

Summer Sharks NewsUpdate
June 13, 2013

1. Spring Sharks will conclude practices this Friday. We plan on having some pizza at 5:00pm for anyone that comes to practice.
2. Summer Sharks will begin on June 17 and operate through August 9. Summer Sharks for any swim team member or any new swimmer that can swim the length of the pool (25 yards) doing a competent freestyle. The morning practices are limited to swimmers ages 10 & over while the afternoon practices are split into 2 groups. WeeSharks is for swimmers ages 10 & under and can be compared to Green Team and Sharks is for swimmers ages 10 & older and is similar to Gold Team. In the afternoon, with the mix of camps and families schedules we do allow swimmers to come to the other practice time, but please remember that the focus will be on the practice at that time. This gives the swimmers a chance to come more days during the week. The practice schedule will change slightly during the swim camp weeks of July 8 – 12 and August 5 – 9. If you have any question on summer swim team please send an email.
3. Summer Practice Schedule

AM's	Monday – Thursday	7:00 – 8:30 AM
	Friday	8:30 – 10:00 AM
WeeSharks	Monday, Wednesday & Friday	3:45 – 4:45 PM
	Tuesday & Thursday	4:45 – 5:45 PM
Sharks	Monday & Wednesday	4:30 – 6:00 PM
	Tuesday, Thursday & Friday	3:30 – 5:00 PM
4. The Summer Practice Schedule, Meet Schedule, Signup Sheets and more information is located on the Sharks website www.mdiysharks.com
5. The Lenny DeMuro Swim Camp will be held July 8 – 12 and the Sharks Water Sports Camp will be held August 5 – 9. All camps are perfect for any Shark swimmer ages 7 – 13. We swim in the morning from 9:00 – 10:30 and return to the pool from 1:30 – 3:00pm. During the midday we are outside playing games, eating lunch and enjoying the weather. The Swim Camp ends with a fun meet on Friday and the Water Sports Camp concludes with a trip to Sand Beach.
6. We are looking for High School Students who would like to fulfill some or all of their community service hours by helping with swim camp or with swim team practice. If interested, contact Jim.
7. Signups are included in this email for the Spring Meet @ Bath on June 29, the Swim Your Own Age Meet @ Westbrook on July 13 – 14, and the Summer JO's @ Saint John, New Brunswick on July 25 – 27. Anyone planning to Canada for Summer JO's should look into getting a room or a campsite soon. More info on hotels/campgrounds go to www.maineswimming.org. These meets require USA Swimming memberships. There will also be a Y meet on July 20 in Bangor; more information will be available soon.
8. The Annual Cupcake and Lemonade Sale will be held on July 4. Duffy is looking for someone to help her organize this year and take over in the future. This has been a great summer fundraiser for the Sharks concessions account. There will be an email coming out in the next few days detailing shifts and items needed.
9. Maine Swimming will host a clinic on October 5 at the Bath YMCA. Rowdy Gaines (NBC Swim Announcer and 4 time gold medal at the 1984 Olympics) and Conor Dwyer (2012 Olympic Gold Medalist) will be the featured guests. More information will be available in the coming weeks.
10. As always if you have any questions or wish to volunteer please email.