

Shark NewsUpdate
February 23, 2015

This Week's Practice Schedule

Senior	Mon – Fri	2:45 – 4:15pm
Green	Mon/Wed/Fri	4:15 – 5:15pm
	Tues/Thur	4:45 – 5:45pm
Gold	Mon/Wed	5:00 – 6:30pm
	Tues/Thurs	5:30 – 7:00pm
	Fri	3:15 – 4:15pm/4:00 – 5:00pm
AM	Mon – Fri	5:45 – 7:00am/6:45 – 7:45am
Saturday	Sat	8:30 – 9:30am

Posters & Pizza & Buzz Cuts

On Wednesday, Feb 25 we will have a pizza party after both Green & Gold practices. We also provide some material for the swimmers to produce posters for the Y State Meet this weekend. Swimmers can also provide posters, markers and anything else needed to make posters. Posters should contain positive messages about the Sharks not negative comments on others. Tony will be available to give the swimmers a buzz cut if wanted. Swimmers must have permission (in the form of a note, email or verbal okay) from their parents in order to get their hair shaved.

Y State Meet

Please remember that the Y State Meet will go on no matter what the weather conditions are this weekend. The meet will be held at the University of Maine. We need all swimmers who are entered to make every effort to participate. Everyone is dependent upon everyone showing for all to swim 3 events each. If someone does not show up it will change the events for everyone else in the age group. Event's for the swimmers are posted at the pool. Swimmers will receive a Shark State Meet t-shirt at the meet.

Days & Times

13-14 & Senior Boys	Friday, Feb 27	w-up 3:45pm	meet 5:00pm
9-10 Girls	Saturday, Feb 28	w-up 7:15am	meet 8:30am
9-10 & 11-12 Boys	Saturday, Feb 28	w-up 11:15am	meet 12:30pm
13-14 & Senior Girls	Saturday, Feb 28	w-up 3:45pm	meet 5:00pm
8&under Girls	Sunday, March 1	w-up 7:30am	meet 8:30am
8&under Boys	Sunday, March 1	w-up 10:30am	meet 11:30am
11-12 Girls	Sunday, March 1	w-up 1:00pm	meet 2:00pm

Timers & Heat Winners for Y State Meet

We need timers for the following sessions, 2 for 13 & over Girls and 1 for 11-12 Girls and a heat winner presenter for 11-12 girls as well.

'Live daringly, boldly, fearlessly. Taste the relish to be found in competition – in having put forth the best within you.' Henry Kaiser

Maine JO Trials

This is new format to be held at the Bath YMCA on March 7 & 8. Only swimmers that have not qualified for JO's in events may swim this meet. This is a great meet for swimmers that have qualified in a few events for JO's or not qualified at all. For swimmers that have their maximum events (6 for 13 & overs and 9 for 12 & unders), this is not the meet for them but for all other swimmers this is great chance to get some more best times to finish off the season. 10 & unders will swim in the morning each day in only timed final events. 11 & olders will swim in the morning and the afternoon. Those that make a JO qualifying time or if they finish in 1st or 2nd place for the event will be able to swim the event at the JO's.. For 11 & olders some events will be prelim/finals and others will be timed finals (swam once). Signup sheet is attached. Entries are due by Thursday, Feb. 26.

Maine JO's

This can be a great meet for the Sharks this year if we can get all the qualified swimmers to participate even if for some it just the relays at night. Our team is one of the top teams in the state and this is great opportunity to prove it. Both Long Reach and Portland Porpoises are very strong but after that we are just as strong if not better than Costal Maine, Sothern Maine, Westbrook Seals and everyone else in the state and this our chance to show to all.

The Maine JO's will be held March 12 – 15 at the University of Maine. On Thursday, March 12, it is just the 1650 for the 13 & overs. On Friday, Saturday & Sunday the 13 & overs will swim prelims in the morning and finals w/relays in the evening. The 12 & unders will swim timed including relays in the afternoon. An information sheet is attached.

Maine JO Qualifiers

Girls - Abby Casey, Zoe Horton, Lily James, Gracie Parker, Nina Rozeff, Addy Smith, Ruby Brown, Adria Horton, Gabbie James, Sadie Sullivan, Anna Naggert, Lydia DaCorte, Leila Johnston, Avalon Kerley, Mary Ellen Sharp, Maddie Woodworth, Sydney Wright & Eliza Schleif

Boys – Jacob Benson, Caden Braun, Rex DeMuro, Brendan Graves, Sam Schleif, Sam Mitchell, Cody Parker, Tyler Willis, Julian Walls, Jacob Mitchell, Amos Price, Liam Sullivan, Zeke Valleau, Pierce DiMauro, Hutchin Gerrish, Billy Kerley & Kristoph Naggert

MDI Sharks Annual Awards Banquet

The Annual Sharks Awards Banquet will be held on April 8 at the MDI HS Café at 6:00pm. All awards from the State Meet, JO Trials and JO's will be handed out at banquet. Awards for the Most Improved and Most Outstanding along with the Coaches Award for season will be presented.

All the awards for the Aquathon will be given out at the Banquet as well. This includes awards for the most money collected and the most total pledges plus all the other prizes. In order to make sure we have everything ready for the banquet please get your pledges in by March 2. We will of course take money at any time