

Shark Notes

May 28, 2019

1. Spring Swim Team will end June 14 and Summer Swim Team will begin on June 10 and finish on July 26. There are no Senior practices, High School swimmers are urged to attend the Gold team practices.

Practice Schedule ('til June 14).

Gold	Monday & Wednesday	5:00 – 6:15pm
	Tuesday, Thursday & Friday	3:30 – 4:45pm
Green	Monday, Wednesday & Friday	4:00 – 5:00pm
WeeSharks	Tuesday & Thursday	4:45 – 5:30pm

2. Attached is the new Minor Athlete Abuse Protection Plan (MAAAP) created by Safe Sport and approved w/slight modifications for USA Swimming. Please read the policy, the MDI YMCA Sharks will begin to adhere to the plan on June 23, 2019. It will be posted on the Sharks website. Any swimmers aged 18 & over will have to take the Athlete Protection Training (APT) to participate in any practice, meet or any other Shark event.
3. There are three MDI YMCA swim camps this Summer. Lenny DeMuro Swim Camp will be held July 8 – 12. The Lenny Camp is a camp for swimmers ages 7 – 12, who have been a member of the Sharks or another team. From July 15 – 18, we will be hosting our second Open Water Camp. This will be a half day with a focus on learning how swim and race in the open water of Echo Lake and Long Pond. The Water Sports Camp from August 5 – 9 is full w/a waiting list for participants.
4. We are looking for High School Students including incoming Freshmen to help out with either the Lenny DeMuro Camp or the Water Sports Camp. All hours earned can be credited to High School community service.
5. The Summer Champs (MSI3) will be held from July 25 – 27 at the Canada Games Aquatic Centre in Saint John, New Brunswick. There are no cut-off times for this meet and the pool is 50 meters long. More information will be available in the coming weeks on event order and other information. Other meets this summer will include the LRSC Sprint Meet on June 23, an outdoor meet in Waterville (MMD) on July 6 and SYOA on July 13-14.
6. The MDI YMCA ½ Marathon & 10K will take place on Sunday June 2. The YMCA is looking for volunteers to assist with the event. If interested contact races@mdiymca.org
7. July 4th is fast approaching, we are looking for \$\$ donations for lemonade, whoopie pies and other supplies. We are looking for assistance at the tables from 9:00 – 2:30pm. Please Signup at www.tinyurl.com/lemonade19.
8. Any other questions please email.

Jim

"Some people dream of success, while other people get up every morning and make it happen." > Wayne Huizenga