

**Sign-up Sheet
Junior Olympic Time Trials
March 7 - 8, 2015**

Dates: March 7 – 8, 2015

Place: Bath YMCA, Bath ME

Entries Due: Thursday, February 26, 2015

All swimmers must be Registered for the 2015 Swim Season with Maine Swimming \$37.50 for seasonal membership (good until 3/15/15), \$62 for year membership (good until 12/31/15)

Entry Fees: \$4.00 per timed final event, and \$5.00 per prelim/final event

Format: This is new format. Only swimmers that have not qualified for JO's in events may swim this meet. This is a great meet for swimmers that have qualified in a few events for JO's or not qualified at all. For swimmers that have their maximum events (6 for 13 & overs and 9 for 12 & unders), this is not the meet for them. 10 & unders will swim in the morning each day in only timed final events. 11 & older will swim in the morning and the afternoon. Those that make a JO qualifying time will be able to swim the event at the JO's or if they finish in 1st or 2nd place for the event. For 11 & older some events will be prelim/finals and others will be timed finals (swam once)

Times:	Saturday & Sunday AM Warm-up 8:00am	Meet 9:00am
	Saturday PM Warm-up 3:00pm	Meet 4:00pm
	Sunday PM Warm-up 2:00pm	Meet 3:00pm

Events (circle choices)

Sat AM	Sat PM	Sun AM	Sun PM
10&u 200Free (TF)	11&o 200 Free (F)	12&u 50 Fly (TF)	11&o 200 Back (TF)
11&o 200 Free (P)	11&o 100 Fly (F)	11&o 100 Breast (P)	11&o 100 Breast (F)
10&u 100 Fly (TF)	11&o 200 Brst (TF)	10&u 100 Brst (TF)	11&o 100 Free (F)
11&o 100 Fly (P)	11&o 100 Back (F)	11&o 100 Free (P)	11&o 200 Fly (TF)
12&u 50 Brst (TF)	11&o 50 Free (F)	10&u 100 Free (TF)	11&o 200 IM (F)
11&o 100 Back (P)		12&u 50 Back (TF)	
10&u 100 Back (TF)		11&o 200 IM (P)	
11&o 50 Free (P)		10&u 200 IM (TF)	
10&u 50 Free (TF)		Open 500 Free (TF)	
11&o 400 IM (TF)			

(TF) denotes Timed Final, (P) denotes Prelims & (F) denotes Finals
Brst is short for Breaststroke

Name _____ Age _____

Please Return by November 26th, you can email to sharks@mdiymca.org