

Sharks NewsUpdate
September 14, 2014

1. Fall Swim Team will begin this Monday, September 15. The Fall Swim Team will run for 5 weeks to give swimmers a jump on the upcoming season. Fall Swim Team is for anyone that has been on the Sharks before. Swimmers will work focus on one stroke each week as they get ready for the winter season, which begins October 20. The Fall practice schedule is:

Green (ages 9 & under)	Mon, Wed, & Fri	4:15 – 5:15pm
Gold (ages 9 & above)	Mon & Wed	5:00 – 6:30pm
	Tues & Thur	3:30 – 4:30pm
	Fri	3:15 – 4:15pm/4:15 – 5:15pm
Senior	Mon & Wed	5:00 – 6:30pm
	Tues, Thur, & Fri	2:45 – 4:30pm
	Mon & Wed AM	6:00 – 7:00am

2. There will be a Morning Practice on Monday & Wednesday mornings from 6:00 – 7:00am beginning on September 15.
3. The MDI YMCA Half-Marathon will be held on Saturday, September 20. The Sharks are responsible for the Water Station at Eagle Lake. We are looking for about 8 – 10 people of all ages and sizes to help with water. Helpers need to arrive by 8:45am at the Bubble Pond parking lot and we are usually done by 10:30am at the latest. High School students can use this to help with community service hours.
4. The meet schedule should be available at the end of September. This year there will be 6 dual meets, vs. CCSC Nov. 22, @ WCY (Belfast) Dec. 6, vs BYB Dec. 20, vs LRSC (Bath) Jan. 10, @ PenBay (Camden) Jan 24; and @ DEFY (Ellsworth) Jan 31. Our first Y Meet will be the MDI Sprint Meet on Nov. 15. The Aquathon will be held on Super Bowl Sunday, Feb. 1. The Y State Meet @ UMaine will be from Feb. 27 – March 1 and the JO's (Winter Champs) will be @ UMaine from March 12 – 15.
5. The WeeSharks (on Tuesday & Thursday's during the Fall & Holiday sessions) is for swimmers who aren't ready to make the full commitment to the Sharks or just new to competitive swimming. Practices will be from 4:30 – 5:15pm on Tuesday and Thursday beginning on September 16. Swimmers/Families will have the option to sign up for one day or two days per week.
6. In addition, we are always on the lookout for new Shark Swimmers. New swimmers may try the Sharks for a week before joining. No one is cut from the Sharks and anyone from ages 6 – 18 is welcome on the team. There will be a 'Bring-A-Friend' week from November 3 – 7 but any week can be bring-a-friend to practice.
7. We are always looking for officials to help with the Sharks home meets; there will be two trainings in October. A class on October 19 in Portland and on October 26 at UMaine.
8. I have tentatively planned a parents meeting for Wednesday, October 1 @ 6:00pm. This will be a meeting for all returning parents. This will be an important meeting to discuss the future of the Sharks. We will be planning the upcoming season for help with Aquathon, Swim Team Store, Pizza Parties, Home Meets, and other team functions. We also discuss the changes in the swim team fee and team structure for the 2014-15 swim season and beyond.
9. If you are watching the Miss America Class tonight, you may recognize Miss Maine. Audrey Thames was a swimmer for the LRSC Snaildarters who graduated in 2013.
10. If you have any questions or are interested in helping out the Sharks for the upcoming season please email. The Sharks website is www.mdiysharks.com will be updated in next few days.