The Y is on the left side