

Sign-up Sheet
Downeast Family Y Format #2' Meet
December 15, 2012

Place: Downeast Family Y (Ellsworth)

Entries Due: Wednesday, December 12, 2011

Entry Fees: There are no entry fees for the meet.

Entries: Swimmers are allowed to swim up to four events. This is a great meet to get another Y meet in, try a new event or to get cut-off times for JO's and New England's. Swimmers may choose up to three events.

Times: There are 2 sessions, 12 & under warm-up Noon, meet 12:30pm

11 & older warm-up 2:15pm, Meet 2:45pm

This is an optional meet but promises to have 2 quick sessions of about 2 hours at the most for each.

Awards: Ribbons for 1 – 6 places. Events will be separated by age groups (8 & under, 9 & 10, 11 & 12, 13 & 14, and 15 & over).

Events (circle choices)

Event #	Age	Event			
12 & under Session			11 & older Session		
1	8 & u	100 Medley Relay	16	11-12	100 Fly
2	10 & u	200 Medley Relay	17	Open	200 Free
3	12 & u	100 Breast	18	Open	50 Back
4	8 & u	25 Breast	19	Open	100 Breast
5	12 & u	50 Fly	20	Open	50 Free
6	8 & u	25 Back	21	Open	200 Fly
7	12 & u	50 Free	22	11-12	200 IM
8	12 & u	100 Fly	23	Open	50 Breast
9	8 & u	25 Fly	24	11-12	100 Free
10	12 & u	50 Back	25	Open	50 Fly
11	8 & u	25 Free	26	Open	100 Back
12	12 & u	50 Breast	27	Open	400 IM
13	12 & u	100 Back	29	13 & over	1650 Free

Name _____

Age _____

Please Return by December 12th.