

Shark NewsUpdate
July 31, 2013

1. The Sharks Water Sports Camp will run this week (August 5 - 9) from 9:00 - 3:00pm. There are still some spots available for anyone that would like to sign up late. We are also looking for a High School student or incoming freshman to help out during the camp (it can count towards HS community service).
 2. There will still be practice this week from 3:30 - 5:00pm for Gold Team and 3:45 - 4:45pm for Green Team. There will also be an am practice from 7:45 - 9:00am. There will be no more practices until September 11, but there any Shark swimmer can always swim laps during a lap swim and there are always some workouts on the table for anyone wishing to swim.
 3. The Fall Swim Team will begin on September 11 and the Winter Team will begin on October 21. Please tell all about the dates and we hope to have a large number of returning swimmers and a whole new bunch of rookies for the 2013-14 swim season.
 4. A couple of important dates are the Y State Meet which will be held on Feb. 28, March 1 & 2. The exact timeline of when the swimmers will swim at the state meet will be announced in late September but it looks like the 13 & over boys swim on Friday night, the rest of the boys swim on Saturday, with the 13 & over girls on Saturday night and then finishing with the rest of the girls on Sunday. The Maine JO's will be held at Bowdoin College from March 13 - 16. We will be hosting Bath (LRSC) on Feb. 1 and the Aquathon will be on Feb. 2. The rest of the schedule will be announced soon.
 5. The Echo Lake Swim will be held this Saturday (August 10) at Ikes Point on the way to Southwest Harbor. The event is hosted by DEFY and you can get more information by contacting Matt Montgomery (mmontgomery@defymca.org)
 6. I hope you all enjoy the rest of the summer and have a great August. If you have any questions please feel free to email.
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