

Shark Notes, October 9, 2019

1. The practice schedule for the Fall Sharks.
Senior M/W/F 245-4pm & T/Th 245-415pm
Green M/W/F 4-5pm
Gold M/W 5-615pm, T/Th/ 330-445pm & F 330-430
WeeSharks T/Th 445-530pm
2. On Mon, Oct 14 there will be a combined Green & Gold from 245-415pm and a Green practice from 2-3pm. There will be no 6am nor 5pm practice on Virgin Island/Puerto Rico Friendship Day.
3. Morning practices began on Oct 7. We will run 3 mornings/week through the end of October. The practice time is 6-730am, but it is only 1 hour, either show up @6am or at 630am. Practices will be Mon, Wed & Fri.
4. Signup sheets are now available/attached for the Bowdoin Open. Entries are due by this Friday, Oct 11. Peighton S, Ella O, Ian R & Bree Y are signed up. There will be no late entries accepted. We will be attending the Candy Cane Meet on Dec 8 in Portland after our Y dual meet on Dec 7 @ KVV (Augusta).
5. Signup sheets are now available/attached for the Maine Development Meet @ Husson on Nov 2-3. The 13 & overs swim in the am and the 12 & unders swim in the pm on Sat. On Sun there will be 200's of stroke for swimmers ages 11 & older and the 200 Free and 200 IM for all. Entries are due on Oct 25 and swimmers must be members of USA swimming to participate.
6. A rough outline of the Fall Parents Organizational Meeting on Oct 3 @ is attached. The Sharks need volunteers to operate the multiple functions of the swim team. Possible roles include timing, concessions, aquathon helper, and other roles throughout the course of the season.
7. If there are enough swimmers we will attend the King/Queen Meet on Nov 9-10 at the Westbrook Community Center. Signup sheets are attached. Swimmers swim 3 events on Sat AM, if they are in the top 12 for their age group they can come back on Sun AM if you so choose.
8. On the weekend of Nov 16 – 17, there will be 2 home meets that we will be attending. On Nov 16 we will be swimming a Y dual meet against the PBAY (Camden) Sailfish. On Nov 17, the Sharks will host the 36th Annual MDI Sprint Meet. Info on both meets will be available in early Nov.
9. The Sharks are on the web: mdiysharks.com and on social media.
@Facebook: Mount Desert Island YMCA Sharks
@Instagram: MDIYSHARKS
@Snapchat: Mount Desert Island YMCA Sharks
10. The YMCA will be offering a Lifeguard Class w/MDI Adult Education form Oct 12 – Nov 9 Please click on <https://mdi.maineadulted.org/classes/categories/certificate-programs/?sort=title> for more information. There is a shortage of lifeguards both in the summer and during the winter season on the island. We need to have a lifeguard at all practices.
11. We need officials! There will be a Y Officials Clinic on Oct 27 at Husson University. Registration is at 8am for YMCA w/clinic beginning at 830am.
12. Winter Sharks will begin on Oct 22, please feel free to contact me if you have any questions.

Special Thanks to Tony,

Jim

'In three words I can sum up everything I've learned about life: it goes on'. [Robert Frost](#)