

MDI Y Sharks Swim Suit Policy

The end of the season is fast approaching and I want to make sure that all the swimmers and families adhere to MDI YMCA Sharks Swim Suit policy. The policy is hybrid of the Maine Swimming policy. There is no requirement to buy/wear these suits. Shark swimmers are not able to wear tech suits at all dual & invitational meets during the season including Y States. The swimmers may wear tech suits at the following meets: Bowdoin Open, Y New Englands, JO Trials, JO's, All-Star Meets, Y Nationals, MSI3 and any other Sectional/National level meet.

Please check out the guidelines and the recommended suit for each age group. If swimmers are wearing a suit that is above the Sharks recommended suit, they will need to change into another suit for the meet. If you have any questions regarding the purchase of tech suit please speak with the coaches.

1. Entry-Level (10 & under) Tech Swimsuit

The right compression for your first competition level swimsuit. Fits more like a standard competitive print or solid, so sizing is easy. Great for younger swimmers in their first high-level races.

Shark Recommended Suits: Speedo Aquablade; Speedo PowerPlus; TYR Fusion 2

2. Mid-Level (11-12) Tech Swimsuit

Suits with a higher level of construction for an increased level of compression. Made from lighter weight material for less drag in the pool. Fit should be tighter than standard competitive print or solid. MDIY swimmers, ages 12 & under, cannot wear suits from the MSI restricted list of tech suits. Make sure to check size charts and measure swimmers prior to purchasing.

Shark Recommended Suits: Speedo LZR Pro; Arena Powerskin ST; TYR Thresher

3. High-Level (13 & over) Tech Swimsuit

Designed for ultimate compression and hydro dynamics. Bonded seams, compression taping, and strategically placed paneling for optimal muscle performance. Fit is significantly tighter than standard competitive print or solid. Optional open back or closed back on female kneeskins. Optional high waist or regular waist on jammers.

Shark Recommended Suits: Speedo LZR Elite & LZR X; Arena Carbon Series Ultra & Air; TYR Avictor Prelude & Tracer