

# MDI Y Sharks

September - October 2015

Practice & Events Schedule (all times are PM unless indicated)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 13 No Practice	14 <b>1<sup>st</sup> Day of Fall Swim Team</b> Sr 245-415 Green 415-515 Gold 500-630	15 Sr 245-415 Gold 330-445 WeeS 445-530	16 <b>WeeS = WeeSharks</b> Sr 245-415 Green 415-515 Gold 500-630	17 Sr 245-415 Gold 330-445 WeeS 445-530	18 <b>Gr/Go = Green &amp; Gold Teams</b> Sr 245-415 Gold 315-415 Gr/Go 415-515	19 <b>MDI YMCA 1/2 Marathon Volunteers Needed</b> No Practice
20 No Practice	21 Sr 245-415 Green 415-515 Gold 500-630	22 <b>No WeeSharks</b> Sr 245-415* Gold 330-445*	23 <b>Y Coaches Meeting</b> Sr 245-415* Green 415-515* Gold 500-630*	24 Sr 245-415 Gold 330-445 WeeS 445-530	25 Sr 245-415 Gold 315-415 Gr/Go 415-515	26 No Practice
27 <b>MSI Coaches &amp; HOD Meeting</b> No Practice	28 Sr 245-415 Green 415-515 Gold 500-630	29 Sr 245-415 Gold 330-445 WeeS 445-530	30 <b>No coach present denoted by *</b> Sr 245-415 Green 415-515 Gold 500-630	<b>October 1</b> 2 Sr 245-415 Gold 330-445 WeeS 445-530	3 Sr 245-415 Gold 315-415 Gr/Go 415-515	No Practice
4 No Practice	5 Sr 245-415 Green 415-515 Gold 500-630	6 Sr 245-415 Gold 330-445 WeeS 445-530	7 <b>Bring A Friend Week, Nov 2-6</b> Sr 245-415 Green 415-515 Gold 500-630	8 Sr 245-415 Gold 330-445 WeeS 445-530	9 Sr 245-415 Gold 315-415 Gr/Go 415-515	10 No Practice
11 <b>Officials Clinic 10/18 Portland 10/25 UMaine</b> No Practice	12 <b>Winter Sharks Begins Monday Oct 19</b> AM 830-10am Go/Sr 245-415 Gr/Go 415-515	13 Sr 245-415 Gold 330-445 WeeS 445-530	14 AM 600-700am Sr 245-415 Green 415-515 Gold 500-630	15 Sr 245-415 Gold 330-445 WeeS 445-530	16 <b>Pizza Party</b> Sr 245-415 Gold 315-415 Gr/Go 415-515	17 <b>First Dual Meet November 21 @ WCY</b> Sat 800-930am