

Shark Notes, September 24, 2018

1. The practice schedule for the Fall Sharks.

Senior M-F 245-415pm

Green M/W/F 415-515pm

Gold M/W 5-630pm, T/Th/F 330-445pm

WeeSharks T/Th 445-530pm

2. We will begin morning practices on Oct 1. There will be 3 mornings/week through the end of October. The practice time is 6-730am, but it is only 1 hour, either show up @6am or at 630am. Practices will be Monday, Wednesday & Friday and we will notify all of any changes to the morning schedule (no AM practice on Columbus Day, Oct 8).

3. Thanks to CassieLyn Willis, Debbie & Gracie Parker, Svante & Christie Anastasia, Anna Naggert, Peighton Skeate, Adria Horton, Shannon Smith & Isaac Mains for operating the water station at Eagle Lake for Y's Annual 1/2 Marathon. The Sharks have been handing out water for 16 years and many runners enjoy seeing the swimmers on the course helping out.

4. The WeeSharks swim from 445-530pm on Tuesday & Thursday. Children must be able to swim the length of the pool to participate in the WeeSharks program. There is an option to choose 1 or 2 days/week. There will be another session of the WeeSharks beginning in in Nov with the hope that some will join the Sharks in Jan for the remainder of the season.

5. We will be hosting a Fall parents Meeting on October 2 @ 6pm. This will be an organizational meeting for upcoming season of the Sharks. We are looking for those who are willing to help with the planning for the Sharks for the upcoming season. We will have informational meetings in November for both new & returning families.

6. We are planning a trip to St. Croix, US Virgin Islands for mid-April. The trip is open to swimmers grade 5 and above. Swimmers who commit to the trip will have to meet certain practice requirements throughout the year, which will begin at the start of the winter season. Swimmers and/or families are invited to go. There will be an informational meeting on October 2 @ 645pm right after the Fall parents meeting for the Sharks.

7. I will be away Tuesday – Friday (Sept 25 – 28, USA Swimming Convention). The High School and Gold team swimmers will either have a written workout or Rob Benson will be there to watch over. The Green & WeeSharks will be coached by the older Shark swimmers during my time away.

8. We are in need of an enclosed cargo trailer. We need to move all the items out of the swim team storage to remove the pool cover and to reorganize the storage area. Please email or contact Jim if have something, we would need for 1 week at the most.

9. The Sharks are on the web: mdiysharks.com and on social media.

@Facebook: Mount Desert Island YMCA Sharks

@Instagram: MDIYSHARKS

@Snapchat: Mount Desert Island YMCA Sharks

10. Liam Sullivan was named to the 2018 USA Swimming's All-American Scholastic Team for the 2nd year in a row. Liam was one of five swimmers from Maine to be named to the team. He is the 4th Shark swimmer in the last 9 years to be honored (previous honorees were Ian Carbone, Tom Gallup & Leila Johnston). The Sharks and the sport of swimming produce great students through hard work, time management, discipline and working as a team.

11. Please check out the attached and updated meet schedule for the upcoming season.

12. As we start the season please feel free to contact me if you have any questions.

Jim