

**Sign-up Sheet
Downeast Y 'Invitational' Meet
February 20, 2013**

Place: Downeast Y, Ellsworth

Entries Due: Friday, February 15

Entry Fees: There are no entry fees for the meet.

Entries: Swimmers are allowed to swim up to four events.

This is an Optional meet for all MDI Y Swimmers.

Times: Session 1 warm-up 8:00am meet 8:45am

Session 2 warm-up 10:00am meet 11:00am

Session 3 warm-up 12:30pm meet 1:30pm

Awards: Ribbons for 1 – 6 places. Events will be separated by age groups (8 & under, 9 & 10, 11 & 12, 13 & 14, and 15 & over).

Events (circle choices)

Session 1 w-up 8:00am, meet 8:45am

1 Open 400 IM

2 Open 1000 Free

Session 1 w-up 10:00am, meet 11:00am

Event # Age Event

3 8 & u 100 Medley Relay

4 Open 200 Medley Relay

5 Open 100 IM

6 8 & u 25 Free

7 Open 50 Free

8 8 & u 25 Fly

9 Open 50 Fly

10 Open 100 Free

11 8 & u 25 Back

12 Open 50 Back

13 8 & u 25 Breast

14 Open 50 Breast

15 8 & u 100 Free Relay

16 Open 200 Free Relay

Session 2 w-up 12:30pm, meet 1:30pm

Event # Age Event

17 Open 400 Medley Relay

18 Open 100 Fly

19 Open 200 Back

20 Open 200 Breast

21 Open 50 Free

22 Open 100 Back

23 Open 200 IM

24 Open 200 Free

25 Open 100 Breast

26 Open 500 Free

27 Open 100 Free

28 Open 200 Fly

29 Open 400 Free Relay

Name _____

Age _____

Please Return by Friday, February 15th!