

Sign-up Sheet

'Maine Summer International Invitational (JO's)' Meet
 July 24 – 26, 2014

Name _____
 email to sharks@mdiymca.org

There are no cut-off times for this meet. Swimmers may select any events that they wish to swim. Swimmers need to be a member of Maine Swimming, if you had a full year membership (\$60) last winter you are already a member but if you had a seasonal membership (\$37.50), then you must get another seasonal membership to swim in the meet. The meet will be swum in Long Course Meters, 50 meters per length instead of 25 yards.

Place: Canada Games Aquatic Centre, Saint John, New Brunswick

Entries Due: Monday, July 14, 2014

Entry Fees: \$4.00 per event for 10 & unders, \$5.00 per event for 11 & overs, no charge for relays, plus a \$10 participation fee

Entries: Swimmers can swim up to 6 events (maximum 3 per day). If we have enough swimmers in an age group we will also swim a relay each day.

Times:

Morning: 11 & over Trials
Thursday, Friday, & Saturday
 warm-up 7:00am meet 8:15am

Afternoon : 10 & unders and 11 & over Finals
Thursday & Friday
 warm-up 3:30pm meet 4:30pm

Saturday
 Warm-up 3:00pm meet 4:00pm

Please note that this Atlantic Time, which is 1 hour ahead of Maine.

Format: 11 & overs swim together in the morning trials and the top 16 in each age group (11 – 12, 13 – 14 and 15 & over) return to swim the event in finals. All Relays will swim in the finals at night. 10 & unders will swim their events at night.

10 & under	11 – 12	13 – 14/Senior
Thursday	Thursday	Thursday
50 Back	50 Back (PM)	100 Breast
100 Breast	100 Breast	200 Free
200 Free	200 Free	100 Fly
100 Fly	100 Fly	200 IM
200 Free Relay	200 IM	800 Free (AM)
	200 Free Relay (PM)	200 Free Relay (PM)
		400 Medley Relay (PM)

Friday	Friday	Friday
50 Free	400 IM (AM)	400 IM (AM)
50 Fly	50 Free	50 Free
100 Back	200 Breast (11-14)	200 Breast
400 Free (AM)	50 Fly (PM)	100 Back
400 Free Relay	100 Back	400 Free (AM)
	400 Free (AM)	400 Free Relay (PM)
	400 Free Relay (PM)	

Saturday	Saturday	Saturday
50 Breast	50 Breast (PM)	200 Back
100 Free	200 Back (11-14)	100 Free
200 IM	100 Free	200 Fly
200 Medley Relay	200 Fly (11-14)	1500 Free (AM)
	200 Medley Relay (PM)	200 Medley Relay (PM)

(AM) events will only be swum in the morning and (PM) events will only swim in the evening. All 10& under events except 400 Free will be swum in the evening. (11-14) events will swum has an 11-14 year old age group.