

**Sharks NewsUpdate**  
**October 28, 2014**

1. The practice schedule for October 27 –November 1) is:

Green (ages 9 & under)	Mon & Fri	4:15 – 5:15pm
Gold (ages 9 & above)	Mon & Wed	5:00 – 6:30pm
	Tues	5:30 – 7:00pm
	Friday	3:15 – 4:15pm
Senior	Mon – Fri	2:45 – 4:15pm
AM	Mon – Thur	6:00 – 7:00am/6:45 – 7:45am
Saturday	Sat	8:00 – 9:30am

2. This Friday, Halloween, there will be no Green practice from 4:15 – 5:15pm and Gold practice from 5:30 – 7:00pm. Gold swimmers may come at 3:15 for practice. Morning practices have begun; there are 2 workout times from 6:00 – 7:00am for High School swimmers and from 6:45 – 7:45 for younger swimmers.
3. WeeSharks and the Dryland Training on Tuesday's & Thursday's will begin next Tuesday on November 4. The WeeSharks will be from 4:15 – 5:00pm. The Dryland program will be upstairs in the pool balcony from 5:00 – 5:30pm.
4. Please remember to sign up for Swim Team at the Front Desk. Swimmers must be members of the YMCA (League Rules) and must enroll with swim team. We do have bank draft plans available to make payments easier, just ask the front desk for more information. Swimmers will not be allowed to swim in meets if they are not members of the Y nor if they are not on the Y's swim team roster.
5. Please fill out the attached swim team registration and return to front desk or to the coaches. Registration forms are available online and at the pool.
6. Last year, the Sharks purchased 3 new touch pads and this year we are looking to get 3 touchpads for our home meets. We have been blessed to get by a matching gift of \$1200 to purchase these 3 touch pads but we are looking for \$1200 more to but these pads. If you or you know someone that can help please make a payment at the Membership Desk at the Y or contact Tom Reeve [tom@mdiymca.org](mailto:tom@mdiymca.org).
7. There will be a Parents Meet on November 12 at the YMCA. This will be the annual Pot Luck Meeting for the Swim Team. We will have a new parent's meeting from 5:30 – 6:15pm and the returning parent's will meet from 6:15 – 7:00pm.
8. The first Y meet will be on November 15 at the MDI YMCA. This is the 31<sup>st</sup> Annual MDIY Sprint Meet. This is a great way to begin the season, events are 25 yards for 8 & under's and 50 yards for swimmer 9 & older. Signup sheets are attached and posted on the team website [www.mdiysharks.com](http://www.mdiysharks.com). Our first dual meet will be on Nov. 22 against the Canoe City Swim Club (Old Town). We will need all the team members to swim in this meet. For dual meets there are no sign-up sheets, the coaches just need to know who will be at the meet and they will get them into the events. Swimmers will need to be at the Y at 11:45am for warm-up for both meets and they should begin at 1:00pm. Volunteer and Concession lists will be posted the week before each meet.
9. The Swim Suit order form is attached and posted on [www.mdiysharks.com](http://www.mdiysharks.com). Please return orders by November 15. The Swim Team store is open from 4:45 – 5:30pm on Monday & Wednesday and most Friday's.
10. There will be a 'Bring-A-Friend' week from November 3 – 7 but any week can be bring-a-friend to practice. We will let anyone try the Sharks for a week before joining the team. We can always use new swimmers on the Sharks especially younger swimmers ages 7 – 11, but any age is great.
11. If you have any questions or are interested in helping out the Sharks for the upcoming season please email. The Sharks website is [www.mdiysharks.com](http://www.mdiysharks.com) and the facebook page is Mount Desert Island YMCA Sharks Swim Team is loaded with info about the team.