

2015 OB Bay League Swimming Championship - 5/5/2015 to 5/7/2015

Hosted by: Redondo Union High School

- Meet Summary

Mira Costa High School

1	Mira Costa High School	#1 Women 200 Medley Relay FROSH/SOPH	2:11.50	2:14.70	(3)	12
		Frances Cafilisch SO, Isabelle Chiu FR, Danielle Gonzales SO, Julia Schwedock SO				
		40.58	1:15.47 (34.89)	1:47.83 (32.36)		2:14.70 (26.87)
2	Mira Costa High School - 'B'	#1 Women 200 Medley Relay FROSH/SOPH	NT	X2:19.45		
		Maddy Hoye SO, Carolein Abdelmalak SO, Brianna Manyweather FR, Emily Seth SO				
		37.58	1:14.31 (36.73)	1:49.97 (35.66)		X2:19.45 (29.48)
3	Mira Costa High School	#2 Men 200 Medley Relay FROSH/SOPH	1:56.38	1:59.39	(1)	18
		Beau Staso SO, Bryce Lyter SO, Jack Kittay FR, Devon Hagstrom FR				
		31.93	1:05.77 (33.84)	1:33.53 (27.76)		1:59.39 (25.86)
4	Mira Costa High School - 'B'	#2 Men 200 Medley Relay FROSH/SOPH	NT	X2:03.63		
		Liam Cook FR, Patrick Lucas FR, Kenneth Noddings FR, Alexander Nahabed FR				
		32.16	1:07.79 (35.63)	1:37.28 (29.49)		X2:03.63 (26.35)
5	Mira Costa High School	#3 Women 200 Medley Relay VARSITY	1:56.56	1:54.58	(3)	* CONS 32
		D2 CONS: 2:03.50Y				
		Shannon O'Brien SO, Sophia Kuehler FR, Katie Barnhill SO, Mona Stone FR				
		28.61	1:01.85 (33.24)	1:28.92 (27.07)		1:54.58 (25.66)
6	Mira Costa High School - 'B'	#3 Women 200 Medley Relay VARSITY	NT	X2:04.85		
		Jasmine Wu FR, Sydney Hong JR, Lauren Nielsen SO, Macy McKeegan JR				
		32.01	1:07.58 (35.57)	1:36.29 (28.71)		X2:04.85 (28.56)
7	Mira Costa High School	#4 Men 200 Medley Relay VARSITY	1:44.52	1:42.54	(2)	* CONS 34
		D2 CONS: 1:47.00Y				
		Andrew White FR, Ed Jeon SR, Ian Campbell JR, Mikey Portis JR				
		27.70	55.09 (27.39)	1:19.85 (24.76)		1:42.54 (22.69)
8	Mira Costa High School - 'B'	#4 Men 200 Medley Relay VARSITY	NT	X1:50.71		
		Alex Luo SO, Finn Pardon JR, Henry Anthony FR, Mark Warnecke SO				
		28.91	1:00.50 (31.59)	1:27.34 (26.84)		X1:50.71 (23.37)
9	Mira Costa High School	#27 Women 200 Freestyle Relay FROSH/SO	1:57.30	1:56.82	(1)	* 18
		Haley Viviani SO, Daina Reimanis SO, Frances Cafilisch SO, Emily Seth SO				
		29.10	58.97 (29.87)	1:27.78 (28.81)		1:56.82 (29.04)
10	Mira Costa High School - 'B'	#27 Women 200 Freestyle Relay FROSH/SO	NT	X1:57.22		
		Julia Schwedock SO, Emma Anderson SO, Natalie Young SO, Pleia Hall FR				
		28.42	58.53 (30.11)	1:28.45 (29.92)		X1:57.22 (28.77)
11	Mira Costa High School	#28 Men 200 Freestyle Relay FROSH/SOPH	1:42.67	1:44.46	(3)	12
		Alexander Nahabed FR, Lucas Brannan SO, Patrick Lucas FR, Devon Hagstrom FR				
		26.06	50.80 (24.74)	1:18.20 (27.40)		1:44.46 (26.26)
12	Mira Costa High School - 'B'	#28 Men 200 Freestyle Relay FROSH/SOPH	NT	X1:44.85		
		Alex Levin FR, Beau Staso SO, Bryce Lyter SO, Liam Cook FR				
		27.20	52.83 (25.63)	1:19.49 (26.66)		X1:44.85 (25.36)

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Mira Costa High School			
13 Mira Costa High School #29 Women 200 Freestyle Relay VARSITY D2 CONS: 1:49.50Y Mona Stone FR, Shannon O'Brien SO, Katie Barnhill SO, Sophia Kuehler FR	1:46.08	CONS	1:44.93 (2) * CONS 34
	26.85 52.97 (26.12)	1:18.74 (25.77)	1:44.93 (26.19)
14 Mira Costa High School - 'B' #29 Women 200 Freestyle Relay VARSITY Anna O'Connor JR, Sydney Hong JR, Annika Gilboay JR, Jasmine Wu FR	NT		X1:54.09
	28.16 55.46 (27.30)	1:23.65 (28.19)	X1:54.09 (30.44)
15 Mira Costa High School #30 Men 200 Freestyle Relay VARSITY D2 CONS: 1:35.50Y Ed Jeon SR, Forrest Wu SR, Ian Campbell JR, Mikey Portis JR	1:36.99		1:32.40 (2) * CONS 34
	22.68 46.58 (23.90)	1:09.61 (23.03)	1:32.40 (22.79)
16 Mira Costa High School - 'B' #30 Men 200 Freestyle Relay VARSITY D2 CONS: 1:35.50Y Antonis Nahabed SR, Spencer White JR, Andrew White FR, Nate Griffith JR	NT		X1:35.17 CONS
	24.36 48.20 (23.84)	1:12.13 (23.93)	X1:35.17 (23.04)
17 Mira Costa High School #39 Women 400 Freestyle Relay FROSH/SO Emily Seth SO, Kaitlyn Kennedy FR, Haley Viviani SO, Julia Schwedock SO	4:11.05		4:17.95 (2) 14
	31.17 1:05.74 (34.57)	1:37.19 (31.45)	2:10.92 (33.73)
	2:41.31 (30.39)	3:16.38 (35.07)	3:45.31 (28.93)
			4:17.95 (32.64)
18 Mira Costa High School - 'B' #39 Women 400 Freestyle Relay FROSH/SO Pleia Hall FR, Frances Cafilisch SO, Carolein Abdelmalak SO, Daina Reimanis SO	NT		X4:24.28
	31.67 1:04.94 (33.27)	1:37.05 (32.11)	2:11.26 (34.21)
	2:43.51 (32.25)	3:18.94 (35.43)	3:49.59 (30.65)
			X4:24.28 (34.69)
19 Mira Costa High School #40 Men 400 Freestyle Relay FROSH/SOPH Jack Kittay FR, Lucas Brannan SO, Alexander Nahabed FR, Patrick Lucas FR	3:45.78		3:43.52 (2) * 14
	26.59 55.87 (29.28)	1:22.53 (26.66)	1:52.13 (29.60)
	2:18.61 (26.48)	2:48.26 (29.65)	3:14.57 (26.31)
			3:43.52 (28.95)
20 Mira Costa High School - 'B' #40 Men 400 Freestyle Relay FROSH/SOPH Bryce Lyter SO, Ryan Dulong FR, Alex Levin FR, Jared Haim SO	NT		X4:01.35
	28.44 59.57 (31.13)	1:27.96 (28.39)	2:00.82 (32.86)
	2:29.81 (28.99)	3:02.39 (32.58)	3:30.14 (27.75)
			X4:01.35 (31.21)
21 Mira Costa High School #41 Women 400 Freestyle Relay VARSITY Annika Gilboay JR, Emma Nerad SO, Nathalie Dinsdale JR, Sydney Hong JR	3:52.68	CONS	4:14.21 (3) 32
	30.42 1:04.48 (34.06)	1:34.73 (30.25)	2:09.38 (34.65)
	2:38.23 (28.85)	3:12.66 (34.43)	3:41.53 (28.87)
			4:14.21 (32.68)
22 Mira Costa High School - 'B' #41 Women 400 Freestyle Relay VARSITY D2 CONS: 3:58.00Y Lauren Nielsen SO, Shannon O'Brien SO, Katie Barnhill SO, Sophia Kuehler FR	NT		X3:52.90 CONS
	28.84 1:00.14 (31.30)	1:28.08 (27.94)	1:58.77 (30.69)
	2:25.63 (26.86)	2:55.06 (29.43)	3:22.51 (27.45)
			X3:52.90 (30.39)

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Relay	Seed	Prelims	Finals
Mira Costa High School			
23 Mira Costa High School			
#42 Men 400 Freestyle Relay VARSITY	3:26.83	CONS	3:33.65 (4) 30
Nate Griffith JR, Forrest Wu SR, Finn Pardon JR, Antonis Nahabed SR			
	24.33	50.07 (25.74)	1:16.57 (26.50)
	2:12.54 (26.17)	2:40.53 (27.99)	3:05.88 (25.35)
			1:46.37 (29.80)
			3:33.65 (27.77)
24 Mira Costa High School - 'B'			
#42 Men 400 Freestyle Relay VARSITY	NT		X3:21.36 CONS
D2 CONS: 3:30.00Y			
Mikey Portis JR, Mark Warnecke SO, Ian Campbell JR, Ed Jeon SR			
	23.96	51.17 (27.21)	1:15.90 (24.73)
	2:06.24 (24.16)	2:31.70 (25.46)	2:55.47 (23.77)
			1:42.08 (26.18)
			X3:21.36 (25.89)
Mira Costa High School	Total Individual Entries: 0 - Total Relays: 24		