

Shark Notes
9/7/17

1. The Fall Sharks will begin on Sept 18 and the Winter Sharks will begin on Oct 23. Practice Schedule for the Fall Sharks is:
Senior Mon-Fri 2:45 - 4:15pm
Green Mon/Wed/Fri 4:15 - 5:15pm
Gold Mon/Wed 5:00-6:30pm & Tues/Thur/Fri 3:30-4:45pm
2. AM practices in the Fall? We usually do not offer AM practices in the Fall but if there is enough interest, I will come in for 2 AM's/week. I need confirmation on 5 swimmers who will come to am's and what would work better (Mon & Wed) or (Tues & Thurs). If there is enough interest we will start the week of Sept. 25.
3. WeeSharks, the Sharks introductory program will begin on Sept 19. Practices are held on Tuesday & Thursday from 4:45 - 5:30pm. Swimmers may choose 1 or 2 days per week. For registration information on both the Fall Sharks & WeeSharks go to mdiymca.org.
4. Attached you will find a flyer on transportation from the Backside (Pemetec & Tremont). Anyway that we can find a way to get more children to the Y and the Sharks is a bonus to the team and the island.
5. The MDI YMCA annual Half Marathon will take place on Saturday, Sept 16. The Sharks have been serving water at the Eagle Lake Water Stop (about mile 8) for a long time. We are looking for volunteers to man the station from about 8:00 - 10:00am. Any High School students can get credit for community service, but all are welcome to help out. Please email Jim if you are available to help out.
6. There will be an officials clinic in Cumberland on Saturday, September 30. The link is <https://www.teamunify.com/EventShow.jsp?id=816129&team=mams>. They will be offering YMCA & USA Officials training. This would be a great way to help the Sharks. There will also be a YMCA/High School clinic on October 22 at UMaine. The Sharks will be required to have at least one official (Level 1 or Level 2) to compete as a team at JO's in March.
7. On November 5 there will be a clinic & swim meet at the Bath Y with Olympian, Gold Medal winner and former World Record Holder Ian Crocker. The clinic will be held in the morning with an emphasis on Freestyle & Butterfly. In the afternoon there will be a swim meet with Ian offering advice to the swimmers on each race before the event starts. Only swimmers (must be ages 11 - 15) who attend the clinic will be allowed to swim in the meet. Swimmers must be registered with USA Swimming to attend. The cost of the clinic will be \$75. Go to maineswimming.org to sign up for the clinic.
8. We will be hosting a Fall parents Meeting on September 26 @ 6pm. This will be more of an organizational meeting for upcoming season of the Sharks. We are looking for those who are willing to help with the planning for the Sharks for the upcoming season. We do need volunteers for concessions and the Aquathon. We will have informational meetings in November for both new & returning families.
9. I was at the American Swim Coaches Association Annual World Clinic in Washington DC last week. A great experience to see many of the world's best coaches talking about the sport. Every year the clinic reinforces the direction of the Sharks program, in addition I always bring back an idea or two for the new season. Next week, I will be in Dallas representing Maine Swimming at the USA Swimming Convention.
10. Please forward this email to any families that maybe interested in the Sharks Swim Team. Any questions regarding the upcoming season feel free to email.