

PLAYER OF THE YEAR

# SARAH SHELDON

WILSON, SENIOR, UTILITY



STEPHEN CARR — STAFF PHOTOGRAPHER

**By Tyler Hendrickson**  
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At 6-foot-2, Sarah Sheldon is the area's most imposing girls water polo figure in or out of the water. The Moore League Player of the Year and All-CIF-SS Division first-team selection towered over her league competition this season, rounding out a tremendous four-year career at Wilson High.

And for the second year in a row, a Wilson Bruin soon to be a UCLA Bruin is the Press-Telegram Dream Team Player of the Year in girls water polo.

"It was a fantastic four years, not only watching myself grow, but the team as a whole grow," Sheldon says. "Individually, I felt each year I got better. I was able to fine tune the skills I need for the next level."

As good as she was as a high school player, it's Sheldon's potential that makes her truly special.

"At 6-foot-2 as a girl in water polo, the sky is the limit for her," says Wilson head coach Jeff Nesmith. "She's not at her peak yet. Her peak is going to come later as her strength and coordination progress. I'm looking forward to seeing her develop at UCLA."

She will team up with last year's Dream Team Player of the Year, Alexis Angermund, who has been getting plenty of playing time as a freshman in Westwood.

"I'm stoked," says Sheldon. "Just a couple weeks ago seeing (UCLA) beat Stanford and being ranked No. 1, it's great to be able to go to a program like that. It will be great to play with Alexis again. We've been playing together for a long time, so it'll be good to have a friendly face up there."

## COACH OF THE YEAR

**PETER KEMP**, Cerritos

The Cerritos Dons had two clear goals for the 2014-15 season: to bring the San Gabriel Valley League title back from Warren and to advance beyond the quarterfinals of the CIF-SS playoffs. Kemp's senior-laden squad was 2 for 2 on those goals, putting together one of the best seasons in program history.

A thrilling win over Ayala in the quarterfinals got the Dons over a three-year quarterfinal hump, ensuring a semifinal trip in their first season after moving up to Division 4. Cerritos finished the year 20-12, and won as many playoff games as the rest of the area's teams combined.

