

MDI Y Sharks

January – February 2014

Practice & Events Schedule (all times are PM unless indicated)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 26	27	28	29	30	31	February 1
No Practice	AM 600-700am HS 245-415 Green 415-515 Gold 500-630	AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	AM 600-700am HS 245-415 Green 415-515 Gold 500-630	Signups due Sprint meet AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	John Bapst @ MDIHS 6:00pm Pizza Party Gold 315-415 Green 415-500	@ LRSC/Bath wup 11:15am meet Noon
2	3	4	5	6	7	8
AQUATHON 7:30-1:30pm	Coach of the Week Contest AM 600-700am HS 245-415 Green 415-515 Gold 500-630	AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	AM 600-700am HS 245-415 Green 415-500 Gold 500-630	Lenny Meet Signups due AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	MDI HS Boys @ PVC's HS 245-415 Gold 315-415 Green 415-515	@Bangor Y w-up 9:30am meet 10:15am MDI HS Girls @ PVC's
9	10	11	12	13	14	15
Lenny DeMuro Meet wup 11:45am meet 12:45pm	AM 600-700am HS 245-415 Green 415-515 Gold 500-630	17 Days to Y States AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	22 Days to JO's AM 600-700am HS 245-415 Green 415-515 Gold 500-630	Last Chance signups due AM 600-700am HS 245-415 Dryland 5-530 Gold 530-700	HS 245-415 Green 415-515 Gold 500-630	DEFY signups due Sat 730-930am
16	17	18	19	20	21	22
No Practice	Girls HS States @ Bowdoin AM 830-10am Green TBA Gold TBA	Boys HS States @ Bowdoin Gold TBA	DEFY Meet AM 830-10am Sr/Gold 245-415 Green 415-515	YState Meet Entries due AM 830-10am Sr/Gold 245-415 Green 415-515	AM 830-10am Sr/Gold 245-415 Green 415-515	Last Chance @ Husson Sat 730-930am
23	24	25	26	27	28	March 1
No Practice	JO entries due next Monday AM 600-700am Sr 245-415 Green 415-515 Gold 500-630	AM 600-700am Sr 245-415 Dryland 5-530 Gold 530-700	AM 600-700am Sr 245-415 Green 415-515 Gold 500-630	AM 600-700am Sr 245-415 Dryland 5-530 Gold 530-700	13 & over Boys Y State Meet @ UMaine Sr 245-415 Green 415-515 Gold 500-630	9-10 Girls, 9-10/11-12 Boys, 13 & over Girls Y State Meet @ UMaine