

# Utah Masters end of Season Swim Meet



## Sorensen Aquatic Center Cottonwood High School Swimming Pool Friday & Saturday, March 23 & 24, 2012

Sanctioned by Utah Masters for USMS, Inc. Sanction #

### **Meet Director:**

Brian Sorensen  
Phone: 801-913-1134  
Email: [bsorensen@graniteschools.org](mailto:bsorensen@graniteschools.org)

### **Facility:**

The Cottonwood High School Swimming Pool is a two pool facility. It has a 6 lane competition pool with a 6 lane diving well which can be used for warm-up and warm down purposes throughout the meet. Colorado time Systems Championship Timing systems & 6 Line Colorado Time Systems Scoreboard will be used.

### **Location:**

Cottonwood High School  
5717 S. 1300 E.  
Murray, UT 84121

**Directions:** Click [here](#) to view map.

**Parking:** Parking will be available in the South Side Parking lot by the Tennis Courts. Walk along sidewalk next to tennis courts and take an immediate left after the Auto Mechanics fenced parking lot. Pool will be on the right side next to portable classrooms.

**Suggested Hotel:** Click [here](#) to view hotels near Cottonwood High School

**Meet Conduct:** 2012 USMS Rules will govern conduct of this meet.

**Eligibility:** All swimmers must be registered with USMS (proof is required). USMS/Utah annual registration for 2012 will be offered on deck. USMS/Utah one time swim meet event registration will be a \$25 fee. Important Eligibility Rule: RULE 102.2 2: For short course yards the eligibility of a participant for a particular age group shall be determined as of March 23, 2012.

**Awards & Ribbons:** Available for pick-up at meet only. Awards, medals or ribbons will not be mailed.

**Entry Fee:** \$20 fee for this meet.

**Entry Deadline:** Entries must be received by Tuesday March 20, 2012, by 9:00 p.m. Same day deck entries will be accepted for an additional fee so please get your entries in early to avoid extra costs!!

Mail entry forms to:

Brian Sorensen  
1060 Lori Way  
Salt Lake City, UT 84117

**Age Groups:** 18-24, 25-29, 30-34, 35-39, 40-44, etc. in 5 year increments.

**Relay Age Groups: Short course (25) yards—**18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+... (10-year increments as high as is necessary). The age of the youngest relay team member shall determine the age group. Relay teams must swim in the oldest age group for which they are eligible.

**Seeding:** All events will be timed finals with heats seeded by time, slowest to fastest. Genders will swim together (mixed).

**Please note:** Participants may only swim 1 event on Friday session one, and 5 individual, plus 2 relay events on Saturday session two.

**Records:** Swimmers attempting to set records during the meet should notify the Starter to assure that three official timers will be present.

**Heats:** Heat sheets will be posted around the deck. Swimmers who miss their heats may not swim in another heat unless successfully protested to Meet Director and Referee. Swimmers without seed times may be placed in the slowest (earlier) heats.

**Same Day Deck Entries:** Deck entries will be accepted until 6:30pm on Friday and 8:30am on Saturday. A \$25 per session (\$25 for Friday swims & \$25 for Saturday swims) deck entry fee will be charged.

**Warm-up/cool down:** Friday March 23, warm-ups start at 6:00pm, competition begins at 7:00pm.  
Saturday March 24, warm-ups start at 8:00am, competition begins at 9:00am.  
Cool down will be conducted in the second 6 lane diving well.

**Relays:** Swimmers must be entered in the meet to swim on relays and must be registered with the same USMS registered club. Relay cards may be obtained at the relay card pick-up table.



# ENTRY FORM

Sanctioned by Utah Masters for USMS, Inc. Sanction #

LName \_\_\_\_\_ FName \_\_\_\_\_ 2012-USMS # \_\_\_\_\_ (attach copy) Gender M or F

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Birth date \_\_\_\_\_

Phone ( ) \_\_\_\_\_ TEAM NAME: \_\_\_\_\_

## Friday March 23, 2012: Pool opens 6:00pm; competition begins at 7:00pm. (MST)

Mixed	Event (Short Course Yards)	Seed Time
1	500y Free	Min. _____ sec _____.
2	100y IM	Min. _____ sec _____.
3	50y Backstroke	Min. _____ sec _____.
4	100 y Free	Min. _____ sec _____.

## Saturday March 24, 2012: Pool opens 8:00am; competition begins at 9:00am. (MST)

5 1650y Free Min. \_\_\_\_\_ sec \_\_\_\_\_.

-----15 minute break -----

6.	50y Freestyle	Min. _____ sec _____.
7	200y Backstroke	Min. _____ sec _____.
8.	400y IM	Min. _____ sec _____.
9.	200y Breaststroke	Min. _____ sec _____.
10.	50y Butterfly	Min. _____ sec _____.
11	200y Medley Relay	Deck enter only

-----10 minute break -----

12.	50y Breaststroke	Min. _____ sec _____.
13.	200y Butterfly	Min. _____ sec _____.
14	100y Backstroke	Min. _____ sec _____.
15.	200y IM	Min. _____ sec _____.
16.	100y Butterfly	Min. _____ sec _____.
17.	200y Freestyle	Min. _____ sec _____.
18.	100y Breaststroke	Min. _____ sec _____.
19.	200y Freestyle Relay	Deck enter only

Total # events \_\_\_\_\_ (rec'd by March 20, 2012 9:00pm).

Mail waiver/entry form, check payable to Cottonwood Swimming, and USMS card copy to:  
C/O Brian Sorensen, 1060 Lori Way, Salt Lake City, UT 84117

### Liability Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING; UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Printed Name \_\_\_\_\_