

Shark Notes  
8/31/17

1. The Fall Sharks will begin on Sept 18 and the Winter Sharks will begin on Oct 23. Practice Schedule for the Fall Sharks is:  
Senior Mon-Fri 2:45 - 4:15pm  
Green Mon/Wed/Fri 4:15 - 5:15pm  
Gold Mon/Wed 5:00-6:30pm & Tues/Thur/Fri 3:30-4:45pm
2. WeeSharks, the Sharks introductory program will begin on Sept 19. Practices are held on Tuesday & Thursday from 4:45 - 5:30pm. Swimmers may choose 1 or 2 days per week. For registration information on both the Fall Sharks & WeeSharks go to [mdiyymca.org](http://mdiyymca.org).
3. The MDI YMCA annual Half Marathon will take place on Saturday, Sept 16. The Sharks have been serving water at the Eagle Lake Water Stop (about mile 8) for a long time. We are looking for volunteers to man the station from about 8:00 - 10:00am. Any High School students can get credit for community service. Please email Jim if you are available to help out.
4. There will be an officials clinic in Cumberland on Saturday, September 30. The link is <https://www.teamunify.com/EventShow.jsp?id=816129&team=mams>. They will be offering YMCA & USA Officials training. This would be a great way to help the Sharks, since it looks like we will have to provide officials at USA Swim Meets. There will also be a YMCA/High School clinic on October 22 at UMaine.
5. On November 5 there will be a clinic & swim meet at the Bath Y with Olympian and former World Record Holder Ian Crocker. The clinic will be held in the morning with an emphasis on Freestyle & Butterfly. In the afternoon there will be a swim meet with Ian offering advice to the swimmers on each race before the event starts. Only swimmers who attend the clinic will be allowed to swim in the meet. Swimmers must be registered with USA Swimming to attend. The cost of the clinic will be \$75. I will send the link to [maineswimming.org](http://maineswimming.org) on the clinic as soon as its ready.
6. We will be hosting a Fall parents Meeting either the last week of September or the first week of October. This will be more of an organizational meeting for upcoming season of the Sharks. We will have informational meetings in November for both new & returning families.
7. I am away this week at the American Swim Coaches Association Annual World Clinic being held in Washington DC and in two weeks will be in Dallas representing Maine Swimming at the USA Swimming Convention.
8. Please forward this email to any families that maybe interested in the Sharks Swim Team.