

**Sign-up Sheet**  
**The Long Reach Swim Club Ninth Annual Only True Sprint Meet Sprint Meet**  
**June 28, 2014**

**Dates:** June 28, 2014

**Place:** Bath YMCA

**Entries Due:** Friday, June 20, 2014

**All swimmers must be Registered for the 2014 Swim Season with Maine Swimming**

**Entry Fees:** \$3.00 per event

**Entries:** Swimmers are allowed to swim five events

**Times:**           **warm-up 9:00am**  
                          **meet       10:00am**

**Events (circle choices)**

- | Event # | Event      |
|---------|------------|
| 1.      | 100 IM     |
| 2.      | 200 Fly    |
| 3.      | 100 Free   |
| 4.      | 25 Back    |
| 5.      | 50 Breast  |
| 6.      | 200 Free   |
| 7.      | 25 Fly     |
| 8.      | 50 Back    |
| 9.      | 100 Breast |
| 10.     | 400 IM     |
| 11.     | 200 Breast |
| 12.     | 25 Free    |
| 13.     | 100 Back   |
| 14.     | 50 Fly     |
| 15.     | 200 Back   |
| 16.     | 25 Breast  |
| 17.     | 100 Fly    |
| 18.     | 50 Free    |
| 19.     | 200 IM     |

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_

**Please Return by June 20<sup>th</sup>, you can email to [sharks@mdiymca.org](mailto:sharks@mdiymca.org)**