



TWENTY NINTH ANNUAL MDIY SPRINTS
SUNDAY DECEMBER 9, 2011
Sign-up Sheet

Location: MDI YMCA, Park St. Bar Harbor, ME

Pool: 6 lanes, 25 yards. Seating for approximately 500. Concessions/Refreshment stand will be available.

Time: Warm-up @ 11:45am for all and meet @ 12:45pm

Eligibility: All MDI Y swimmers are urged to participate.

Entry Fees: No entry fees for MDI Swimmers

Awards: Ribbons for places 1 thru 6

Deadline: By Friday, December 7.

Entry Limit: Swimmers may swim all 5 events plus a relay

Online Entry: <http://tinyurl.com/c8ku2rq>

Questions: Please see or speak to Jim or Tony.

Please circle your choices
Event Order

Girls – odds, Boys – even

1-2	8 & under	25 fly	31-32	8 & under	25 Breast
3-4	9 – 10	50 Fly	33-34	9 – 10	50 Breast
5-6	11 – 12	50 Fly	35-36	11 – 12	50 Breast
7-8	13 – 14	50 Fly	37-38	13 – 14	50 Breast
9-10	Senior	50 Fly	39-40	Senior	50 Breast
11-12	8 & under	25 Back	41-42	8 & under	25 Free
13-14	9 – 10	50 Back	43-44	9 – 10	50 Free
15-16	11 – 12	50 Back	45-46	11 – 12	50 Free
17-18	13 – 14	50 Back	47-48	13 – 14	50 Free
19-20	Senior	50 Back	49-50	Senior	50 Free
21-22	8 & under	100 IM	51-52	8 & under	100 Free Relay
23-24	9 – 10	100 IM	53-54	10 & under	200 Free Relay
25-26	11 – 12	100 IM	55-56	12 & under	200 Free Relay
27-28	13 – 14	100 IM	57-58	14 & under	200 Free Relay
29-30	Senior	100 IM	59-60	Senior	200 Free Relay

Name _____

Age _____

PLEASE RETURN BY Friday, DECEMBER 7th