

MDI Y Sharks

April - May 2015

Practice & Events Schedule (all times are PM unless indicated)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 26	27	28	29	30	May 1	2
No Practice	1 st Day of Spring Sharks Sr 245-415 Green 415-515 Gold 500-630	Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Green 415-515 Gold 500-630	Gr/Go = Green & Gold Teams Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Gold 315-415 Gr/Go 415-515	Maine Swimming HOD Meeting No Practice
3	4	5	6	7	8	9
No Practice	Sr 245-415 Green 415-515 Gold 500-630	WShks = WeeSharks Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Green 415-515 Gold 500-630	Sr/Go = Senior & Gold teams Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Gold 315-415 Gr/Go 415-515	Maine YMCA Coaches Meeting No Practice
10	11	12	13	14	15	16
No Practice	Summer Sharks begins June 22 Sr 245-415 Green 415-515 Gold 500-630	Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Green 415-515 Gold 500-630	Lenny DeMuro Swim Camp July 6 - 10 Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Gold 315-415 Gr/Go 415-515	No Practice
17	18	19	20	21	22	23
No Practice	Sr 245-415 Green 415-515 Gold 500-630	Water Sports Camp August 10 - 14 Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Green 415-515 Gold 500-630	Sr 245-415 Gold 330-445 WShks 445-530	Y Summer Nationals August 3 - 7 Sr 245-415 Gold 315-415 Gr/Go 415-515	No Practice
24	25	26	27	28	29	30
No Practice	Memorial Day No Practice	Sr 245-415 Gold 330-445 WShks 445-530	Summer JO's July 23 - 25 Sr 245-415 Green 415 -515 Gold 500-630	@ Saint John, New Brunswick Sr 245-415 Gold 330-445 WShks 445-530	Sr 245-415 Gold 315-415 Gr/Go 415-515	No Practice