

Sign-up Sheet
Waldo County Y Format #1' Meet
January 26, 2013

Place: Waldo County Y (Belfast)

Entries Due: Wednesday, January 23, 2013

Entry Fees: There are no entry fees for the meet.

Entries: Swimmers are allowed to swim up to four events. This is a great meet to get another Y meet in, try a new event or to get cut-off times for JO'. Swimmers may choose up to three events.

Times: 12 & unders warm-up 9:30am, meet 10:00am

11 & older warm-up 1:00pm, meet 1:30pm (time maybe adjusted due to number of entries).

Awards: Ribbons for 1 – 6 places. Events will be separated by age groups (8 & under, 9 & 10, 11 & 12, 13 & 14, and 15 & over).

Events (circle choices)

Event # Age Event

12 & Under events (Morning)

- 1 8 & u 100 Free Relay
- 2 12 & u 200 Free Relay
- 3 12 & u 100 IM
- 4 8 & u 25 Free
- 5 12 & u 50 Back
- 6 8 & u 25 Breast
- 7 12 & u 100 Free
- 8 8 & u 25 Fly
- 9 12 & u 50 Breast
- 10 8 & u 25 Back
- 11 12 & u 50 Fly
- 12 12 & u 50 Free

11 & older events (Afternoon)

- 13 12 & u 200 Free Relay
- 14 Open 200 Free Relay
- 15 12 & u 100 Back
- 16 Open 200 IM
- 17 Open 50 Back
- 18 Open 100 Fly
- 19 Open 50 Free
- 20 Open 200 Breast
- 21 12 & u 100 IM
- 22 Open 50 Fly
- 23 12 & u 100 Breast
- 24 Open 200 Back
- 25 Open 50 Breast
- 26 Open 100 Free
- 27 Open 400 Medley Relay

Name _____

Age _____

Please Return by January 23rd.