

Shark Notes, October 2, 2018

1. The practice schedule for the Fall Sharks.

Senior M-F 245-415pm

Green M/W/F 415-515pm

Gold M/W 5-630pm, T/Th/F 330-445pm

WeeSharks T/Th 445-530pm

2. Morning practices began on Oct 1. We will run 3 mornings/week through the end of October. The practice time is 6-730am, but it is only 1 hour, either show up @6am or at 630am. Practices will be Monday, Wednesday & Friday and we will notify all of any changes to the morning schedule (no AM practice on Friday, Oct 5 and Columbus Day, Oct 8). An updated calendar for October is attached.

3. Signup sheets are now available/attached for the Bowdoin Open. Entries are due by next Friday, Oct 12. Swimmers must make qualifying times to swim at meet. There will be no late entries accepted.

4. Signup sheets are now available/attached for the Maine Development Meet @ Husson on Oct 27. The 13 & overs swim in the am and the 12 & unders swim in the pm. Entries are due on Oct 18 and swimmers must be members of USA swimming to participate.

5. The Fall Parents Organizational Meeting on October 2 @ 6pm. This will be an organizational meeting for upcoming season of the Sharks. We will also hold a short meeting on a possible St. Croix trip right after the meeting. Minutes/important points will be provided to all in the next email. We will have informational meetings in November for both new & returning families.

6. We are planning a trip to St. Croix, US Virgin Islands for mid-April. The trip is open to swimmers grade 5 and above. Swimmers who commit to the trip will have to meet certain practice requirements throughout the year, which will begin at the start of the winter season. Swimmers and/or families are invited to go. There will be an informational meeting on October 2 @ 645pm right after the Fall parents meeting for the Sharks.

7. Last week at the USA Swim Convention, a new suit rule was enacted to begin on Sept 1, 2020. The Sharks will continue to use the attached suit policy for meets this season and next. If you have any questions on what suit to use at a meet please speak with the coaches.

8. On the weekend of Nov 10 – 11, there are 2 meets that we will be attending. There will be a USA meet in Westbrook and a Y meet in Ellsworth. Info on both meets will be available next week. Both meets are optional. For informational purposes the Westbrook Swim Your Own Age Meet (SYOA) will be held Jan 12 – 13, this is not Martin Luther King weekend.

9. The Sharks are on the web: mdiysharks.com and on social media.

@Facebook: Mount Desert Island YMCA Sharks

@Instagram: MDIYSHARKS

@Snapchat: Mount Desert Island YMCA Sharks

10. College swimming, Leila Johnston was selected Captain @ Florida State. Lydia DaCorte was named an All-American last year @ Wheaton. Pierce DiMauro swam @ Occidental and Will Greene dove @ Middlebury last season. . If you are aware any other Shark swimmers participating this season for their college please notify.

11. We need officials! There will be a Y Officials Clinic on Oct 21 at Husson University in Bangor. Both Level 1 & Level 2 Y trainings will be available. An info sheet is attached.

12. Winter Sharks will begin on Oct 22, please feel free to contact me if you have any questions.

Jim