

Sharks News Notes
October 10, 2016

1. One more week of Fall swim team, the Winter Sharks will begin on Monday, October 17. Practice for this week October 10 – 14.
 - Monday, Columbus Day (No 5:00pm practice)
 - Senior & Gold 2:45-4:15pm and Green & Gold 4:15-5:15pm
 - Tuesday & Thursday
 - Senior 2:45-4:15pm, Gold 3:30-4:45pm and WeeSharks 4:45- 5:30pm
 - Wednesday (Pizza Party)
 - Senior 2:45-4:15pm, Green 4:15-5:15pm and Gold 5:00-6:30pm
 - Friday – No Practices
2. The Bowdoin Open will be held Dec 9 – 11 at Bowdoin College. The 12 & under's swim during the afternoon on Saturday & Sunday. The 13 & over's swim on Friday night and Saturday & Sunday. The 12 & under's require swimmers to make cut-off times that are similar to JO's and the 13 & over's need to make times similar to the 15 & over JO times. Please inform Jim by the end of the week if interested.
3. Winter Practice Schedule (Oct. 17 – Oct. 28). Morning practices begin Oct. 24
 - Senior Mon-Fri 2:45-4:15pm
 - Green Mon/Wed/Fri 4:15-5:15pm
 - Gold Mon/Wed 5:00-6:30pm, Tues/Thurs 5:30-7:00pm & Fri 3:30-4:45pm
 - AM Mon-Fri 6:00-7:00am & 6:45-7:45am
4. The meet schedule is now available and posted at www.mdiysharks.com. Here are the dates of the home meets, Y State Meet and JO's. Home dual meets for this year are vs. NYCY (Biddeford) Nov. 19 and vs. Bangor Jan. 7. We will also host the MDI Sprint Meet on Nov. 6 and the Lenny DeMuro Meet on Feb. 12. The Aquathon will be held on Super Bowl Sunday, Feb. 5. The Y State Meet @ UMaine will be from March 3 – 5, all Age Groups will swim the same days as last year. The JO's (Winter Champs) will be @ Bowdoin from March 16 – 19.
5. The WeeSharks will run until Oct. 27 and a new session will begin on Nov. 1 from 4:45-5:30pm on Tues & Thurs. We offer WeeSharks during the Fall and Holiday session. Any WeeShark that would like to continue in January will need to join the Sharks for the remainder of the winter season. We will offer WeeSharks again in late April for Spring Session.
6. We are always on the lookout for new Shark Swimmers. New swimmers may try the Sharks for a week before joining. No one is cut from the Sharks and anyone (who can swim the length of the pool) from ages 6 – 18 is welcome on the team. There will be a 'Bring-A-Friend' week from November 7 – 10 but any week can be bring-a-friend to practice week.
7. On Wednesday, Oct 26 we will be hosting a fun day at the pool during Green practice. We are inviting all K-4 children from the island to come to the Sharks practice that day. We will show few demo's from our High School swimmers, do a quick practice and finish with a game or two.
8. Official's clinics are as follows; both Level 1 & 2 will be offered in Portland on October 16 and at UMaine on October 23. The clinics begin at 8:00am and for more information please contact Jim.
9. We are on facebook at Mount Desert Island YMCA Sharks and on the web at www.mdiysharks.com.
10. We are looking to schedule the Parent's Informational Meeting and Pot Luck Dinner the 2nd week of November. The New parent's will meet at 5:30pm and the Returning parents will meet at 6:15pm.
11. The Sharks have CLYNK bags for anyone that would like to get rid of some bottles and donate to a worthy cause (MDIY Sharks).
12. If you have any questions or are interested in helping out the Sharks for the upcoming season please email.