

SHARKS! SWIM TEAM – REGULAR SEASON

Regular Season Begins October 22!

In continuous operation since 1971, Sharks swimmers practice together and travel to meets around the state. Swim Team improves the young athlete's swim skills, strength and physical endurance. Swimming provides lifelong skills like teamwork, cooperation and confidence. Other Swim Team Sessions are offered in late spring, summer and early fall. More Aquathon information will be provided at the swim parent's meeting in early November. **REQUIREMENTS:** Participants must be able to do a length of freestyle and backstroke, or the approval of Coach Willis. All team members must participate in the Aquathon.

GREEN TEAM (Ages 6 – 10)

October 22 – March 8

\$270 for members, \$ 230 for 1st year members

Mon, Wed, & Fri 4:15 – 5:15pm

Bank or Credit Card Draft Plan: Pay \$130 at registration, and set-up 4-monthly payments of \$35. (and for 1st year swimmers, \$130 at registration, and set-up 4-monthly payments of \$25). Draft must start in December and be for 4 consecutive months.

GOLD TEAM (Ages 9 – 14)

October 22 – March 29

\$330 for members, \$250 for 1st year members

Bank or Credit Card Draft Plan: Pay \$130 at registration, and set-up 4-monthly payments of \$50. (and for 1st year swimmers, \$130 at registration, and set-up 4-monthly payments of \$30). Draft must start in December and be for 4 consecutive months.

Mon, Wed, & Fri 5:00 – 6:30pm

Tue & Thu 5:30 – 7:00pm

Sat 7:30 – 9:30am (begins Nov. 10)

Mon – Thu am's 6:00 – 7:00am/6:45 – 7:45am (begins Oct. 29)

SENIOR TEAM (Ages 14 – 18)

October 22 – March 29

\$130 for members. No draft plan.

Mon – Fri 2:45 – 4:15pm (when there is no High School Team Practice)

Saturday 7:30 – 9:30am (begins Nov. 10)

Mon – Thu am's 6:00 – 7:00am (begins Oct. 29)

FRIDAY SWIM CLUB (Ages 6 – 12)

October 26 – March 8

Friday 4:15 – 5:15pm

\$115 for members

The Friday Swim Club is for 1st year swimmers only. Swimmers attend the Friday Shark practice to learn some of the basics of competitive swimming. Club members can participate in home meets with coaches approval.

DATE TO REMEMBER

(easy because it is Super Bowl Sunday!)

AQUATHON – SUNDAY, 2/3/13

All swim team members are required to participate in the annual winter Aquathon to help us keep the swim team fee one of the least expensive in the state!



SAVE THE DATE BRING A FRIEND WEEK

November 5 – 9
See Coach Willis for Details.

FIRST Y MEET
Saturday, November 17th

STATE MEET
Saturday & Sunday, March 2nd & 3rd

