

MDI Y Sharks Swim Team Parents Informational Meeting Minutes November 9, 2015

New Parents @ 5:15pm

- I. **Introduction**
 - A. Welcome
 - B. What is Swim Team? – a recreational based team of swimmers ages **6 – 18, ranging in ability from novice to national level performers**
 - C. Coaching Philosophy – everyone swims, every participates
- II. **Practices**
 - A. Schedule – **posted on mdiysharks.com and emailed each week**
 - B. Requirements – **Green team @least 2 practices/week, Gold @least 3**
 - C. Goals/Objectives – **Green team learn all 4 strokes, swim in meets & gain confidence/endurance**
 - D. Practice Progression – **Usually an upper and lower practice group, progress from up to Gold (w/2 or 3 groups). Green more stroke technique & refining, starts & streamlines, Gold more swimming & structured sets, turns & streamlining, race preparation**
- III. **Y Meets**
 - A. Dual – **5 dual meets this season, 2 home/3 away, all Shark swimmers should participate**
 - B. Invitational – **swimmers will need to signup in advance**
 - C. State – **all that swim in 3 meets are eligible to swim in State Meet**
- IV. **Volunteering – we always need help at home meets, 2 ways to help are concessions & timing**
 - A. Concession Stand
 - B. Timing
- V. **Aquathon (February 7, 2016) – everyone participates, pledge info in Jan**
- VI. **Swim Team Store/Swim Suits –swimoutlet.com/mdiysharks to order swim suits and other equipment. Swim Team has goggles, goggle straps & caps at pool for purchase**
- VII. **Communication/Email/Facebook/Other – all swim team info sent by email and maintained at mdiysharks.com. Last minute practice changes posted on facebook & emailed to all families**
- VIII. **Questions**

Returning Parents @ 6:15pm

- I. **Introductions**
 - A. Upcoming season
 - B. Coaches – **Jim Willis & Tony DeMuro, Rob Benson from time to time**
 - C. Registration forms –check list – **all swimmers need to complete**
- II. **Committees/Volunteering**
 - A. Aquathon (Feb. 7, 2016)
 - B. Swim Team Account – **separate account from concessions & July 4th, pays for State Meet t-shirts, Pizza parties, swim team related equipment, Nationals travel**
 - C. Volunteering Flow Chart/Signups – **we need volunteers including Saturday Breakfast providers/servers, swim meet personnel, concession workers, Aquathon planning,**
 - D. Meet Organization – Officials/Timers/Concession Stand
 - E. Team Store - Suits
 - F. Others?
- III. **Swim Team Store/Equipment**
 - A. Swim Team Store – **goggles & straps, MDI & other caps**
 - B. Swim Suits – **order suits & other items online @ swimoutlet.com/mdiyssharks**
 - C. Team outfit
- IV. **Meets**
 - A. Y Meets
 - 1. Dual Meets
 - 2. Invitationals
 - 3. Y States – **new order, Fri night 13&over Girls, Sat am 9-12 Boys, pm 9-10 Girls, night 13&over Boys, Sun am 8&under Girls, am 8&under Boys, pm 11-12 girls**
 - B. USA Swimming
 - 1. Seasonal meets
 - 2. JO's Trials/JO's – **JO Trials for swimmers who have not made JO's or made max number of events, in Bath (March 12-13). JO's must make qualifying time, at Bowdoin College (March 17 – 20)**
- V. **Practices**
 - A. Mornings – **Monday through Friday from 6-7am for High School swimmers and 645-745 for Middle School swimmers**
 - B. Saturdays, Breakfast – **10 Saturday's for Gold & Senior swimmers, Need Help with breakfast preparation**
 - C. Vacations – **special practice schedule for school vacations/days off**
 - D. Others – **we only cancel practice when Y is closed, may change schedule on weather days will notify by email/facebook**
- VI. **Communication/Email/Facebook/Other**