

To all,

Below are the warm-up/meet times for the State Meet this weekend. The meet will be held at the University of Maine in Orono. Please be on time, we usually have the 1<sup>st</sup> warm-up time and we need to get everyone ready for the meet. We may also have to make adjustments due to missing/sick Sharks. To be on time allows one to get into the bleachers because this meet is usually very packed. Swimmers will swim the age that they were on Dec. 1, 2012.

Each session should be completed by the warmup times for the next session. Swimmers should plan on bringing snacks & drinks. We do not let the swimmers wonder around the University looking for food/parents. Swimmers will need to stay on deck with the team for the entire age group session to provide support for the rest of their teammates, they do need to be there for other sessions.

The Y State Meet will go on no matter what the weather conditions are during the weekend and as usual we are counting on the swimmers entered in the meet to be in attendance. If there is a problem please email or call. All swimmers will be participating in up to 3 events, entries are posted at the pool. I would like to remind all that each session is not too long. All Shark swimmers will get a team shirt at the meet. Parents who purchased a shirt should seek their shirt a few minutes after the we have warmed up and presented the shirts to the swimmers.

There will be a Hockey Game on Saturday night, so there will be some parking restrictions in place for the 13 & over Boys.

We will have a pizza party this Wednesday after Green & Gold practices. Swimmers can also make some posters up in the pool balcony on Wednesday before Gold/after Green.

#### Meet Times

##### Saturday, March 2

Age Group/Sex	Warm-up	Meet
8 & under Girls	7:15am	8:30am
8 & under Boys	10:15am	11:30am
9-10 Girls	12:45pm	2:00pm
13-14/Senior Boys	4:45pm	6:00pm

##### Sunday, March 3

Age Group/Sex	Warm-up	Meet
11-12 Girls	7:15am	8:40am
9-10/11-12 Boys	10:45am	12:15pm
13-14/Senior Girls	3:15pm	4:45pm

If you need to contact me on Friday, Saturday, or Sunday my phone number is 207-664-8246.