

2016 MCHS v. Palos Verdes HS - 4/21/2016
Mira Costa High School, Manhattan Beach CA

- Meet Summary

	<u>Seed</u>	<u>Finals</u>			
Mira Costa High School					
1 Abdelmalak, Carolein - Female - Year: JR					
#37 Girls 100 Breast Varsity	1:28.43	XNS			
#29 Girls 200 Free Relay Varsity - 'E' Leg 1	NT	X2:16.51			
30.00 1:05.24 (35.24)	1:41.50 (36.26)	X2:16.51 (35.01)			
#41 Girls 400 Free Relay Varsity - 'D' Leg 2	4:43.14	X4:41.71			*
37.12 1:18.23 (41.11)	1:49.69 (31.46)	2:26.69 (37.00)			
3:34.29 (1:07.60) 4:05.94 (31.65)	X4:41.71 (35.77)				
2 Aleksich, Philip - Male - Year: JR					
#34 Boys 100 Back Varsity	1:03.02	X1:13.89			
35.73 X1:13.89 (38.16)					
#30 Boys 200 Free Relay Varsity - 'C' Leg 3	1:47.99	1:47.51	(5)		*
26.83 55.35 (28.52)	1:21.66 (26.31)	1:47.51 (25.85)			
#42 Boys 400 Free Relay Varsity - 'C' Leg 1	NT	3:55.38	(5)		
28.95 59.97 (31.02)	1:27.01 (27.04)	1:57.29 (30.28)			
2:24.99 (27.70) 2:57.90 (32.91)	3:24.68 (26.78)	3:55.38 (30.70)			
3 Almendariz, Diego - Male - Year: FR					
#10 Boys 200 IM Frosh/Soph	2:26.09	2:30.51	(3)		3
31.89 1:09.96 (38.07)	1:57.43 (47.47)	2:30.51 (33.08)			
#18 Boys 100 Fly Frosh/Soph	1:05.22	1:06.09	(1)		6
32.15 1:06.09 (33.94)					
#2 Boys 200 Medley Relay Frosh/Soph - 'A' Leg 3	1:44.56	CON2	1:59.03	(1)	8
31.42 1:05.41 (33.99)	1:35.24 (29.83)	1:59.03 (23.79)			
#40 Boys 400 Free Relay Frosh/Soph - 'C' Leg 4	4:08.30	4:12.10	(5)		
30.44 1:04.15 (33.71)	1:34.70 (30.55)	2:09.61 (34.91)			
2:39.83 (30.22) 3:12.12 (32.29)	3:40.74 (28.62)	4:12.10 (31.36)			
4 Anders, Natasha - Female - Year: FR					
#17 Girls 50 Fly Frosh/Soph	39.46	X36.92			*
#1 Girls 200 Medley Relay Frosh/Soph - 'B' Leg 1	2:22.09	2:21.13	(3)		* 2
#27 Girls 200 Free Relay Frosh/Soph - 'C' Leg 2	NT	2:08.01	(5)		
30.22 1:01.64 (31.42)	1:32.81 (31.17)	2:08.01 (35.20)			
#39 Girls 400 Free Relay Frosh/Soph - 'B' Leg 1	NT	4:53.27	(5)		
36.59 1:13.34 (36.75)	1:45.17 (31.83)	2:21.37 (36.20)			
2:56.75 (35.38) 3:35.30 (38.55)	4:11.65 (36.35)	4:53.27 (41.62)			
5 Anderson, Emma - Female - Year: JR					
#15 Girls 50 Free Varsity	32.02	X31.97			*
#29 Girls 200 Free Relay Varsity - 'D' Leg 4	NT	X2:10.44			
30.37 1:38.14 (1:07.77)	X2:10.44 (32.30)				
#41 Girls 400 Free Relay Varsity - 'E' Leg 1	5:06.38	X5:01.68			*
34.48 1:11.17 (36.69)	1:49.41 (38.24)	2:32.30 (42.89)			
3:45.44 (1:13.14) 4:21.61 (36.17)	X5:01.68 (40.07)				
6 Anthony, Henry - Male - Year: SO					
#12 Boys 200 IM Varsity	2:12.74	2:14.01	(3)		3
28.12 1:02.94 (34.82)	1:43.20 (40.26)	2:14.01 (30.81)			
#20 Boys 100 Fly Varsity	56.88	1:00.95	(3)		3
28.32 1:00.95 (32.63)					
#4 Boys 200 Medley Relay Varsity - 'B' Leg 3	NT	1:52.64	(2)		4
28.54 1:02.15 (33.61)	1:29.49 (27.34)	1:52.64 (23.15)			
#42 Boys 400 Free Relay Varsity - 'B' Leg 1	NT	3:43.86	(4)		
25.52 53.04 (27.52)	1:19.55 (26.51)	1:49.34 (29.79)			
2:15.90 (26.56) 2:46.59 (30.69)	3:13.50 (26.91)	3:43.86 (30.36)			

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	<u>Seed</u>		<u>Finals</u>			
Mira Costa High School						
7 Avery, Sydney - Female - Year: JR						
#11 Girls 200 IM Varsity		2:40.96		X2:36.12		*
	33.22	1:14.52 (41.30)	1:59.53 (45.01)	X2:36.12 (36.59)		
#37 Girls 100 Breast Varsity		1:21.42		X1:21.32		*
	38.90	X1:21.32 (42.42)				
#29 Girls 200 Free Relay Varsity - 'C' Leg 2		2:03.81		1:56.69	(4)	*
	30.23	59.77 (29.54)	1:29.44 (29.67)	1:56.69 (27.25)		
#41 Girls 400 Free Relay Varsity - 'C' Leg 2		NT		4:16.72	(4)	
	29.90	1:02.73 (32.83)	1:34.42 (31.69)	2:08.10 (33.68)		
	2:40.16 (32.06)	3:15.42 (35.26)	3:45.17 (29.75)	4:16.72 (31.55)		
8 Axelrad, Mallie - Female - Year: FR						
#13 Girls 50 Free Frosh/Soph		29.65		30.48	(4)	2
#31 Girls 50 Back Frosh/Soph		35.08		35.74	(2)	4
#27 Girls 200 Free Relay Frosh/Soph - 'B' Leg 1		2:01.78		2:02.91	(3)	2
	31.01	1:01.78 (30.77)	1:32.09 (30.31)	2:02.91 (30.82)		
#39 Girls 400 Free Relay Frosh/Soph - 'B' Leg 4		NT		4:53.27	(5)	
	36.59	1:13.34 (36.75)	1:45.17 (31.83)	2:21.37 (36.20)		
	2:56.75 (35.38)	3:35.30 (38.55)	4:11.65 (36.35)	4:53.27 (41.62)		
9 Balzer, Shane - Male - Year: JR						
#38 Boys 100 Breast Varsity		1:24.01		X1:24.23		
	39.46	X1:24.23 (44.77)				
#4 Boys 200 Medley Relay Varsity - 'C' Leg 2		NT		2:00.18	(5)	
	30.77	1:07.63 (36.86)	1:35.24 (27.61)	2:00.18 (24.94)		
#30 Boys 200 Free Relay Varsity - 'C' Leg 2		1:47.99		1:47.51	(5)	*
	26.83	55.35 (28.52)	1:21.66 (26.31)	1:47.51 (25.85)		
10 Barnhill, Grace - Female - Year: FR						
#15 Girls 50 Free Varsity		26.73		27.37	(3)	3
#33 Girls 100 Back Varsity		1:04.75	CON2	1:06.25	(3)	3
	32.40	1:06.25 (33.85)				
#3 Girls 200 Medley Relay Varsity - 'B' Leg 2		NT		2:04.75	(2)	4
#29 Girls 200 Free Relay Varsity - 'A' Leg 3		1:45.14	CON2	1:46.47	(1)	CON2 8
D2 CONS: 1:49.30Y						
	26.38	53.09 (26.71)	1:20.33 (27.24)	1:46.47 (26.14)		
11 Barnhill, Katie - Female - Year: JR						
#7 Girls 200 Free Varsity		2:00.94	CON2	2:01.09	(3)	CON2 3
D2 CONS: 2:03.10Y						
	28.37	58.94 (30.57)	1:30.13 (31.19)	2:01.09 (30.96)		
#37 Girls 100 Breast Varsity		NT		1:12.32	(1)	CON2 6
D2 CONS: 1:13.10Y						
	34.35	1:12.32 (37.97)				
#3 Girls 200 Medley Relay Varsity - 'A' Leg 3		1:55.54	CON2	2:01.53	(1)	CON2 8
D2 CONS: 2:03.00Y						
#41 Girls 400 Free Relay Varsity - 'A' Leg 2		3:38.99	CIF2	3:48.57	(1)	CON2 8
D2 CONS: 3:57.00Y						
	27.35	56.61 (29.26)	1:23.53 (26.92)	1:52.97 (29.44)		
	2:21.02 (28.05)	2:51.79 (30.77)	3:19.18 (27.39)	3:48.57 (29.39)		

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		<u>Seed</u>		<u>Finals</u>		
Mira Costa High School						
12 Bathurst, Kai - Male - Year: FR						
#12 Boys 200 IM Varsity		1:59.51	CON2	2:07.39	(1)	6
27.10	59.68 (32.58)	1:38.23 (38.55)		2:07.39 (29.16)		
#20 Boys 100 Fly Varsity		54.53	CON2	56.24	(1)	6
26.66	56.24 (29.58)					
#4 Boys 200 Medley Relay Varsity - 'A' Leg 1		1:44.56	CON2	1:45.34	(1)	CON2 8
D2 CONS: 1:46.80Y						
26.18	57.40 (31.22)	1:22.71 (25.31)		1:45.34 (22.63)		
#30 Boys 200 Free Relay Varsity - 'A' Leg 4		1:31.60	CON2	1:33.12	(1)	CON2 8
D2 CONS: 1:35.30Y						
23.62	47.23 (23.61)	1:10.37 (23.14)		1:33.12 (22.75)		
13 Beery, McKenna - Female - Year: SR						
#23 Girls 100 Free Varsity		1:14.93		X1:15.75		
35.85	X1:15.75 (39.90)					
#29 Girls 200 Free Relay Varsity - 'D' Leg 2		NT		X2:10.44		
30.37	1:38.14 (1:07.77)	X2:10.44 (32.30)				
14 Benyair, River - Male - Year: FR						
#22 Boys 100 Free Frosh/Soph		1:00.91		X1:00.06		*
4.86	X1:00.06 (55.20)					
#32 Boys 100 Back Frosh/Soph		1:15.41		1:17.28	(5)	1
37.48	1:17.28 (39.80)					
#2 Boys 200 Medley Relay Frosh/Soph - 'B' Leg 4		NT		1:59.33	(2)	4
32.39	1:03.51 (31.12)	1:33.90 (30.39)		1:59.33 (25.43)		
#28 Boys 200 Free Relay Frosh/Soph - 'A' Leg 4		1:44.53		1:46.36	(1)	8
26.83	53.64 (26.81)	1:19.09 (25.45)		1:46.36 (27.27)		
15 Benz, Megan - Female - Year: SO						
#5 Girls 200 Free Frosh/Soph		2:19.25		2:20.94	(2)	4
33.12	1:09.24 (36.12)	1:46.23 (36.99)		2:20.94 (34.71)		
#13 Girls 50 Free Frosh/Soph		29.27		29.24	(3)	* 3
#1 Girls 200 Medley Relay Frosh/Soph - 'A' Leg 4		2:12.16		2:12.47	(1)	8
#27 Girls 200 Free Relay Frosh/Soph - 'A' Leg 2		1:55.05		1:53.73	(1)	* 8
27.57	57.18 (29.61)	1:27.03 (29.85)		1:53.73 (26.70)		
16 Boden, Cade - Male - Year: SO						
#14 Boys 50 Free Frosh/Soph		NT		X38.05		
17 Braun, Cecelia - Female - Year: FR						
#5 Girls 200 Free Frosh/Soph		2:32.36		2:27.93	(3)	* 3
33.29	1:09.96 (36.67)	1:49.78 (39.82)		2:27.93 (38.15)		
#31 Girls 50 Back Frosh/Soph		37.52		DQ		
#1 Girls 200 Medley Relay Frosh/Soph - 'B' Leg 4		2:22.09		2:21.13	(3)	* 2
#27 Girls 200 Free Relay Frosh/Soph - 'B' Leg 2		2:01.78		2:02.91	(3)	2
31.01	1:01.78 (30.77)	1:32.09 (30.31)		2:02.91 (30.82)		
18 Cafilisch, Francis - Female - Year: JR						
#33 Girls 100 Back Varsity		1:17.54		X1:19.93		
#3 Girls 200 Medley Relay Varsity - 'D' Leg 1		NT		X2:23.92		
#41 Girls 400 Free Relay Varsity - 'D' Leg 3		4:43.14		X4:41.71		*
37.12	1:18.23 (41.11)	1:49.69 (31.46)		2:26.69 (37.00)		
3:34.29 (1:07.60)	4:05.94 (31.65)	X4:41.71 (35.77)				

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19 Campbell, Ian - Male - Year: SR						
#24 Boys 100 Free Varsity		48.54	CON2	48.80	(1)	CON2 6
D2 CONS: 49.80Y						
	23.58	48.80 (25.22)				
#26 Boys 500 Free Varsity		4:58.44	CON2	5:01.73	(2)	CON2 4
D2 CONS: 5:03.00Y						
	26.81	56.35 (29.54)	1:26.79 (30.44)	1:57.39 (30.60)		
	2:28.46 (31.07)	2:59.72 (31.26)	3:30.88 (31.16)	4:02.27 (31.39)		
	4:33.51 (31.24)	5:01.73 (28.22)				
#4 Boys 200 Medley Relay Varsity - 'A' Leg 4		1:44.56	CON2	1:45.34	(1)	CON2 8
D2 CONS: 1:46.80Y						
	26.18	57.40 (31.22)	1:22.71 (25.31)	1:45.34 (22.63)		
#42 Boys 400 Free Relay Varsity - 'A' Leg 3		3:21.79	CON2	3:25.52	(1)	CON2 8
D2 CONS: 3:29.50Y						
	25.40	51.47 (26.07)	1:15.83 (24.36)	1:42.70 (26.87)		
	2:06.47 (23.77)	2:32.49 (26.02)	2:57.64 (25.15)	3:25.52 (27.88)		
20 Chalk, Ethan - Male - Year: SO						
#6 Boys 200 Free Frosh/Soph		2:10.68		2:13.62	(3)	3
	31.05	1:05.38 (34.33)	1:41.01 (35.63)	2:13.62 (32.61)		
#2 Boys 200 Medley Relay Frosh/Soph - 'C' Leg 1		NT		DQ		
	36.04	1:12.78 (36.74)	1:52.26 (39.48)	DQ (22.94)		
21 Chiu, Isabelle - Female - Year: SO						
#17 Girls 50 Fly Frosh/Soph		36.15		36.01	(4)	* 2
#35 Girls 50 Breast Frosh/Soph		37.29		37.63	(1)	6
#1 Girls 200 Medley Relay Frosh/Soph - 'B' Leg 3		2:22.09		2:21.13	(3)	* 2
#39 Girls 400 Free Relay Frosh/Soph - 'B' Leg 2		NT		4:53.27	(5)	
	36.59	1:13.34 (36.75)	1:45.17 (31.83)	2:21.37 (36.20)		
	2:56.75 (35.38)	3:35.30 (38.55)	4:11.65 (36.35)	4:53.27 (41.62)		
22 Cole, Ashley - Female - Year: SO						
#9 Girls 100 IM Frosh/Soph		1:19.24		1:24.35	(6)	
	39.95	1:24.35 (44.40)				
#35 Girls 50 Breast Frosh/Soph		40.03		X41.68		
#1 Girls 200 Medley Relay Frosh/Soph - 'B' Leg 2		2:22.09		2:21.13	(3)	* 2
#27 Girls 200 Free Relay Frosh/Soph - 'B' Leg 4		2:01.78		2:02.91	(3)	2
	31.01	1:01.78 (30.77)	1:32.09 (30.31)	2:02.91 (30.82)		
23 Colmery, Dane - Male - Year: FR						
#6 Boys 200 Free Frosh/Soph		NT		X2:24.33		
		1:08.31 ()	X2:24.33 (1:16.02)			
#2 Boys 200 Medley Relay Frosh/Soph - 'C' Leg 4		NT		DQ		
	36.04	1:12.78 (36.74)	1:52.26 (39.48)	DQ (22.94)		
#28 Boys 200 Free Relay Frosh/Soph - 'B' Leg 2		1:51.20		DQ		
	26.76	55.30 (28.54)	1:24.20 (28.90)	DQ (29.52)		
#40 Boys 400 Free Relay Frosh/Soph - 'C' Leg 2		4:08.30		4:12.10	(5)	
	30.44	1:04.15 (33.71)	1:34.70 (30.55)	2:09.61 (34.91)		
	2:39.83 (30.22)	3:12.12 (32.29)	3:40.74 (28.62)	4:12.10 (31.36)		

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Mira Costa High School							
24 Cook, Liam - Male - Year: SO							
#6 Boys 200 Free Frosh/Soph			2:03.19		2:07.03	(1)	6
	29.41	1:01.52 (32.11)	1:34.70 (33.18)	2:07.03 (32.33)			
#22 Boys 100 Free Frosh/Soph			56.19		57.21	(2)	4
	27.35	57.21 (29.86)					
#2 Boys 200 Medley Relay Frosh/Soph - 'A' Leg 1			1:44.56	CON2	1:59.03	(1)	8
	31.42	1:05.41 (33.99)	1:35.24 (29.83)	1:59.03 (23.79)			
#40 Boys 400 Free Relay Frosh/Soph - 'A' Leg 3			3:47.24		3:52.58	(1)	8
	27.50	58.51 (31.01)	1:26.30 (27.79)	1:56.81 (30.51)			
	2:24.68 (27.87)	2:55.97 (31.29)	3:22.70 (26.73)	3:52.58 (29.88)			
25 Cooper, Nikki - Female - Year: FR							
#33 Girls 100 Back Varsity			1:05.74		1:05.98	(2)	4
	32.74	1:05.98 (33.24)					
#3 Girls 200 Medley Relay Varsity - 'B' Leg 4			NT		2:04.75	(2)	4
#41 Girls 400 Free Relay Varsity - 'B' Leg 1			4:07.17		4:01.40	(3)	* 2
	28.15	57.82 (29.67)	1:27.10 (29.28)	1:58.61 (31.51)			
	2:26.68 (28.07)	2:58.54 (31.86)	3:28.00 (29.46)	4:01.40 (33.40)			
#23 Girls 100 Free Varsity			58.38		59.18	(4)	2
	28.60	59.18 (30.58)					
26 Crisera, Alexandra - Female - Year: FR							
#7 Girls 200 Free Varsity			1:57.49	CON2	1:56.42	(1)	* CON2 6
D2 CONS: 2:03.10Y							
	27.08	56.05 (28.97)	1:26.52 (30.47)	1:56.42 (29.90)			
#19 Girls 100 Fly Varsity			59.28	CON2	1:01.32	(1)	CON2 6
D2 CONS: 1:03.60Y							
	28.69	1:01.32 (32.63)					
#3 Girls 200 Medley Relay Varsity - 'A' Leg 1			1:55.54	CON2	2:01.53	(1)	CON2 8
D2 CONS: 2:03.00Y							
#41 Girls 400 Free Relay Varsity - 'A' Leg 4			3:38.99	CIF2	3:48.57	(1)	CON2 8
D2 CONS: 3:57.00Y							
	27.35	56.61 (29.26)	1:23.53 (26.92)	1:52.97 (29.44)			
	2:21.02 (28.05)	2:51.79 (30.77)	3:19.18 (27.39)	3:48.57 (29.39)			
27 Crow, Soleil - Female - Year: FR							
#13 Girls 50 Free Frosh/Soph			NT		X34.66		
#35 Girls 50 Breast Frosh/Soph			44.88		X43.69		*
#1 Girls 200 Medley Relay Frosh/Soph - 'C' Leg 2			NT		DQ		
28 DaGiau, Peter - Male - Year: SR							
#16 Boys 50 Free Varsity			25.97		X25.39		*
#20 Boys 100 Fly Varsity			1:04.01		X1:03.93		*
	29.48	X1:03.93 (34.45)					
#4 Boys 200 Medley Relay Varsity - 'C' Leg 3			NT		2:00.18	(5)	
	30.77	1:07.63 (36.86)	1:35.24 (27.61)	2:00.18 (24.94)			
#42 Boys 400 Free Relay Varsity - 'B' Leg 2			NT		3:43.86	(4)	
	25.52	53.04 (27.52)	1:19.55 (26.51)	1:49.34 (29.79)			
	2:15.90 (26.56)	2:46.59 (30.69)	3:13.50 (26.91)	3:43.86 (30.36)			
29 Dale, CJ - Male - Year: FR							
#18 Boys 100 Fly Frosh/Soph			NT		X1:16.43		
	36.61	X1:16.43 (39.82)					
#22 Boys 100 Free Frosh/Soph			NT		X1:09.25		
#2 Boys 200 Medley Relay Frosh/Soph - 'C' Leg 3			NT		DQ		
	36.04	1:12.78 (36.74)	1:52.26 (39.48)	DQ (22.94)			
#28 Boys 200 Free Relay Frosh/Soph - 'B' Leg 4			1:51.20		DQ		
	26.76	55.30 (28.54)	1:24.20 (28.90)	DQ (29.52)			

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30 Decker, Jack - Male - Year: FR					
#10 Boys 200 IM Frosh/Soph		NT		2:21.09	(1) 6
	30.95 1:07.41 (36.46)	1:49.11 (41.70)	2:21.09 (31.98)		
#32 Boys 100 Back Frosh/Soph		1:04.82		1:07.93	(1) 6
	32.89 1:07.93 (35.04)				
#28 Boys 200 Free Relay Frosh/Soph - 'A' Leg 1		1:44.53		1:46.36	(1) 8
	26.83 53.64 (26.81)	1:19.09 (25.45)	1:46.36 (27.27)		
#40 Boys 400 Free Relay Frosh/Soph - 'B' Leg 4		3:53.04		3:54.50	(2) 4
	28.98 1:00.34 (31.36)	1:58.72 (58.38)			
	2:27.27 () 2:58.14 (30.87)	3:24.12 (25.98)	3:54.50 (30.38)		
31 Dunne, Aiden - Male - Year: SO					
#22 Boys 100 Free Frosh/Soph		NT		X1:01.50	
	30.02 X1:01.50 (31.48)				
#36 Boys 100 Breast Frosh/Soph		NT		DQ	
#2 Boys 200 Medley Relay Frosh/Soph - 'C' Leg 2		NT		DQ	
	36.04 1:12.78 (36.74)	1:52.26 (39.48)	DQ (22.94)		
32 Falley, Lucas - Male - Year: FR					
#14 Boys 50 Free Frosh/Soph		28.26		27.51	(3) * 3
#22 Boys 100 Free Frosh/Soph		1:03.70		X1:04.00	
	30.65 X1:04.00 (33.35)				
#28 Boys 200 Free Relay Frosh/Soph - 'B' Leg 3		1:51.20		DQ	
	26.76 55.30 (28.54)	1:24.20 (28.90)	DQ (29.52)		
#40 Boys 400 Free Relay Frosh/Soph - 'C' Leg 3		4:08.30		4:12.10	(5)
	30.44 1:04.15 (33.71)	1:34.70 (30.55)	2:09.61 (34.91)		
	2:39.83 (30.22) 3:12.12 (32.29)	3:40.74 (28.62)	4:12.10 (31.36)		
33 Farrell, Riley - Female - Year: FR					
#11 Girls 200 IM Varsity		2:10.46	CIF2	2:16.21	(1) CON2 6
D2 CONS: 2:20.00Y					
	29.01 1:04.80 (35.79)	1:44.20 (39.40)	2:16.21 (32.01)		
#23 Girls 100 Free Varsity		56.36	CON2	56.91	(1) 6
	27.48 56.91 (29.43)				
#3 Girls 200 Medley Relay Varsity - 'A' Leg 4		1:55.54	CON2	2:01.53	(1) CON2 8
D2 CONS: 2:03.00Y					
#29 Girls 200 Free Relay Varsity - 'A' Leg 4		1:45.14	CON2	1:46.47	(1) CON2 8
D2 CONS: 1:49.30Y					
	26.38 53.09 (26.71)	1:20.33 (27.24)	1:46.47 (26.14)		
34 Forman, Emma - Female - Year: FR					
#35 Girls 50 Breast Frosh/Soph		40.79		X39.94	*
35 Gilboy, Annika - Female - Year: SR					
#25 Girls 500 Free Varsity		6:08.72		6:06.97	(4) * 2
	30.83 1:06.30 (35.47)	1:44.14 (37.84)	2:21.81 (37.67)		
	2:59.86 (38.05) 3:37.91 (38.05)	4:16.43 (38.52)	4:54.27 (37.84)		
	5:31.67 (37.40) 6:06.97 (35.30)				
#3 Girls 200 Medley Relay Varsity - 'C' Leg 4		NT		X2:06.66	
#29 Girls 200 Free Relay Varsity - 'C' Leg 1		2:03.81		1:56.69	(4) *
	30.23 59.77 (29.54)	1:29.44 (29.67)	1:56.69 (27.25)		
#41 Girls 400 Free Relay Varsity - 'B' Leg 4		4:07.17		4:01.40	(3) * 2
	28.15 57.82 (29.67)	1:27.10 (29.28)	1:58.61 (31.51)		
	2:26.68 (28.07) 2:58.54 (31.86)	3:28.00 (29.46)	4:01.40 (33.40)		

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		<u>Seed</u>	<u>Finals</u>			
Mira Costa High School						
36 Gonzales, Danielle - Female - Year: JR						
#19 Girls 100 Fly Varsity		1:16.00		X1:15.86	*	
	34.98	X1:15.86 (40.88)				
#33 Girls 100 Back Varsity		1:26.24		X1:23.52	*	
	40.84	X1:23.52 (42.68)				
#29 Girls 200 Free Relay Varsity - 'D' Leg 1		NT		X2:10.44		
	30.37	1:38.14 (1:07.77)	X2:10.44 (32.30)			
37 Griffith, Nate - Male - Year: SR						
#16 Boys 50 Free Varsity		23.80		23.72	(3) * 3	
#24 Boys 100 Free Varsity		51.72		51.60	(4) * 2	
	25.22	51.60 (26.38)				
#30 Boys 200 Free Relay Varsity - 'A' Leg 2		1:31.60	CON2	1:33.12	(1) CON2 8	
D2 CONS: 1:35.30Y						
	23.62	47.23 (23.61)	1:10.37 (23.14)	1:33.12 (22.75)		
#42 Boys 400 Free Relay Varsity - 'A' Leg 4			3:21.79	CON2	3:25.52 (1) CON2 8	
D2 CONS: 3:29.50Y						
	25.40	51.47 (26.07)	1:15.83 (24.36)	1:42.70 (26.87)		
	2:06.47 (23.77)	2:32.49 (26.02)	2:57.64 (25.15)	3:25.52 (27.88)		
38 Griffiths, Hannah - Female - Year: SO						
#17 Girls 50 Fly Frosh/Soph		NT		X42.32		
#1 Girls 200 Medley Relay Frosh/Soph - 'C' Leg 3		NT		DQ		
#27 Girls 200 Free Relay Frosh/Soph - 'C' Leg 4		NT		2:08.01	(5)	
	30.22	1:01.64 (31.42)	1:32.81 (31.17)	2:08.01 (35.20)		
39 Hagstrom, Devon - Male - Year: SO						
#14 Boys 50 Free Frosh/Soph		24.79		24.51	(1) * 6	
#22 Boys 100 Free Frosh/Soph		55.30		55.67	(1) 6	
	26.56	55.67 (29.11)				
#2 Boys 200 Medley Relay Frosh/Soph - 'A' Leg 4		1:44.56	CON2	1:59.03	(1) 8	
	31.42	1:05.41 (33.99)	1:35.24 (29.83)	1:59.03 (23.79)		
#40 Boys 400 Free Relay Frosh/Soph - 'A' Leg 4			3:47.24	3:52.58	(1) 8	
	27.50	58.51 (31.01)	1:26.30 (27.79)	1:56.81 (30.51)		
	2:24.68 (27.87)	2:55.97 (31.29)	3:22.70 (26.73)	3:52.58 (29.88)		
40 Harada Alcantara, Katherine - Female - Year: FR						
#9 Girls 100 IM Frosh/Soph		NT		X1:15.65		
	35.88	X1:15.65 (39.77)				
#21 Girls 100 Free Frosh/Soph		1:07.32		X1:05.98	*	
	31.36	X1:05.98 (34.62)				
#27 Girls 200 Free Relay Frosh/Soph - 'A' Leg 3			1:55.05	1:53.73	(1) * 8	
	27.57	57.18 (29.61)	1:27.03 (29.85)	1:53.73 (26.70)		
#39 Girls 400 Free Relay Frosh/Soph - 'A' Leg 1			4:26.31	4:21.61	(1) * 8	
	31.15	1:05.71 (34.56)	1:37.45 (31.74)	2:12.94 (35.49)		
	2:44.44 (31.50)	3:21.16 (36.72)	3:48.84 (27.68)	4:21.61 (32.77)		
41 Hong, Sydney - Female - Year: SR						
#37 Girls 100 Breast Varsity		1:17.16		X1:20.57		
	38.17	X1:20.57 (42.40)				
#3 Girls 200 Medley Relay Varsity - 'C' Leg 2		NT		X2:06.66		
#29 Girls 200 Free Relay Varsity - 'C' Leg 4			2:03.81	1:56.69	(4) *	
	30.23	59.77 (29.54)	1:29.44 (29.67)	1:56.69 (27.25)		
#41 Girls 400 Free Relay Varsity - 'C' Leg 1			NT	4:16.72	(4)	
	29.90	1:02.73 (32.83)	1:34.42 (31.69)	2:08.10 (33.68)		
	2:40.16 (32.06)	3:15.42 (35.26)	3:45.17 (29.75)	4:16.72 (31.55)		

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Mira Costa High School						
42 Hoye, Joshua - Male - Year: FR						
#10 Boys 200 IM Frosh/Soph			2:31.69		X2:38.91	
	32.51	1:15.17 (42.66)	2:04.85 (49.68)	X2:38.91 (34.06)		
#18 Boys 100 Fly Frosh/Soph			1:06.83		1:10.06	(3) 3
	32.43	1:10.06 (37.63)				
#2 Boys 200 Medley Relay Frosh/Soph - 'B' Leg 3			NT		1:59.33	(2) 4
	32.39	1:03.51 (31.12)	1:33.90 (30.39)	1:59.33 (25.43)		
#40 Boys 400 Free Relay Frosh/Soph - 'C' Leg 1			4:08.30		4:12.10	(5)
	30.44	1:04.15 (33.71)	1:34.70 (30.55)	2:09.61 (34.91)		
	2:39.83 (30.22)	3:12.12 (32.29)	3:40.74 (28.62)	4:12.10 (31.36)		
43 Keegan, Sean - Male - Year: FR						
#26 Boys 500 Free Varsity			NT		5:19.13	(5) 1
	28.84	1:00.49 (31.65)	1:32.29 (31.80)	2:04.98 (32.69)		
	2:37.57 (32.59)	3:10.16 (32.59)	3:43.13 (32.97)	4:15.77 (32.64)		
	4:48.53 (32.76)	5:19.13 (30.60)				
#4 Boys 200 Medley Relay Varsity - 'C' Leg 1			NT		2:00.18	(5)
	30.77	1:07.63 (36.86)	1:35.24 (27.61)	2:00.18 (24.94)		
44 Kennedy, Kaitlyn - Female - Year: SO						
#13 Girls 50 Free Frosh/Soph			NT		Scratched	
#21 Girls 100 Free Frosh/Soph			NT		Scratched	
45 Kittay, Jack - Male - Year: SO						
#12 Boys 200 IM Varsity			2:10.52		2:11.78	(2) 4
	28.16	1:02.19 (34.03)	1:42.22 (40.03)	2:11.78 (29.56)		
#34 Boys 100 Back Varsity			1:01.15		Scratched	
#38 Boys 100 Breast Varsity			1:07.39		1:10.83	(1) 6
	33.21	1:10.83 (37.62)				
#4 Boys 200 Medley Relay Varsity - 'A' Leg 2			1:44.56	CON2	1:45.34	(1) CON2 8
D2 CONS: 1:46.80Y						
	26.18	57.40 (31.22)	1:22.71 (25.31)	1:45.34 (22.63)		
#42 Boys 400 Free Relay Varsity - 'B' Leg 4			NT		3:43.86	(4)
	25.52	53.04 (27.52)	1:19.55 (26.51)	1:49.34 (29.79)		
	2:15.90 (26.56)	2:46.59 (30.69)	3:13.50 (26.91)	3:43.86 (30.36)		
46 Kuehler, Sophie - Female - Year: SO						
#15 Girls 50 Free Varsity			25.75	CON2	26.99	(1) 6
#37 Girls 100 Breast Varsity			1:13.25		1:15.57	(3) 3
	36.08	1:15.57 (39.49)				
#3 Girls 200 Medley Relay Varsity - 'A' Leg 2			1:55.54	CON2	2:01.53	(1) CON2 8
D2 CONS: 2:03.00Y						
#41 Girls 400 Free Relay Varsity - 'A' Leg 3			3:38.99	CIF2	3:48.57	(1) CON2 8
D2 CONS: 3:57.00Y						
	27.35	56.61 (29.26)	1:23.53 (26.92)	1:52.97 (29.44)		
	2:21.02 (28.05)	2:51.79 (30.77)	3:19.18 (27.39)	3:48.57 (29.39)		
47 Le, Chloe - Female - Year: JR						
#15 Girls 50 Free Varsity			29.57		X30.31	
#3 Girls 200 Medley Relay Varsity - 'D' Leg 2			NT		X2:23.92	
#29 Girls 200 Free Relay Varsity - 'C' Leg 3			2:03.81		1:56.69	(4) *
	30.23	59.77 (29.54)	1:29.44 (29.67)	1:56.69 (27.25)		

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Mira Costa High School						
48 Le, Colin - Male - Year: FR						
#16 Boys 50 Free Varsity		22.71		22.74	(1)	6
#26 Boys 500 Free Varsity		NT		5:05.71	(3)	3
	26.83	56.61 (29.78)	1:27.50 (30.89)	1:58.71 (31.21)		
	2:29.85 (31.14)	3:00.89 (31.04)	3:32.68 (31.79)	4:04.73 (32.05)		
	4:36.57 (31.84)	5:05.71 (29.14)				
#4 Boys 200 Medley Relay Varsity - 'B' Leg 4		NT		1:52.64	(2)	4
	28.54	1:02.15 (33.61)	1:29.49 (27.34)	1:52.64 (23.15)		
#30 Boys 200 Free Relay Varsity - 'A' Leg 3		1:31.60	CON2	1:33.12	(1)	CON2 8
D2 CONS: 1:35.30Y						
	23.62	47.23 (23.61)	1:10.37 (23.14)	1:33.12 (22.75)		
49 Lee, Maeve - Female - Year: SR						
#15 Girls 50 Free Varsity		36.07		X36.38		
#29 Girls 200 Free Relay Varsity - 'E' Leg 3		NT		X2:16.51		
	30.00	1:05.24 (35.24)	1:41.50 (36.26)	X2:16.51 (35.01)		
#41 Girls 400 Free Relay Varsity - 'E' Leg 2		5:06.38		X5:01.68		*
	34.48	1:11.17 (36.69)	1:49.41 (38.24)	2:32.30 (42.89)		
	3:45.44 (1:13.14)	4:21.61 (36.17)	X5:01.68 (40.07)			
50 Levin, Alex - Male - Year: SO						
#32 Boys 100 Back Frosh/Soph		1:08.53		1:10.68	(3)	3
	34.79	1:10.68 (35.89)				
#2 Boys 200 Medley Relay Frosh/Soph - 'B' Leg 1		NT		1:59.33	(2)	4
	32.39	1:03.51 (31.12)	1:33.90 (30.39)	1:59.33 (25.43)		
#28 Boys 200 Free Relay Frosh/Soph - 'B' Leg 1		1:51.20		DQ		
	26.76	55.30 (28.54)	1:24.20 (28.90)	DQ (29.52)		
#40 Boys 400 Free Relay Frosh/Soph - 'B' Leg 3		3:53.04		3:54.50	(2)	4
	28.98	1:00.34 (31.36)	1:58.72 (58.38)			
	2:27.27 ()	2:58.14 (30.87)	3:24.12 (25.98)	3:54.50 (30.38)		
51 Lucas, Patrick - Male - Year: SO						
#10 Boys 200 IM Frosh/Soph		2:22.15		2:22.49	(2)	4
	32.40	1:09.72 (37.32)	1:50.26 (40.54)	2:22.49 (32.23)		
#36 Boys 100 Breast Frosh/Soph		1:14.48		1:13.66	(1)	* 6
	35.28	1:13.66 (38.38)				
#2 Boys 200 Medley Relay Frosh/Soph - 'A' Leg 2		1:44.56	CON2	1:59.03	(1)	8
	31.42	1:05.41 (33.99)	1:35.24 (29.83)	1:59.03 (23.79)		
#40 Boys 400 Free Relay Frosh/Soph - 'A' Leg 2		3:47.24		3:52.58	(1)	8
	27.50	58.51 (31.01)	1:26.30 (27.79)	1:56.81 (30.51)		
	2:24.68 (27.87)	2:55.97 (31.29)	3:22.70 (26.73)	3:52.58 (29.88)		
52 Luo, Alex - Male - Year: JR						
#20 Boys 100 Fly Varsity		NT		X1:00.45		
	28.33	X1:00.45 (32.12)				
#34 Boys 100 Back Varsity		1:00.19		1:03.75	(3)	3
	30.68	1:03.75 (33.07)				
#4 Boys 200 Medley Relay Varsity - 'B' Leg 1		NT		1:52.64	(2)	4
	28.54	1:02.15 (33.61)	1:29.49 (27.34)	1:52.64 (23.15)		
#42 Boys 400 Free Relay Varsity - 'B' Leg 3		NT		3:43.86	(4)	
	25.52	53.04 (27.52)	1:19.55 (26.51)	1:49.34 (29.79)		
	2:15.90 (26.56)	2:46.59 (30.69)	3:13.50 (26.91)	3:43.86 (30.36)		

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Mira Costa High School							
53 Lyter, Bryce - Male - Year: JR							
#12 Boys 200 IM Varsity			2:26.48		X2:25.86		*
31.39 1:10.55 (39.16)		1:51.75 (41.20)		X2:25.86 (34.11)			
#38 Boys 100 Breast Varsity			1:13.36		1:15.07 (4)		2
35.04 1:15.07 (40.03)							
#30 Boys 200 Free Relay Varsity - 'C' Leg 1			1:47.99		1:47.51 (5)		*
26.83 55.35 (28.52)		1:21.66 (26.31)		1:47.51 (25.85)			
#42 Boys 400 Free Relay Varsity - 'C' Leg 3			NT		3:55.38 (5)		
28.95 59.97 (31.02)		1:27.01 (27.04)		1:57.29 (30.28)			
2:24.99 (27.70) 2:57.90 (32.91)		3:24.68 (26.78)		3:55.38 (30.70)			
54 Lyter, Camille - Female - Year: FR							
#25 Girls 500 Free Varsity			NT		5:51.16 (2)		4
30.50 1:04.02 (33.52)		1:38.60 (34.58)		2:14.14 (35.54)			
2:50.17 (36.03) 3:26.42 (36.25)		4:03.10 (36.68)		4:40.69 (37.59)			
5:16.84 (36.15) 5:51.16 (34.32)							
#41 Girls 400 Free Relay Varsity - 'B' Leg 2			4:07.17		4:01.40 (3)		* 2
28.15 57.82 (29.67)		1:27.10 (29.28)		1:58.61 (31.51)			
2:26.68 (28.07) 2:58.54 (31.86)		3:28.00 (29.46)		4:01.40 (33.40)			
55 Manyweather, Brianna - Female - Year: SO							
#9 Girls 100 IM Frosh/Soph			1:17.62		1:17.51 (1)		* 6
35.39 1:17.51 (42.12)							
#17 Girls 50 Fly Frosh/Soph			34.15		34.71 (3)		3
#1 Girls 200 Medley Relay Frosh/Soph - 'A' Leg 3			2:12.16		2:12.47 (1)		8
#27 Girls 200 Free Relay Frosh/Soph - 'C' Leg 1			NT		2:08.01 (5)		
30.22 1:01.64 (31.42)		1:32.81 (31.17)		2:08.01 (35.20)			
56 McKeegan, Macy - Female - Year: SR							
#15 Girls 50 Free Varsity			28.20		28.94 (5)		1
#33 Girls 100 Back Varsity			1:08.41		X1:10.08		
33.82 X1:10.08 (36.26)							
#3 Girls 200 Medley Relay Varsity - 'C' Leg 1			NT		X2:06.66		
#29 Girls 200 Free Relay Varsity - 'B' Leg 2			1:52.16		1:49.12 (3)		* CON2 2
D2 CONS: 1:49.30Y							
27.15 55.39 (28.24)		1:22.39 (27.00)		1:49.12 (26.73)			
57 Mohammedi, Yasmeen - Female - Year: JR							
#23 Girls 100 Free Varsity			1:13.66		X1:13.12		*
34.54 X1:13.12 (38.58)							
#29 Girls 200 Free Relay Varsity - 'D' Leg 3			NT		X2:10.44		
30.37 1:38.14 (1:07.77)		X2:10.44 (32.30)					
#41 Girls 400 Free Relay Varsity - 'E' Leg 4			5:06.38		X5:01.68		*
34.48 1:11.17 (36.69)		1:49.41 (38.24)		2:32.30 (42.89)			
3:45.44 (1:13.14) 4:21.61 (36.17)		X5:01.68 (40.07)					
58 Nahabed, Alexander - Male - Year: SO							
#16 Boys 50 Free Varsity			24.27		25.80 (5)		1
#38 Boys 100 Breast Varsity			1:11.91		1:14.03 (2)		4
34.50 1:14.03 (39.53)							
#30 Boys 200 Free Relay Varsity - 'B' Leg 3			1:37.72		1:39.40 (4)		
24.49 49.14 (24.65)		1:14.70 (25.56)		1:39.40 (24.70)			
#42 Boys 400 Free Relay Varsity - 'C' Leg 4			NT		3:55.38 (5)		
28.95 59.97 (31.02)		1:27.01 (27.04)		1:57.29 (30.28)			
2:24.99 (27.70) 2:57.90 (32.91)		3:24.68 (26.78)		3:55.38 (30.70)			

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Mira Costa High School					
59 Nerad, Emma - Female - Year: JR					
#15 Girls 50 Free Varsity		30.94		X30.07	*
#25 Girls 500 Free Varsity		6:09.46		X6:33.76	
	34.62	1:13.27 (38.65)	1:52.08 (38.81)	2:32.51 (40.43)	
	3:12.29 (39.78)	3:53.26 (40.97)	4:34.24 (40.98)	5:15.34 (41.10)	
	5:55.20 (39.86)	X6:33.76 (38.56)			
#41 Girls 400 Free Relay Varsity - 'C' Leg 3		NT		4:16.72	(4)
	29.90	1:02.73 (32.83)	1:34.42 (31.69)	2:08.10 (33.68)	
	2:40.16 (32.06)	3:15.42 (35.26)	3:45.17 (29.75)	4:16.72 (31.55)	
60 Nguyen, Uyen - Female - Year: SO					
#5 Girls 200 Free Frosh/Soph		2:41.34		X2:47.14	
	38.11	1:21.22 (43.11)	2:05.56 (44.34)	X2:47.14 (41.58)	
#35 Girls 50 Breast Frosh/Soph		37.94		40.30	(5) 1
#1 Girls 200 Medley Relay Frosh/Soph - 'A' Leg 2		2:12.16		2:12.47	(1) 8
#27 Girls 200 Free Relay Frosh/Soph - 'C' Leg 3		NT		2:08.01	(5)
	30.22	1:01.64 (31.42)	1:32.81 (31.17)	2:08.01 (35.20)	
61 Nguyen, Yen - Female - Year: SR					
#19 Girls 100 Fly Varsity		1:04.06		1:05.24	(3) 3
	29.97	1:05.24 (35.27)			
#37 Girls 100 Breast Varsity		1:16.31		1:14.56	(2) * 4
	35.14	1:14.56 (39.42)			
#3 Girls 200 Medley Relay Varsity - 'C' Leg 3		NT		X2:06.66	
#29 Girls 200 Free Relay Varsity - 'A' Leg 1		1:45.14	CON2	1:46.47	(1) CON2 8
D2 CONS: 1:49.30Y					
	26.38	53.09 (26.71)	1:20.33 (27.24)	1:46.47 (26.14)	
62 Nielsen, Lauren - Female - Year: JR					
#7 Girls 200 Free Varsity		2:00.14	CON2	2:00.68	(2) CON2 4
D2 CONS: 2:03.10Y					
	28.94	59.87 (30.93)	1:30.55 (30.68)	2:00.68 (30.13)	
#19 Girls 100 Fly Varsity		NT		1:02.12	(2) CON2 4
D2 CONS: 1:03.60Y					
	29.04	1:02.12 (33.08)			
#29 Girls 200 Free Relay Varsity - 'A' Leg 2		1:45.14	CON2	1:46.47	(1) CON2 8
D2 CONS: 1:49.30Y					
	26.38	53.09 (26.71)	1:20.33 (27.24)	1:46.47 (26.14)	
#41 Girls 400 Free Relay Varsity - 'A' Leg 1		3:38.99	CIF2	3:48.57	(1) CON2 8
D2 CONS: 3:57.00Y					
	27.35	56.61 (29.26)	1:23.53 (26.92)	1:52.97 (29.44)	
	2:21.02 (28.05)	2:51.79 (30.77)	3:19.18 (27.39)	3:48.57 (29.39)	
63 Noddings, Cayden - Male - Year: SO					
#18 Boys 100 Fly Frosh/Soph		1:09.57		1:08.16	(2) * 4
	29.15	1:08.16 (39.01)			
#36 Boys 100 Breast Frosh/Soph		1:16.08		1:13.87	(2) * 4
	34.27	1:13.87 (39.60)			
#2 Boys 200 Medley Relay Frosh/Soph - 'B' Leg 2		NT		1:59.33	(2) 4
	32.39	1:03.51 (31.12)	1:33.90 (30.39)	1:59.33 (25.43)	
#40 Boys 400 Free Relay Frosh/Soph - 'B' Leg 1		3:53.04		3:54.50	(2) 4
	28.98	1:00.34 (31.36)	1:58.72 (58.38)		
	2:27.27 ()	2:58.14 (30.87)	3:24.12 (25.98)	3:54.50 (30.38)	

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		<u>Seed</u>	<u>Finals</u>		
Mira Costa High School					
64 Noh, Jasmine - Female - Year: SO					
#9 Girls 100 IM Frosh/Soph		1:21.26	1:22.23	(5)	1
	38.41	1:22.23 (43.82)			
#17 Girls 50 Fly Frosh/Soph		36.25	37.19	(6)	
#39 Girls 400 Free Relay Frosh/Soph - 'B' Leg 3		NT	4:53.27	(5)	
	36.59	1:13.34 (36.75)	1:45.17 (31.83)	2:21.37 (36.20)	
	2:56.75 (35.38)	3:35.30 (38.55)	4:11.65 (36.35)	4:53.27 (41.62)	
65 O'Brien, Shannon - Female - Year: JR					
#11 Girls 200 IM Varsity		2:19.51	CON2	2:23.66	(2) 4
	30.45	1:05.93 (35.48)	1:51.46 (45.53)	2:23.66 (32.20)	
#33 Girls 100 Back Varsity		1:02.92	CON2	1:02.76	(1) * CON2 6
D2 CONS: 1:05.30Y					
	31.18	1:02.76 (31.58)			
#3 Girls 200 Medley Relay Varsity - 'B' Leg 3		NT	2:04.75	(2)	4
#29 Girls 200 Free Relay Varsity - 'B' Leg 1		1:52.16	1:49.12	(3)	* CON2 2
D2 CONS: 1:49.30Y					
	27.15	55.39 (28.24)	1:22.39 (27.00)	1:49.12 (26.73)	
66 Otto, Madison - Female - Year: JR					
#23 Girls 100 Free Varsity		NT	X1:15.61		
	36.45	X1:15.61 (39.16)			
#3 Girls 200 Medley Relay Varsity - 'D' Leg 3		NT	X2:23.92		
#29 Girls 200 Free Relay Varsity - 'E' Leg 2		NT	X2:16.51		
	30.00	1:05.24 (35.24)	1:41.50 (36.26)	X2:16.51 (35.01)	
#41 Girls 400 Free Relay Varsity - 'D' Leg 1		4:43.14	X4:41.71		*
	37.12	1:18.23 (41.11)	1:49.69 (31.46)	2:26.69 (37.00)	
	3:34.29 (1:07.60)	4:05.94 (31.65)	X4:41.71 (35.77)		
67 Pardon, Finn - Male - Year: SR					
#8 Boys 200 Free Varsity		1:57.10	1:59.42	(5)	1
	28.91	59.80 (30.89)	1:30.63 (30.83)	1:59.42 (28.79)	
#24 Boys 100 Free Varsity		54.01	X54.79		
	26.98	X54.79 (27.81)			
#4 Boys 200 Medley Relay Varsity - 'B' Leg 2		NT	1:52.64	(2)	4
	28.54	1:02.15 (33.61)	1:29.49 (27.34)	1:52.64 (23.15)	
68 Payne, Alli - Female - Year: JR					
#23 Girls 100 Free Varsity		1:01.81	X1:01.98		
	30.27	X1:01.98 (31.71)			
#41 Girls 400 Free Relay Varsity - 'C' Leg 4		NT	4:16.72	(4)	
	29.90	1:02.73 (32.83)	1:34.42 (31.69)	2:08.10 (33.68)	
	2:40.16 (32.06)	3:15.42 (35.26)	3:45.17 (29.75)	4:16.72 (31.55)	
69 Real, Anna - Female - Year: JR					
#19 Girls 100 Fly Varsity		1:21.88	X1:20.57		*
	38.11	X1:20.57 (42.46)			
#41 Girls 400 Free Relay Varsity - 'E' Leg 3		5:06.38	X5:01.68		*
	34.48	1:11.17 (36.69)	1:49.41 (38.24)	2:32.30 (42.89)	
	3:45.44 (1:13.14)	4:21.61 (36.17)	X5:01.68 (40.07)		
70 Reimanis, Daina - Female - Year: JR					
#7 Girls 200 Free Varsity		2:23.76	Scratched		
71 Riverin, Juliana - Female - Year: SR					
#37 Girls 100 Breast Varsity		1:25.06	X1:39.44		
	47.51	X1:39.44 (51.93)			
#29 Girls 200 Free Relay Varsity - 'E' Leg 4		NT	X2:16.51		
	30.00	1:05.24 (35.24)	1:41.50 (36.26)	X2:16.51 (35.01)	

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Mira Costa High School					
72 Samuels, Charlotte - Female - Year: FR					
#13 Girls 50 Free Frosh/Soph	30.04	29.20	(2)	*	4
#21 Girls 100 Free Frosh/Soph	1:06.65	1:06.69	(2)		4
4.70 1:06.69 (1:01.99)					
#27 Girls 200 Free Relay Frosh/Soph - 'B' Leg 3	2:01.78	2:02.91	(3)		2
31.01 1:01.78 (30.77)	1:32.09 (30.31)	2:02.91 (30.82)			
#39 Girls 400 Free Relay Frosh/Soph - 'A' Leg 3	4:26.31	4:21.61	(1)	*	8
31.15 1:05.71 (34.56)	1:37.45 (31.74)	2:12.94 (35.49)			
2:44.44 (31.50) 3:21.16 (36.72)	3:48.84 (27.68)	4:21.61 (32.77)			
73 Schafirovitch, Alex - Male - Year: JR					
#24 Boys 100 Free Varsity	59.78	X57.01		*	
27.21 X57.01 (29.80)					
#30 Boys 200 Free Relay Varsity - 'C' Leg 4	1:47.99	1:47.51	(5)	*	
26.83 55.35 (28.52)	1:21.66 (26.31)	1:47.51 (25.85)			
#42 Boys 400 Free Relay Varsity - 'C' Leg 2	NT	3:55.38	(5)		
28.95 59.97 (31.02)	1:27.01 (27.04)	1:57.29 (30.28)			
2:24.99 (27.70) 2:57.90 (32.91)	3:24.68 (26.78)	3:55.38 (30.70)			
74 Seth, Emily - Female - Year: JR					
#25 Girls 500 Free Varsity	6:07.06	6:10.02	(5)		1
32.41 1:08.09 (35.68)	1:45.10 (37.01)	2:22.23 (37.13)			
2:59.98 (37.75) 3:38.02 (38.04)	4:15.84 (37.82)	4:54.66 (38.82)			
5:32.61 (37.95) 6:10.02 (37.41)					
#3 Girls 200 Medley Relay Varsity - 'D' Leg 4	NT	X2:23.92			
#41 Girls 400 Free Relay Varsity - 'D' Leg 4	4:43.14	X4:41.71		*	
37.12 1:18.23 (41.11)	1:49.69 (31.46)	2:26.69 (37.00)			
3:34.29 (1:07.60) 4:05.94 (31.65)	X4:41.71 (35.77)				
75 Slater, AJ - Male - Year: FR					
#6 Boys 200 Free Frosh/Soph	2:08.68	2:20.34	(6)		
30.17 1:06.89 (36.72)	2:20.34 (1:13.45)				
#22 Boys 100 Free Frosh/Soph	59.23	57.81	(3)	*	3
4.43 57.81 (53.38)					
#28 Boys 200 Free Relay Frosh/Soph - 'A' Leg 2	1:44.53	1:46.36	(1)		8
26.83 53.64 (26.81)	1:19.09 (25.45)	1:46.36 (27.27)			
#40 Boys 400 Free Relay Frosh/Soph - 'B' Leg 2	3:53.04	3:54.50	(2)		4
28.98 1:00.34 (31.36)	1:58.72 (58.38)				
2:27.27 () 2:58.14 (30.87)	3:24.12 (25.98)	3:54.50 (30.38)			
76 Staso, Stephanie - Female - Year: FR					
#9 Girls 100 IM Frosh/Soph	NT	DQ			
#31 Girls 50 Back Frosh/Soph	NT	X38.65			
#1 Girls 200 Medley Relay Frosh/Soph - 'C' Leg 1	NT	DQ			
77 Stone, Mona - Female - Year: SO					
#5 Girls 200 Free Frosh/Soph	NT	2:14.13	(1)		6
30.20 1:04.80 (34.60)	1:40.49 (35.69)	2:14.13 (33.64)			
#21 Girls 100 Free Frosh/Soph	58.50	1:00.18	(1)		6
28.56 1:00.18 (31.62)					
#27 Girls 200 Free Relay Frosh/Soph - 'A' Leg 1	1:55.05	1:53.73	(1)	*	8
27.57 57.18 (29.61)	1:27.03 (29.85)	1:53.73 (26.70)			
#39 Girls 400 Free Relay Frosh/Soph - 'A' Leg 4	4:26.31	4:21.61	(1)	*	8
31.15 1:05.71 (34.56)	1:37.45 (31.74)	2:12.94 (35.49)			
2:44.44 (31.50) 3:21.16 (36.72)	3:48.84 (27.68)	4:21.61 (32.77)			

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Mira Costa High School						
78 Terry, Joshua - Male - Year: FR						
#14 Boys 50 Free Frosh/Soph		25.86		25.46	(2)	* 4
#32 Boys 100 Back Frosh/Soph		1:20.92		X1:07.73		*
33.00 X1:07.73 (34.73)						
#28 Boys 200 Free Relay Frosh/Soph - 'A' Leg 3		1:44.53		1:46.36	(1)	8
26.83 53.64 (26.81)	1:19.09 (25.45)		1:46.36 (27.27)			
#40 Boys 400 Free Relay Frosh/Soph - 'A' Leg 1		3:47.24		3:52.58	(1)	8
27.50 58.51 (31.01)	1:26.30 (27.79)		1:56.81 (30.51)			
2:24.68 (27.87) 2:55.97 (31.29)	3:22.70 (26.73)		3:52.58 (29.88)			
79 Trodd, Ella - Female - Year: FR						
#11 Girls 200 IM Varsity		2:27.29		2:29.03	(3)	3
32.58 1:09.94 (37.36)	1:55.83 (45.89)		2:29.03 (33.20)			
#23 Girls 100 Free Varsity		57.47		58.58	(2)	4
28.40 58.58 (30.18)						
#3 Girls 200 Medley Relay Varsity - 'B' Leg 1		NT		2:04.75	(2)	4
#29 Girls 200 Free Relay Varsity - 'B' Leg 4		1:52.16		1:49.12	(3)	* CON2 2
D2 CONS: 1:49.30Y						
27.15 55.39 (28.24)	1:22.39 (27.00)		1:49.12 (26.73)			
80 Troeger, Sara - Female - Year: SR						
#7 Girls 200 Free Varsity		2:09.19		X2:14.06		
29.74 1:03.75 (34.01)	1:38.66 (34.91)		X2:14.06 (35.40)			
#29 Girls 200 Free Relay Varsity - 'B' Leg 3		1:52.16		1:49.12	(3)	* CON2 2
D2 CONS: 1:49.30Y						
27.15 55.39 (28.24)	1:22.39 (27.00)		1:49.12 (26.73)			
#41 Girls 400 Free Relay Varsity - 'B' Leg 3		4:07.17		4:01.40	(3)	* 2
28.15 57.82 (29.67)	1:27.10 (29.28)		1:58.61 (31.51)			
2:26.68 (28.07) 2:58.54 (31.86)	3:28.00 (29.46)		4:01.40 (33.40)			
81 Van Dusen, Alyssa - Female - Year: FR						
#9 Girls 100 IM Frosh/Soph		NT		DQ		
#13 Girls 50 Free Frosh/Soph		NT		X32.86		
#35 Girls 50 Breast Frosh/Soph		NT		Scratched		
#1 Girls 200 Medley Relay Frosh/Soph - 'C' Leg 4		NT		DQ		
82 Warnecke, Mark - Male - Year: JR						
#8 Boys 200 Free Varsity		1:49.49	CON2	1:51.98	(2)	4
4.94 26.73 (21.79)	55.02 (28.29)		1:51.98 (56.96)			
#24 Boys 100 Free Varsity		52.16		51.94	(5)	* 1
24.88 51.94 (27.06)						
#30 Boys 200 Free Relay Varsity - 'B' Leg 1		1:37.72		1:39.40	(4)	
24.49 49.14 (24.65)	1:14.70 (25.56)		1:39.40 (24.70)			
#42 Boys 400 Free Relay Varsity - 'A' Leg 2		3:21.79	CON2	3:25.52	(1)	CON2 8
D2 CONS: 3:29.50Y						
25.40 51.47 (26.07)	1:15.83 (24.36)		1:42.70 (26.87)			
2:06.47 (23.77) 2:32.49 (26.02)	2:57.64 (25.15)		3:25.52 (27.88)			
83 Wergeles, Sammy - Female - Year: SO						
#21 Girls 100 Free Frosh/Soph		1:04.59		NS		
#39 Girls 400 Free Relay Frosh/Soph - 'A' Leg 2		4:26.31		4:21.61	(1)	* 8
31.15 1:05.71 (34.56)	1:37.45 (31.74)		2:12.94 (35.49)			
2:44.44 (31.50) 3:21.16 (36.72)	3:48.84 (27.68)		4:21.61 (32.77)			

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		<u>Seed</u>	<u>Finals</u>		
Mira Costa High School					
84 White, Andrew - Male - Year: SO					
#20 Boys 100 Fly Varsity		55.52		57.00 (2)	4
26.91	57.00 (30.09)				
#34 Boys 100 Back Varsity		55.57 CON2		58.00 (2)	CON2 4
D2 CONS: 58.20Y					
28.85	58.00 (29.15)				
#30 Boys 200 Free Relay Varsity - 'A' Leg 1		1:31.60 CON2		1:33.12 (1)	CON2 8
D2 CONS: 1:35.30Y					
23.62	47.23 (23.61)	1:10.37 (23.14)	1:33.12 (22.75)		
#42 Boys 400 Free Relay Varsity - 'A' Leg 1		3:21.79 CON2		3:25.52 (1)	CON2 8
D2 CONS: 3:29.50Y					
25.40	51.47 (26.07)	1:15.83 (24.36)	1:42.70 (26.87)		
2:06.47 (23.77)	2:32.49 (26.02)	2:57.64 (25.15)	3:25.52 (27.88)		
85 White, Spencer - Male - Year: SR					
#16 Boys 50 Free Varsity		25.09		X25.29	
#24 Boys 100 Free Varsity		57.85		X56.63	*
27.33	X56.63 (29.30)				
#4 Boys 200 Medley Relay Varsity - 'C' Leg 4		NT		2:00.18 (5)	
30.77	1:07.63 (36.86)	1:35.24 (27.61)	2:00.18 (24.94)		
#30 Boys 200 Free Relay Varsity - 'B' Leg 2		1:37.72		1:39.40 (4)	
24.49	49.14 (24.65)	1:14.70 (25.56)	1:39.40 (24.70)		
86 Woicik, Matt - Male - Year: SR					
#8 Boys 200 Free Varsity		1:47.86 CON2		1:50.38 (1)	CON2 6
D2 CONS: 1:50.50Y					
26.30	54.61 (28.31)	1:22.97 (28.36)	1:50.38 (27.41)		
#34 Boys 100 Back Varsity		NT		57.06 (1)	CON2 6
D2 CONS: 58.20Y					
28.05	57.06 (29.01)				
#4 Boys 200 Medley Relay Varsity - 'A' Leg 3		1:44.56 CON2		1:45.34 (1)	CON2 8
D2 CONS: 1:46.80Y					
26.18	57.40 (31.22)	1:22.71 (25.31)	1:45.34 (22.63)		
#30 Boys 200 Free Relay Varsity - 'B' Leg 4		1:37.72		1:39.40 (4)	
24.49	49.14 (24.65)	1:14.70 (25.56)	1:39.40 (24.70)		
87 Wu, Jasmine - Female - Year: SO					
#31 Girls 50 Back Frosh/Soph		30.80		31.84 (1)	6
#35 Girls 50 Breast Frosh/Soph		NT		38.86 (2)	4
#1 Girls 200 Medley Relay Frosh/Soph - 'A' Leg 1		2:12.16		2:12.47 (1)	8
#27 Girls 200 Free Relay Frosh/Soph - 'A' Leg 4		1:55.05		1:53.73 (1)	* 8
27.57	57.18 (29.61)	1:27.03 (29.85)	1:53.73 (26.70)		
Relay	Seed	Prelims	Finals		
1 Mira Costa High School - 'A'					
#1 Girls 200 Medley Relay Frosh/Soph	2:12.16		2:12.47 (1)	8	
Jasmine Wu SO, Uyen Nguyen SO, Brianna Manyweather SO, Megan Benz SO					
2 Mira Costa High School - 'B'					
#1 Girls 200 Medley Relay Frosh/Soph	2:22.09		2:21.13 (3)	* 2	
Natasha Anders FR, Ashley Cole SO, Isabelle Chiu SO, Cecelia Braun FR					
3 Mira Costa High School - 'C'					
#1 Girls 200 Medley Relay Frosh/Soph	NT		DQ		
Stephanie Staso FR, Soleil Crow FR, Hannah Griffiths SO, Alyssa Van Dusen FR					
4 Mira Costa High School - 'A'					
#2 Boys 200 Medley Relay Frosh/Soph	1:44.56 CON2		1:59.03 (1)	8	
Liam Cook SO, Patrick Lucas SO, Diego Almendariz FR, Devon Hagstrom SO					
31.42	1:05.41 (33.99)	1:35.24 (29.83)	1:59.03 (23.79)		

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Relay	Seed	Prelims	Finals
Mira Costa High School			
5 Mira Costa High School - 'B' #2 Boys 200 Medley Relay Frosh/Soph Alex Levin SO, Kenneth Noddings SO, Joshua Hoye FR, River Benyair FR	NT	1:59.33 (25.43)	(2) 4
	32.39 1:03.51 (31.12) 1:33.90 (30.39)		
6 Mira Costa High School - 'C' #2 Boys 200 Medley Relay Frosh/Soph Ethan Chalk SO, Aiden Dunne SO, CJ Dale FR, Dane Colmery FR	NT		DQ
7 Mira Costa High School - 'A' #3 Girls 200 Medley Relay Varsity D2 CONS: 2:03.00Y Alexandra Crisera FR, Sophia Kuehler SO, Katie Barnhill JR, Riley Farrell FR	1:55.54 CON2		2:01.53 (1) CON2 8
8 Mira Costa High School - 'B' #3 Girls 200 Medley Relay Varsity Ella Trodd FR, Grace Barnhill FR, Shannon O'Brien JR, Nikki Cooper FR	NT		2:04.75 (2) 4
9 Mira Costa High School - 'C' #3 Girls 200 Medley Relay Varsity Macy McKeegan SR, Sydney Hong SR, Yen Nguyen SR, Annika Gilboy SR	NT		X2:06.66
10 Mira Costa High School - 'D' #3 Girls 200 Medley Relay Varsity Francis Cafilisch JR, Chloe Le JR, Madison Otto JR, Emily Seth JR	NT		X2:23.92
11 Mira Costa High School - 'A' #4 Boys 200 Medley Relay Varsity D2 CONS: 1:46.80Y Christian Bathurst FR, Jack Kittay SO, Matt Woicik SR, Ian Campbell SR	1:44.56 CON2	26.18 57.40 (31.22) 1:22.71 (25.31) 1:45.34 (22.63)	1:45.34 (1) CON2 8
12 Mira Costa High School - 'B' #4 Boys 200 Medley Relay Varsity Alex Luo JR, Finn Pardon SR, Henry Anthony SO, Colin Le FR	NT		1:52.64 (2) 4
	28.54 1:02.15 (33.61) 1:29.49 (27.34) 1:52.64 (23.15)		
13 Mira Costa High School - 'C' #4 Boys 200 Medley Relay Varsity Sean Keegan FR, Shane Balzer JR, Peter DaGiau SR, Spencer White SR	NT		2:00.18 (5)
	30.77 1:07.63 (36.86) 1:35.24 (27.61) 2:00.18 (24.94)		
14 Mira Costa High School - 'A' #27 Girls 200 Freestyle Relay Frosh/Sop Mona Stone SO, Megan Benz SO, Katherine Harada Alcantara FR, Jasmine Wu SO	1:55.05		1:53.73 (1) * 8
	27.57 57.18 (29.61) 1:27.03 (29.85) 1:53.73 (26.70)		
15 Mira Costa High School - 'B' #27 Girls 200 Freestyle Relay Frosh/Sop Mallie Axelrad FR, Cecelia Braun FR, Charlotte Samuels FR, Ashley Cole SO	2:01.78		2:02.91 (3) 2
	31.01 1:01.78 (30.77) 1:32.09 (30.31) 2:02.91 (30.82)		
16 Mira Costa High School - 'C' #27 Girls 200 Freestyle Relay Frosh/Sop Brianna Manyweather SO, Natasha Anders FR, Uyen Nguyen SO, Hannah Griffiths SO	NT		2:08.01 (5)
	30.22 1:01.64 (31.42) 1:32.81 (31.17) 2:08.01 (35.20)		
17 Mira Costa High School - 'A' #28 Boys 200 Freestyle Relay Frosh/Sop Jack Decker FR, AJ Slater FR, Joshua Terry FR, River Benyair FR	1:44.53		1:46.36 (1) 8
	26.83 53.64 (26.81) 1:19.09 (25.45) 1:46.36 (27.27)		
18 Mira Costa High School - 'B' #28 Boys 200 Freestyle Relay Frosh/Sop Alex Levin SO, Dane Colmery FR, Lucas Falley FR, CJ Dale FR	1:51.20		DQ

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Relay	Seed	Prelims	Finals
Mira Costa High School			
19 Mira Costa High School - 'A' #29 Girls 200 Freestyle Relay Varsity D2 CONS: 1:49.30Y Yen Nguyen SR, Lauren Nielsen JR, Grace Barnhill FR, Riley Farrell FR	1:45.14	CON2	1:46.47 (1) CON2 8
	26.38 53.09 (26.71)	1:20.33 (27.24)	1:46.47 (26.14)
20 Mira Costa High School - 'B' #29 Girls 200 Freestyle Relay Varsity D2 CONS: 1:49.30Y Shannon O'Brien JR, Macy McKeegan SR, Sara Troeger SR, Ella Trodd FR	1:52.16		1:49.12 (3) * CON2 2
	27.15 55.39 (28.24)	1:22.39 (27.00)	1:49.12 (26.73)
21 Mira Costa High School - 'C' #29 Girls 200 Freestyle Relay Varsity Annika Gilboy SR, Sydney Avery JR, Chloe Le JR, Sydney Hong SR	2:03.81		1:56.69 (4) *
	30.23 59.77 (29.54)	1:29.44 (29.67)	1:56.69 (27.25)
22 Mira Costa High School - 'D' #29 Girls 200 Freestyle Relay Varsity Danielle Gonzales JR, McKenna Beery SR, Yasmeen Mohammedi JR, Emma Anderson JR	NT		X2:10.44
	30.37 1:38.14 (1:07.77)	X2:10.44 (32.30)	
23 Mira Costa High School - 'E' #29 Girls 200 Freestyle Relay Varsity Carolein Abdelmalak JR, Madison Otto JR, Maeve Lee SR, Juliana Riverin SR	NT		X2:16.51
	30.00 1:05.24 (35.24)	1:41.50 (36.26)	X2:16.51 (35.01)
24 Mira Costa High School - 'A' #30 Boys 200 Freestyle Relay Varsity D2 CONS: 1:35.30Y Andrew White SO, Nate Griffith SR, Colin Le FR, Christian Bathurst FR	1:31.60	CON2	1:33.12 (1) CON2 8
	23.62 47.23 (23.61)	1:10.37 (23.14)	1:33.12 (22.75)
25 Mira Costa High School - 'B' #30 Boys 200 Freestyle Relay Varsity Mark Warnecke JR, Spencer White SR, Alexander Nahabed SO, Matt Woicik SR	1:37.72		1:39.40 (4)
	24.49 49.14 (24.65)	1:14.70 (25.56)	1:39.40 (24.70)
26 Mira Costa High School - 'C' #30 Boys 200 Freestyle Relay Varsity Bryce Lyter JR, Shane Balzer JR, Philip Aleksich JR, Alex Schafirovitch JR	1:47.99		1:47.51 (5) *
	26.83 55.35 (28.52)	1:21.66 (26.31)	1:47.51 (25.85)
27 Mira Costa High School - 'A' #39 Girls 400 Freestyle Relay Frosh/Sop Katherine Harada Alcantara FR, Sammy Wergeles SO, Charlotte Samuels FR, Mona Stone SO	4:26.31		4:21.61 (1) * 8
	31.15 1:05.71 (34.56)	1:37.45 (31.74)	2:12.94 (35.49)
	2:44.44 (31.50)	3:21.16 (36.72)	3:48.84 (27.68)
			4:21.61 (32.77)
28 Mira Costa High School - 'B' #39 Girls 400 Freestyle Relay Frosh/Sop Natasha Anders FR, Isabelle Chiu SO, Jasmine Noh SO, Mallie Axelrad FR	NT		4:53.27 (5)
	36.59 1:13.34 (36.75)	1:45.17 (31.83)	2:21.37 (36.20)
	2:56.75 (35.38)	3:35.30 (38.55)	4:11.65 (36.35)
			4:53.27 (41.62)
29 Mira Costa High School - 'A' #40 Boys 400 Freestyle Relay Frosh/Sop Joshua Terry FR, Patrick Lucas SO, Liam Cook SO, Devon Hagstrom SO	3:47.24		3:52.58 (1) 8
	27.50 58.51 (31.01)	1:26.30 (27.79)	1:56.81 (30.51)
	2:24.68 (27.87)	2:55.97 (31.29)	3:22.70 (26.73)
			3:52.58 (29.88)

2016 MCHS v. Palos Verdes HS - 4/21/2016
Mira Costa High School, Manhattan Beach CA

- Meet Summary

Relay	Seed	Prelims	Finals
Mira Costa High School			
30 Mira Costa High School - 'B'			
#40 Boys 400 Freestyle Relay Frosh/Sof	3:53.04		3:54.50 (2) 4
Kenneth Noddings SO, AJ Slater FR, Alex Levin SO, Jack Decker FR			
28.98 1:00.34 (31.36) 1:58.72 (58.38)			
2:27.27 () 2:58.14 (30.87) 3:24.12 (25.98) 3:54.50 (30.38)			
31 Mira Costa High School - 'C'			
#40 Boys 400 Freestyle Relay Frosh/Sof	4:08.30		4:12.10 (5)
Joshua Hoye FR, Dane Colmery FR, Lucas Falley FR, Diego Almendariz FR			
30.44 1:04.15 (33.71) 1:34.70 (30.55) 2:09.61 (34.91)			
2:39.83 (30.22) 3:12.12 (32.29) 3:40.74 (28.62) 4:12.10 (31.36)			
32 Mira Costa High School - 'A'			
#41 Girls 400 Freestyle Relay Varsity	3:38.99 CIF2		3:48.57 (1) CON2 8
D2 CONS: 3:57.00Y			
Lauren Nielsen JR, Katie Barnhill JR, Sophia Kuehler SO, Alexandra Crisera FR			
27.35 56.61 (29.26) 1:23.53 (26.92) 1:52.97 (29.44)			
2:21.02 (28.05) 2:51.79 (30.77) 3:19.18 (27.39) 3:48.57 (29.39)			
33 Mira Costa High School - 'B'			
#41 Girls 400 Freestyle Relay Varsity	4:07.17		4:01.40 (3) * 2
Nikki Cooper FR, Camille Lyter FR, Sara Troeger SR, Annika Gilboy SR			
28.15 57.82 (29.67) 1:27.10 (29.28) 1:58.61 (31.51)			
2:26.68 (28.07) 2:58.54 (31.86) 3:28.00 (29.46) 4:01.40 (33.40)			
34 Mira Costa High School - 'C'			
#41 Girls 400 Freestyle Relay Varsity	NT		4:16.72 (4)
Sydney Hong SR, Sydney Avery JR, Emma Nerad JR, Alli Payne JR			
29.90 1:02.73 (32.83) 1:34.42 (31.69) 2:08.10 (33.68)			
2:40.16 (32.06) 3:15.42 (35.26) 3:45.17 (29.75) 4:16.72 (31.55)			
35 Mira Costa High School - 'D'			
#41 Girls 400 Freestyle Relay Varsity	4:43.14		X4:41.71 *
Madison Otto JR, Carolein Abdelmalak JR, Francis Caflisch JR, Emily Seth JR			
37.12 1:18.23 (41.11) 1:49.69 (31.46) 2:26.69 (37.00)			
3:34.29 (1:07.60) 4:05.94 (31.65) X4:41.71 (35.77)			
36 Mira Costa High School - 'E'			
#41 Girls 400 Freestyle Relay Varsity	5:06.38		X5:01.68 *
Emma Anderson JR, Maeve Lee SR, Anna Real JR, Yasmeen Mohammedi JR			
34.48 1:11.17 (36.69) 1:49.41 (38.24) 2:32.30 (42.89)			
3:45.44 (1:13.14) 4:21.61 (36.17) X5:01.68 (40.07)			
37 Mira Costa High School - 'A'			
#42 Boys 400 Freestyle Relay Varsity	3:21.79 CON2		3:25.52 (1) CON2 8
D2 CONS: 3:29.50Y			
Andrew White SO, Mark Warnecke JR, Ian Campbell SR, Nate Griffith SR			
25.40 51.47 (26.07) 1:15.83 (24.36) 1:42.70 (26.87)			
2:06.47 (23.77) 2:32.49 (26.02) 2:57.64 (25.15) 3:25.52 (27.88)			
38 Mira Costa High School - 'B'			
#42 Boys 400 Freestyle Relay Varsity	NT		3:43.86 (4)
Henry Anthony SO, Peter DaGiau SR, Alex Luo JR, Jack Kittay SO			
25.52 53.04 (27.52) 1:19.55 (26.51) 1:49.34 (29.79)			
2:15.90 (26.56) 2:46.59 (30.69) 3:13.50 (26.91) 3:43.86 (30.36)			
39 Mira Costa High School - 'C'			
#42 Boys 400 Freestyle Relay Varsity	NT		3:55.38 (5)
Philip Aleksich JR, Alex Schafirovitch JR, Bryce Lyter JR, Alexander Nahabed SO			
28.95 59.97 (31.02) 1:27.01 (27.04) 1:57.29 (30.28)			
2:24.99 (27.70) 2:57.90 (32.91) 3:24.68 (26.78) 3:55.38 (30.70)			
Mira Costa High School Total Individual Entries: 303 - Total Relays: 39			