

Shark Notes
October 19, 2016

1. The Winter Sharks began practice on Monday October 17. Here is the practice schedule for Oct. 17 – 21.

Green (ages 9 & under)	Mon, Wed & Fri	4:15 – 5:15pm
Gold (ages 9 & above)	Mon & Wed	5:00 – 6:30pm
	Tues & Thur	5:30 – 7:00pm
	Friday	3:30 – 4:45pm
Senior	Mon – Thur	2:45 – 4:15pm
WeeSharks	Tues & Thur	4:45 – 5:30pm
2. Morning Practices will begin next Monday morning. Practices are Monday – Friday with Senior practices from 6:00 – 7:00 and middle school workouts from 6:45 – 7:45am.
3. A change to the meet schedule is that meet at DEFY on November 12 has been cancelled. Since it is Veteran’s Day weekend we will not be looking for another meet on that date.
4. Maine Swimming (MSI) will not be attending the 2017 Eastern Zone Meet. There are several reasons that can be discussed at another time. In its place will be three new All-Star events to take the place of the Zone All-Star team. Swimmers ages 10 & under will probably be traveling to New England for a weekend swim meet sometime in April. All-stars ages 11 – 14 will be competing at the New Brunswick Championships from March 31 – April 2. Selection for of those 2 teams will be the same as prior Zone teams. 15 & older’s who make certain qualifying standards have the chance to go to Maine Swimming select camps (planned for April & October).
5. Over the past 15 years the MDI YMCA Sharks have had many swimmers continue their swimming careers while attending college. This year Kristoph Naggert is a freshman at Oberlin College. Leila Johnston is a sophomore at Florida State University, while her brother Ross is a senior at Wheaton College. Will Greene a member of the MDI YMCA is diving his 2nd year at Middlebury College. No other sport on MDI can match the amount of future college athletes that have pass through the doors of the Lenny DeMuro Swimming Pool.
6. On Wednesday, Oct. 26 we will be hosting a fun day at the pool during Green practice. We are inviting all K-4 children from the island to come to the Sharks practice that day. We will show few a demo’s from our High School swimmers, do a quick practice and finish with a game or two.
7. The updated meet schedule and the monthly calendar are posted at www.mdiysharks.com. The first home meet will be the 33rd Annual MDIY Sprint Meet on November 6 (signup sheets are posted online and attached). The first dual meet at home against Northern York County Y (NYCY) on November 19.
8. The WeeSharks will begin its second session on November 1 and will end on December 22 with practices on Tuesday & Thursday from 4:45 – 5:30pm. There will be no WeeSharks in January this season, in its place we will offer a special deal for any wishing to join the Sharks for the rest of the season.
9. Now that the season is beginning we are definitely on the lookout for new Shark Swimmers. Anyone that can swim the length of the pool can try the team for a week before joining. There will be a ‘Bring-A-Friend’ week from November 7 – 10 but any day can be bring-a-friend to practice day.
10. There will be a Level 1 & Level 2 Official’s clinic on October 23 at UMaine. We always need officials especially a Level 2. The clinics begin at 8:00am and the swim team will reimburse for the cost of the course and the book.
11. The Parent’s Informational Meeting and Pot Luck Dinner will be held on Monday, November 7. The new parents will meet from 5:30 – 6:15 and the returning parents will meet from 6:30 – 7:15pm. We will post items needed for the dinner on the website and post at the pool as well. This is the one meeting where we outline the upcoming season for the Sharks. Please plan to have at least one family member attend the event.
12. We are on Facebook at Mount Desert Island YMCA Sharks and on the web at www.mdiysharks.com.