

Shark Notes
December 31, 2019

1. Practice Schedule (Jan 2 – 11)
AM M-F 6-7/630-730am
Green M/W 415-515pm, T/Th 445-530pm & F 415-5pm
Gold M/W 500-630pm, T/Th 530-7pm & F 330-430pm
Sat 730-930am
2. Practice Announcements/Changes
 - a. There will be an AM practice from 8-930am on Dec 31 for Gold & High School swimmers.
 - b. There are now Green practices on Tues & Thurs from 445-530pm, there will be no lanes available for Gold swimmers on Tues & Thurs Green practices.
 - c. Green practice will end @ 5pm this Fri due to the High School meet w/Old Town @ 6pm.
3. We will be swimming the Long Reach Swim Club (LRSC) of the Bath YMCA this Saturday. Warmup is at 1145am and the meet begins at 1pm. Swimmers/parents should email/notify the coaches if they will not be attending the meet by Thursday. Signup sheets are posted for volunteers and concession items. LRSC has won every Y State Championship since 1991 and were last year's Maine USA-Swimming Champions again. We are hoping to give the Snaildarters a great meet at our pool and thus need the Sharks to show up in a feeding frenzy.
4. The Swim Your Own Age Meet will be held next weekend, Jan 11-12 at the Westbrook Community Center. The swimmers entered are Olivia & Willa B, JJ & Kemy C, Elle & Bree Y, Alec O, Ian R, Peighton S, Caden & Wyatt B, Samara G, Liam M & Henry S, Parker R, Elle O, Nina R, Charlotte S & Angela Z. Please, email additions/deletions by Thurs (Jan 2).
5. USA Swimming/Maine Swimming registrations are required for all USA Meets held throughout Maine and the US. This includes the Maine Winter Champs (formerly JO's) and the meet in Sarasota. Memberships are \$73 for a full year, ending 12/31/20 or \$44 for a seasonal, ending 3/22/20. Children in the free/reduced lunch program qualify for a \$5 annual membership w/letter from school. Please email intentions to renew memberships for the upcoming year.
6. Fees for all USA Swim meets are payable at the Y Front Desk. Bills are submitted to the front desk a week before the meet. Please pay the applicable fees the week of the meet. Swim teams are now requiring fees to be paid prior to competing.
7. Aquathon material will be available early next week. The Aquathon will be held on Sun, Feb 2 from 730am – 130pm. This is the one major fundraiser for the whole team. We will must have the participation of all Shark team members to meet our goal of \$30,000. Parents and other community members can either donate, volunteer and/or participate in the event. One thing is for sure, we plan to have a great party on Aquathon Sunday!

Happy New Year 2020, Jim

Always bear in mind that your own resolution to succeed is more important than any other. – Abraham Lincoln