

Girl's Water Polo Frequently Asked Questions

Q: What are the methods of communication?

A: Players communicate through "Group Me" please make sure we have your daughters text number so she can be added to this group chat. Parents can obtain information from our web site www.mustangaquatics.org or Sunday night e-mails. Parents are always welcome to contact Patti via costagirlswp@gmail.com or 310.874.1252. Coach Reichardt e-mail is jreichardt@mbusd.org

Q: What is 8to18 and why do we have to register there?

A: 8to18 is the athletic portal for Mira Costa High School. Even though you sign up with your counselor to take water polo as your PE class, you must also register on 8-18. Here is the link to the website

https://www.miracostahigh.org/apps/pages/index.jsp?uREC_ID=428253&type=d&pREC_ID=935020

Due to current safety and social distancing protocols, the following procedures are being implemented to process the necessary athletic packet paperwork. There are two options: 1) mail in a current and completed **Physical Form** along with the **Athletic/Activity Emergency Card** in an envelope addressed to Cindy Gardner with the athlete's name and respective sport. Address: Mira Costa High School, 1401 Artesia Blvd, Manhattan Beach, CA 90266, Attn: Cindy Gardner. 2) Second option would be to physically drop off the required items after August 3rd, in a sealed envelope with the same information and place in a box located outside the main office during the hours of 9:00 am - 12:00 pm. E-mailed documents will not be accepted. Thank you in advance for your cooperation as we navigate through these uncharted times.

Q: When does practice start for Girl's Water Polo Season?

A: Practice starts for girls when school starts. Currently all registered girls are expected to attend zoom calls with Coach Reichardt. Coach Reichardt is waiting for access to the pool. More information on practice days and times to come.

Q: What is the practice schedule once the season starts?

A: This Year - TBD

Previous Season - The practice schedule for Varsity is 2-4 PM M-F and some Saturdays; along with early morning practices 5:45 to 6:45 M-F. The practice schedule for JV/FS is 3:45 to 6:00 PM M-F and some Saturdays.

Q: Why are there three sports season and two school semesters?

A: The year there will be two season. Winter and Spring. Boys and girls will share the same season. If you player is a swimmer, they will be able to try out for swim for the spring season.

Previous Season - The school has fall sports, winter sports and spring sports. Aquatics uses the pool for boy's water polo during the fall, the girls play water polo in the winter, and boys and girls both swim in the spring season. Girls season overlaps first and second school semester. When girls season is over they can continue with water polo or switch to swim.

Q: Is Water Polo a cut sport at Mira Costa?

A: No, water polo is not a cut sport. Anyone who wants to play regardless of their experience is welcome. There are three different teams: Varsity, Junior Varsity and Frosh/Soph. There are a number of try-outs prior to the start of the season. Once in season, your position on any roster is dependent on participation, ability and attitude. Rosters are fluid and athletes may be asked to play up or down at the Coach's discretion.

Q: What does a Costa polo player do to make the starting Varsity line up at Mira Costa ?

A: Most all of the starting water polo players at Costa have multiple years of water polo experience and play club polo year-round, they usually have a 100 yd free time less than a 1:00, and they swim for Costa during the Spring season.

Q: Who are the Coaches and what team do they Coach?

A: Jon Reichardt is the Head Coach for Mira Costa High School. Dave Halushka is the Assistant Coach. Antonis Nahabed & Dylan Linnell are our Coaches for JV and Frosh/Soph. Franklin Ortiz is MCHS Personal Trainer

Q: How long is the season and what is the commitment? Do you still practice with your club?

Current Season – Girls season will start on 12/28 and end 3/13. CIF Finals are 3/19-3/20. Reference <https://cifss.org> This season **CIF is allowing** kids to play with their club during HS Season. It is unclear how much pool time we will be allowed. Stay tuned.

Previous Seasons - The season runs from mid-November until February. There are typically 2 games per week plus practices. CIF rules will not allow you to play for your club during high school season.

Q: How much does the Booster Club ask the Parents to contribute during the season?

A: The Booster Club “Ask” is \$300.00 per Athlete to pay for Coaches Stipends, equipment, trainers, transportation, awards, events, facility maintenance, and tournament fees. There are also fundraising events that require you pay or donate time/products.

Q: Who are the Boosters and what do they do?

A: The Water Polo Boosters are parent volunteers with players on the team. The Girl’s Water Polo Booster Club is a School Connected Organization (SCO) with a Board of Directors that runs the various events and fundraising for the team. They must have officers, a budget and an official operating agreement with the MBUSD Supervisor. The funds are handled mostly through the MBX Foundation.

Patti Terry – President, Teresa Almendariz – Treasurer, Debbie Tran – Vice President As our season progresses will be reaching out to everyone to fill various roles: i.e. communication; fund raising; social media; web; snack stand; etc.

Q: What happens when Water Polo Season is over?

A: There is a short break until Off-Season Water Polo or Swim Team begins. During that break, you must sign in at the pool on a daily basis.

Q: What CIF Division do we play in?

A: Division 1/2

Q: Who can I call if I have questions not addressed here?

A: Patti Terry, President, Mira Costa High School Girl’s Water Polo Boosters 310-874-1252 terrypack@chivo.com or costagirlswapo@gmail.com