

Shark Notes, October 16, 2019

1. The practice schedule for the Fall Sharks.  
Senior M/W/F 245-4pm & T/Th 245-415pm  
Green M/W/F 4-5pm  
Gold M/W 5-615pm, T/Th/ 330-445pm & F 330-430  
WeeSharks T/Th 445-530pm
2. The Winter Sharks will begin on Oct 21, the practice schedule  
Senior M-F 245-415pm  
Green M/W/F 415-515pm  
Gold M/W 5-630pm, T/Th 530-7pm & F 330-430pm  
WeeSharks T/Th 445-530  
AM M/W/F 6-7/630-730aam
3. Signup sheets are now available/attached for the Maine Development Meet @ Husson on Nov 2-3 (Peighton S, Willa & Olivia B, Henry S, JJ & Kemy C & Ella O). They are also available for the King/Queen Meet on Nov 9-10 in Westbrook (Peighton S, JJ & Kemy C, Wyatt B & Henry S).
4. This season on Survivor (CBS on Wednesday's), Elizabeth Biesel from Barrington RI, a 3x Olympian & 2x Olympic medalist is now entering week 4 on the show. Elizabeth will be the guest speaker at the Maine Swimming Awards Banquet in April.
5. The showers in both the men's & women's locker room will be closed for re-grouting from on Oct 31 and plan to reopen on Nov 5. The locker rooms will still be accessible from the hallway instead of the pool.
6. We will have a parent's informational meeting on Thursday, Nov 14 in the Community room at the Y. New parents will meet from 545-630pm and returning parents will meet from 630-730pm. We will be providing information about the season ahead (1<sup>st</sup> meet on Nov 16). We expect at least 1 parent from each family to be present for the meeting.
7. Bring-A-Friend week will be from Nov 4-8. Any Shark swimmer may bring a friend or two to practice during the week. There will be some prizes and treats for Sharks & their friends at end of each practice.
8. On the weekend of Nov 16-17, there will be 2 home meets. On Nov 16 we will be swimming a Y dual meet against PBAY (Camden) Sailfish. On Nov 17, the Sharks will host the 36<sup>th</sup> Annual MDI Sprint Meet. Info on both meets will be available in early Nov. We expect all parents to help out w/the meets in some capacity.
9. The Sharks are on the web: [mdiysharks.com](http://mdiysharks.com) and on social media.  
@Facebook: Mount Desert Island YMCA Sharks  
@Instagram: MDIYSHARKS  
@Snapchat: Mount Desert Island YMCA Sharks
10. Maine Swimming is offering clothing for a short time period ('til Nov 4). All proceeds will help fund the athlete travel fund which reimburses Maine swimmers for competing at higher level meets including the 2020 US Olympic Trials in Omaha NE. <https://www.customink.com/fundraising/maine-swimming>
11. We need officials! There will be a Y Officials Clinic on Oct 27 at Husson University. Both Level 1 (new officials) and Level 2 (experienced officials) will be offered. Registration is at 8am, beginning at 830am.
12. Winter Sharks begins next week, please feel free to contact me if you have any questions.

Enjoy the fall colors because it will soon will be white,

Jim

**'Willing is not enough. We must do.'** – Bruce Lee.