

**Sign-up Sheet**  
**MDI Y 'Lenny DeMuro Invitational' Meet**  
**February 9, 2014**

**Place:** Lenny DeMuro Pool, MDI YMCA

**Entries Due:** Friday, February 7, 2013

**Entry Fees:** There are no entry fees for the meet.

**Entries:** Swimmers may choose up to three events.

**Times:** 500/1000/1650 Free warm-up 7:30am, meet 8:00am

**All other events warm-up Noon, meet 12:45pm**

**Awards:** Ribbons for 1 – 6 places. Events will be separated by age groups (8 & under, 9 & 10, 11 & 12, 13 & 14, and 15 & over).

**Events (circle choices)**

Event #	Age	Event	
1.		Girls 100 Medley Relay	15. Open 50 Back
2.		Boys 100 Medley Relay	16. Open 100 Back
3.		Open 200 Free	17. Open 200 Back
4.		Open 25 Free	18. Open 25 Breast
5.		Open 100 IM	19. Open 50 Breast
6.		Open 200 IM	20. Open 100 Breast
7.		Open 400 IM	21. Open 200 Breast
8.		Open 50 Free	22. Open 100 Free Relay
9.		Open 25 Fly	5 min Break/Time Trials
10.		Open 50 Fly	Morning Session
11.		Open 100 Fly	25. Open 1650 Free
12.		Open 200 Fly	26. Open 1000 Free
13.		Open 100 Free	27. Open 500 Free
14.		Open 25 Back	

Name \_\_\_\_\_ Age \_\_\_\_\_

**Please Return by February 7<sup>th</sup>!**