

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

### WOMEN 18-24

26.79	Kelly Gouldson	3/18/01
57.41	Kelly Gouldson	3/18/01
2:04.85	Kelly Gouldson	3/18/01
5:32.11	Kelsey Holmberg	4/10/05
11:11.62	Kelsey Holmberg	4/10/05
22:36.02	Garen Mattioda	3/14/03
32.10	Angela Fults	4/23/06
1:07.87	Angela Coburn	5/18/07
2:24.77	Angela Coburn	5/20/07
35.12	Angela Coburn	5/18/07
1:15.31	Angela Coburn	5/20/07
2:41.73	Angela Coburn	5/19/07
30.36	Kelly Gouldson	3/18/01
1:08.97	Hillary Madson	4/10/05
2:35.10	Hillary Madson	4/23/06
1:07.54	Angela Coburn	5/19/07
2:28.00	Angela Fults	4/23/06
5:04.01	Kelsey Holmberg	4/10/05
42:26.43	Hillary Madson	10/31/04
4570 yds	Kelly Gouldson	1/31/01
3:37.25	Christina Wilkinson	2/7/04
39:22.11	Lindsey Husk	12/9/07

### WOMEN 25-29

26.83	Kelly Gouldson	4/4/04
58.11	Kelly Gouldson	4/4/04
1:59.45	Sara Quan	5/17/02
5:08.39	Sara Quan	5/17/02
10:37.01	Sara Quan	02
17:20.92	Sara Quan	5/14/02
29.53	Tori Eisenbeis	4/7/02
1:03.11	Tori Eisenbeis	4/7/02
2:17.75	Tori Eisenbeis	3/18/01
35.48	Sara Quan	00
1:13.18	Sara Quan	3/18/01
2:43.00	Sara Quan	02
28.56	Tamara Houston	4/23/06
1:04.03	Tamara Houston	4/23/06
2:18.59	Sara Quan	4/7/02
1:04.72	Sara Quan	4/7/02
2:12.01	Sara Quan	5/17/02
4:39.73	Sara Quan	5/17/02
33:37.75	Sara Quan	10/31/02
1:10:44.87	Sara Quan	10/31/00
5310 yds	Sara Quan	1/31/00
6:48.63	Sara Quan	00

### WOMEN 30-34

25.56	Amy Ward	4/10/05
55.58	Amy Ward	4/10/05
2:01.81	Amy Ward	4/10/05
5:35.83	Sara Nelson	5/20/07
11:15.25	Sara Nelson	5/17/07
18:57.69	Amy Halligan	5/17/01
30.85	Tori Barber	4/27/06
1:05.60	Tori Barber	4/27/06
2:20.43	Tori Barber	4/27/06
34.41	Cathy Imwalle	84
1:15.43	Cathy Imwalle & Tara Godlo	84 & 4/23/06
2:43.09	Sara Nelson	5/19/07
28.52	Amy Ward	4/10/05
1:05.45	Jenny Marine	4/10/05
2:25.37	Jenny Marine	2/27/05
1:07.63	Sara Quan	4/4/04
2:23.87	Sara Nelson	5/20/07
5:01.54	Sara Nelson	12/9/07
34:51.96	Sara Quan	10/31/04
1:10:15.56	Sara Quan	10/31/04
5125 yds	Sara Quan	1/31/03
3:17.08	Michelle Morrell	97
19:59.99	Andie Pape	12/9/07
27:31.57	Sara Nelson	12/9/07

### MEN 18-24

50 Yd. Free	20.41	Mike Burton	4/9/00
100 Yd. Free	46.14	Mike Burton	4/9/00
200 Yd. Free	2:05.77	Nathan Collins	1/28/15
500 Yd. Free	6:56.89	Will Steinhaff	11/15/08
1000 Yd. Free	14:09.29	Will Steinhaff	11/15/08
1650 Yd. Free	23:32.59	Will Steinhaff	11/15/08
50 Yd. Back	29.64	David Wellman	4/4/04
100 Yd. Back	1:02.43	David Wellman	4/27/03
200 Yd. Back	2:20.57	Nathan Collins	4/11/15
50 Yd. Breast	25.64	Mike Burton	4/9/00
100 Yd. Breast	55.86	Mike Burton	4/9/00
200 Yd. Breast			
50 Yd. Fly	27.94	Nathan Collins	1/28/15
100 Yd. Fly	1:03.28	David Wellman	3/16/03
200 Yd. Fly			
100 Yd. I. M.	1:03.84	David Wellman	4/27/03
200 Yd. I. M.	1:59.37	Mike Burton	4/9/00
400 Yd. I. M.			
3000 Yd. Free	43:22.99	Will Steinhaff	11/15/08
6000 Yd. Free			
1 hr Yd. Free	3750 yds	David Wellman	1/31/04
300 Yd. Pentathlon			
600 Yd. Pentathlon			
1200 Yd. Pentathlon			
2250 Yd. Brute			

### MEN 25-29

50 Yd. Free	22.58	Phil Reget	99
100 Yd. Free	50.90	Phil Reget	99
200 Yd. Free	1:49.55	Tim Farrington	4/18/09
500 Yd. Free	5:01.38	Kerry Classen	4/7/02
1000 Yd. Free	10:17.78	Kerry Classen	4/7/02
1650 Yd. Free	17:10.82	Kerry Classen	4/5/02
50 Yd. Back	28.55	Chris Clark	12/9/07
100 Yd. Back	1:09.49	Eric Smith	99
200 Yd. Back	2:31.06	Scot Elliott	2/22/04
50 Yd. Breast	30.39	Greg Welch	98
100 Yd. Breast	1:07.21	Phil Reget	99
200 Yd. Breast	2:33.32	Phil Reget	99
50 Yd. Fly	26.39	Chris Clark	12/9/07
100 Yd. Fly	54.31	Tim Farrington	4/18/09
200 Yd. Fly	2:41.43	Brian Hemphill	3/14/04
100 Yd. I. M.	1:00.90	Greg Welch	98
200 Yd. I. M.	2:02.93	Tim Farrington	4/18/09
400 Yd. I. M.	4:30.44	Tim Farrington	4/17/09
3000 Yd. Free	39:25.81	Greg Welch	10/31/99
6000 Yd. Free			
1 hr Yd. Free	4540 yds	Greg Welch	1/31/99
300 Yd. Pentathlon	2:57.07	Greg Welch	99
600 Yd. Pentathlon			
1200 Yd. Pentathlon			
2250 Yd. Brute			

### MEN 30-34

50 Yd. Free	22.71	Wil Fitzpatrick	5/20/07
100 Yd. Free	49.44	Wil Fitzpatrick	5/19/07
200 Yd. Free	1:52.75	Phil Reget	4/9/00
500 Yd. Free	5:13.13	Scot Elliott	5/20/07
1000 Yd. Free	10:54.35	Scot Elliott	4/22/06
1650 Yd. Free	18:20.16	Scot Elliott	5/17/07
50 Yd. Back	26.62	Wil Fitzpatrick	5/19/07
100 Yd. Back	56.45	Wil Fitzpatrick	5/18/07
200 Yd. Back	2:30.25	Rob Higley	4/9/00
50 Yd. Breast	30.81	Joe Daniels	4/23/06
100 Yd. Breast	1:06.84	Scot Elliott	4/21/07
200 Yd. Breast	2:25.37	Scot Elliott	4/23/06
50 Yd. Fly	25.66	Kevin Sivertson	4/10/05
100 Yd. Fly	56.07	Kevin Sivertson	4/10/05
200 Yd. Fly	2:15.02	Scot Elliott	5/19/07
100 Yd. I. M.	58.66	Steve Mann	84
200 Yd. I. M.	2:16.74	Scot Elliott	4/18/09
400 Yd. I. M.	4:34.13	Scot Elliott	4/21/06
3000 Yd. Free	38:20.09	Dave Cloninger	10/31/04
6000 Yd. Free			
1 hr Yd. Free	4590 yds	Dave Cloninger	1/31/04
300 Yd. Pentathlon			
600 Yd. Pentathlon	7:21.17	Rob Higley	99
1200 Yd. Pentathlon			
2250 Yd. Brute			

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

### WOMEN 35-39

24.72	Kristine Senkier	5/8/09
56.34	Kristine Senkier	4/21/07
2:00.03	Kristine Senkier	5/8/09
5:28.27	Kristine Senkier	5/7/09
10:53.86	Kristine Senkier	5/7/09
19:51.95	Amy Holcomb	4/7/17
29.46	Kristine Senkier	5/9/09
1:02.12	Kristine Senkier	5/8/09
2:12.56	Kristine Senkier	5/9/09
32.17	Jayna Tomac	5/3/08
1:09.52	Jayna Tomac	5/2/08
2:35.27	Jayna Tomac	5/4/08
29.02	Karen Allen & Amy Ward	5/16/99 & 4/3/1
1:05.42	Stacey Kiefer	4/8/17
2:40.66	Cheryl Morgen	4/23/06
1:05.55	Jayna Tomac	5/3/08
2:22.65	Jayna Tomac	5/4/08
5:16.43	Stacey Kiefer	4/7/17
39:16.99	Sara Nelson	1/29/12
1:28:58.99	Elizabeth Strausbaugh	11/15/12
5090 yds	Sara Nelson	1/31/08
3:39.12	Gillian Salton	12/9/07
38:37.97	Dara Gaskin	12/9/07

### WOMEN 40-44

26.57	Karen Allen	4/4/04
58.68	Kelly Giebelhaus	4/9/17
2:04.95	Stephanie Schultz	5/8/09
5:32.49	Jayna Tomac	5/3/14
11:27.54	Jayna Tomac	5/1/14
19:04.09	Jayna Tomac	5/1/14
31.43	Barb Harris	4/9/00
1:09.17	Barb Harris	4/9/00
2:30.44	Sara Nelson	4/9/17
32.11	Jayna Tomac	5/4/14
1:09.85	Jayna Tomac	5/2/14
2:33.95	Jayna Tomac	5/3/14
28.83	Barb Harris	4/9/00
1:06.57	Stephanie Schultz	5/9/09
2:51.91	Joanie Krehbiel	4/23/06
1:07.49	Barb Harris	4/9/00
2:23.60	Jayna Tomac	4/5/14
5:05.97	Sara Nelson	4/7/17
37:24.30	Jayna Tomac	11/15/12
1:18:57.28	Jayna Tomac	11/15/12
4620 yds	Stephanie Schultz	1/31/10
4:22.61	Jackie Wursta	12/9/07
31:20.10	Kris Denney	12/9/07

### WOMEN 45-49

28.57	Cheryl Morgen	4/8/17
1:02.10	Mary Sweat	4/23/06
2:13.88	Mary Sweat	4/22/06
5:44.18	Mary Sweat	4/23/06
11:45.91	Mary Sweat	4/22/06
19:15.01	Mary Sweat	4/21/06
31.38	Gillian Salton	4/8/17
1:09.18	Gillian Salton	4/9/17
2:30.06	Gillian Salton	4/9/17
32.78	Jayna Tomac	4/8/17
1:11.29	Jayna Tomac	4/8/17
3:26.57	Cynthia Shoemaker	3/18/01
29.80	Cheryl Morgen	4/9/17
1:08.82	Cheryl Morgen	4/8/17
2:43.21	Cheryl Morgen	4/9/17
1:11.14	Cathy Imwalle	4/9/95
2:41.81	Gillian Salton	4/8/17
5:33.00	Cathy Imwalle	4/9/95
37:40.21	Mary Sweat	10/31/03
1:17:27.00	Mary Sweat	10/31/04
4755 yds	Karen Matson	1/28/07
4:14.14	Cynthia Shoemaker	10:28.00

### MEN 35-39

50 Yd. Free	23.21	Hardy Lussier	3/14/04
100 Yd. Free	49.77	Hardy Lussier	4/4/04
200 Yd. Free	1:51.08	Tim Nelson	5/17/02
500 Yd. Free	4:56.17	Tim Nelson	5/17/02
1000 Yd. Free	10:01.95	Tim Nelson	5/17/02
1650 Yd. Free	17:23.62	Tim Nelson	4/5/02
50 Yd. Back	27.24	Wil Fitzpatrick	4/18/09
100 Yd. Back	57.86	Wil Fitzpatrick	4/19/09
200 Yd. Back	2:21.67	Hardy Lussier	3/14/04
50 Yd. Breast	27.71	Stephen Williams	4/23/06
100 Yd. Breast	1:03.14	Stephen Williams	4/23/06
200 Yd. Breast	2:18.78	Hardy Lussier	03
50 Yd. Fly	24.74	Stephen Williams	4/23/06
100 Yd. Fly	56.87	Jacob Swinn	5/19/19
200 Yd. Fly	2:13.99	Chris Tujo	4/10/10
100 Yd. I. M.	58.74	Hardy Lussier	3/16/03
200 Yd. I. M.	2:02.53	Hardy Lussier	4/4/04
400 Yd. I. M.	4:25.04	Hardy Lussier	4/4/04
3000 Yd. Free	34:23.87	Tim Nelson	10/31/02
6000 Yd. Free	1:16:07.87	Rob Higley	10/31/02
1 hr Yd. Free	5230 yds	Tim Nelson	1/31/02
300 Yd. Pentathlon			
600 Yd. Pentathlon	7:08.00	Rob Higley	10/28/00
1200 Yd. Pentathlon	14:37.46	Chris Tujo	3/20/10
2250 Yd. Brute			

### MEN 40-44

50 Yd. Free	23.74	Jim Ivelich	4/21/07
100 Yd. Free	50.17	Hardy Lussier	4/23/06
200 Yd. Free	1:48.54	Hardy Lussier	4/21/07
500 Yd. Free	5:28.68	Tim Nelson	4/22/06
1000 Yd. Free	10:59.89	Tim Nelson	4/21/06
1650 Yd. Free	18:37.67	Tim Nelson	4/21/07
50 Yd. Back	27.36	Matt Gilman	4/8/17
100 Yd. Back	1:00.16	Steve Mann	5/16/94
200 Yd. Back	2:06.38	Matt Gilman	4/9/17
50 Yd. Breast	29.99	Hardy Lussier	4/18/09
100 Yd. Breast	1:04.93	Hardy Lussier	4/19/09
200 Yd. Breast	2:21.55	Matt Gilman	4/8/17
50 Yd. Fly	26.57	Steve Mann	1/18/97
100 Yd. Fly	56.01	Hardy Lussier	4/23/06
200 Yd. Fly	2:04.65	Hardy Lussier	4/23/06
100 Yd. I. M.	57.11	Hardy Lussier	4/23/06
200 Yd. I. M.	2:02.43	Hardy Lussier	4/23/06
400 Yd. I. M.	4:42.80	Hardy Lussier	12/9/07
3000 Yd. Free	34:24.29	Hardy Lussier	1/28/07
6000 Yd. Free	1:25:54.21	Mike Douglas	1/31/02
1 hr Yd. Free	5255 yds	Hardy Lussier	1/28/07
300 Yd. Pentathlon	2:53.20	Steve Mann	97
600 Yd. Pentathlon	6:40.82	Chris Tujo	3/10/12
1200 Yd. Pentathlon	18:03.87	Steve Wursta	12/9/07
2250 Yd. Brute	25:47.12	Hardy Lussier	12/9/07

### MEN 45-49

50 Yd. Free	23.45	Mike Tennant	03
100 Yd. Free	51.78	Mike Tennant	4/27/03
200 Yd. Free	1:51.28	Tom Fristoe	4/18/09
500 Yd. Free	5:22.94	Doug Asbury	4/10/05
1000 Yd. Free	11:12.75	Darren Kling	4/11/14
1650 Yd. Free	18:54.13	Doug Asbury	4/10/05
50 Yd. Back	28.11	Steve Mann	98
100 Yd. Back	1:01.53	Steve Mann	97
200 Yd. Back	2:13.74	Darren Kling	4/11/15
50 Yd. Breast	29.04	Tom Fristoe	4/19/09
100 Yd. Breast	1:01.19	Tom Fristoe	4/19/09
200 Yd. Breast	2:09.29	Tom Fristoe	5/8/09
50 Yd. Fly	27.12	Steve Mann	98
100 Yd. Fly	58.54	Tom Fristoe	5/8/09
200 Yd. Fly	2:23.35	Kris Calvin	4/10/10
100 Yd. I. M.	1:01.25	Mike Riley	4/22/07
200 Yd. I. M.	1:58.77	Tom Fristoe	5/9/09
400 Yd. I. M.	4:17.81	Tom Fristoe	5/8/09
3000 Yd. Free	32:30.99	Hardy Lussier	1/29/12
6000 Yd. Free	1:07:40.99	Hardy Lussier	11/15/12
1 hr Yd. Free	5515 yds	Hardy Lussier	1/29/12
300 Yd. Pentathlon	2:52.75	Steve Mann	98
600 Yd. Pentathlon	6:44.78	Mike Tennant	3/10/02
1200 Yd. Pentathlon			
2250 Yd. Brute			

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

### WOMEN 50-54

14.02	Barb Harris	6/21/14
26.99	Denise Stuntzner	5/2/14
58.48	Denise Stuntzner	5/3/14
2:09.31	Denise Stuntzner	5/4/14
6:20.30	Cathy Imwalle	4/2/04
13:26.87	Cathy Imwalle	1/31/04
22:09.32	Cathy Imwalle	1/31/04
16.95	Barb Harris	6/21/14
34.22	Teri Hendryx	5/18/07
1:14.64	Teri Hendryx	5/18/07
2:43.19	Teri Hendryx	4/23/06
19.26	Barb Harris	6/21/14
35.13	Cathy Imwalle	01
1:17.34	Cathy Imwalle	01
2:51.03	Cathy Imwalle	01
14.91	Barb Harris	6/21/14
29.08	Denise Stuntzner	5/4/14
1:04.42	Denise Stuntzner	5/2/14
2:26.07	Denise Stuntzner	5/3/14
1:11.52	Cathy Imwalle	01
2:36.37	Cathy Imwalle	01
5:42.91	Cathy Imwalle	4/9/00
40:15.99	Gillian Salton	11/11/18
1:43:12.06	Jani Sutherland	10/31/02
4170 yds	Cathy Imwalle	1/31/03
4:11.52	Jani Sutherland	3/10/02

### MEN 50-54

25 Yd. Free	13.00	Tim Nelson	6/11/16
50 Yd. Free	23.32	Mike Tennant	5/2/04
100 Yd. Free	51.76	Mike Tennant	2/7/04
200 Yd. Free	1:50.19	Hardy Lussier	4/8/17
500 Yd. Free	5:01.36	Hardy Lussier	4/9/17
1000 Yd. Free	10:38.53	Hardy Lussier	4/7/17
1650 Yd. Free	17:32.00	Hardy Lussier	4/7/17
25 Yd. Back	17.26	Tim Nelson	6/11/16
50 Yd. Back	27.90	Peter Metzger	4/22/07
100 Yd. Back	1:01.06	Peter Metzger	4/22/07
200 Yd. Back	2:22.30	Steve Mann	4/23/06
25 Yd. Breast	16.95	Tim Nelson	6/11/16
50 Yd. Breast	32.80	Peter Metzger	4/22/07
100 Yd. Breast	1:12.06	Gary Oliver	4/19/09
200 Yd. Breast	2:37.59	Gary Oliver	4/18/09
25 Yd. Fly	13.95	Tim Nelson	6/11/16
50 Yd. Fly	27.09	Peter Metzger	4/21/07
100 Yd. Fly	1:02.50	Mike Tennant	2/7/04
200 Yd. Fly	2:40.32	Mike Tennant	1/24/04
100 Yd. I. M.	1:02.11	Peter Metzger	4/21/07
200 Yd. I. M.	2:18.43	Mike Tennant	2/7/04
400 Yd. I. M.	5:01.66	Gary Oliver	4/17/09
3000 Yd. Free	33:35.59	Hardy Lussier	10/28/18
6000 Yd. Free	1:07:25.99	Hardy Lussier	11/11/18
1 hr Yd. Free	5325 yds	Hardy Lussier	11/11/18
300 Yd. Pentathlon	3:32.92	Ron Kaufmann	3/20/10
600 Yd. Pentathlon	6:37.89	Mike Tennant	2/7/04
1200 Yd. Pentathlon			
2250 Yd. Brute			

### WOMEN 55-59

14.46	Barb Harris	6/20/15
30.56	MJ DeWolf	4/12/14
1:05.86	Cathy Imwalle	4/10/05
2:19.53	Cathy Imwalle	4/23/06
6:13.64	Cathy Imwalle	4/10/05
13:06.09	Cathy Imwalle	4/22/06
24:42.29	Deborah Hodesson	4/20/07
17.99	Barb Harris	6/20/15
36.36	Cathy Imwalle	4/23/06
1:17.14	Cathy Imwalle	4/23/06
2:53.39	Teri Hendryx	4/18/09
19.95	Barb Harris	6/20/15
37.02	Cathy Imwalle	4/23/06
1:19.39	Cathy Imwalle	4/10/05
2:56.89	Cathy Imwalle	4/23/06
15.41	Barb Harris	6/20/15
35.82	Cathy Imwalle	4/10/05
1:33.08	Pam Himstreet	99
3:27.87	Pam Himstreet	5/17/99
1:13.04	Cathy Imwalle	4/10/05
2:37.42	Cathy Imwalle	4/10/05
6:20.19	Madeleine Holmberg	4/17/09
41:44.99	Betsy Hanson	11/11/18
1:25:05.99	Kerri Roussain	11/11/18
4310 yds	Cathy Imwalle	1/31/09
45:05.54	Kathy DeGree	12/9/07

### MEN 55-59

25 Yd. Free			
50 Yd. Free	22.90	Mike Tennant	4/18/09
100 Yd. Free	51.21	Mike Tennant	4/11/09
200 Yd. Free	1:58.62	Mike Tennant	4/11/09
500 Yd. Free	5:41.55	Tom Landis	5/17/99
1000 Yd. Free	11:58.59	Tom Landis	5/17/99
1650 Yd. Free	19:47.01	Tom Landis	5/17/99
25 Yd. Back	23.97	Walt Carter	6/21/14
50 Yd. Back	28.62	Peter Metzger	4/5/14
100 Yd. Back	1:02.46	Peter Metzger	4/3/11
200 Yd. Back	2:22.74	Peter Metzger	4/5/14
25 Yd. Breast			
50 Yd. Breast	31.86	Steve Mann	4/11/10
100 Yd. Breast	1:09.84	Mike Tennant	4/19/09
200 Yd. Breast	2:41.07	Steve Furness	4/8/17
25 Yd. Fly	21.02	Walt Carter	6/21/14
50 Yd. Fly	27.04	Mike Tennant	4/19/09
100 Yd. Fly	1:01.91	Mike Tennant	4/18/09
200 Yd. Fly	2:58.93	Bob Bruce	12/9/07
100 Yd. I. M.	1:01.23	Mike Tennant	4/19/09
200 Yd. I. M.	2:22.75	Steve Mann	4/18/09
400 Yd. I. M.	5:14.79	Bob Bruce	4/9/05
3000 Yd. Free	37:24.69	Bob Bruce	10/31/03
6000 Yd. Free	1:16:55.03	Bob Bruce	10/31/03
1 hr Yd. Free	4710 yds	Bob Bruce	1/31/04
300 Yd. Pentathlon	2:58.30	Steve Mann	3/21/09
600 Yd. Pentathlon	7:23.19	Tom Landis	10/28/00
1200 Yd. Pentathlon	17:14.92	Bob Bruce	12/9/07
2250 Yd. Brute	30:42.49	Bob Bruce	12/9/07

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

### WOMEN 60-64

30.58	Janet Gettling	4/29/11
1:09.34	Janet Gettling	4/10/11
2:51.49	Madeleine Holmberg	6/21/14
7:13.54	Madeleine Holmberg	6/21/14
15:35.99	Claudia Coke	11/11/18
26:07.99	Claudia Coke	11/11/18
38.95	Deb Douglas	4/11/15
1:31.50	Linda Carstens	4/9/17
3:19.40	Linda Carstens	4/9/17
38.84	Christy Hartman	4/5/14
1:25.96	Janet Gettling	4/29/11
3:16.15	Janet Gettling	4/9/11
17.97	Madeleine Holmberg	6/21/14
35.96	Janet Gettling	4/9/11
1:23.79	Janet Gettling	5/1/11
3:14.01	Janet Gettling	4/3/11
1:19.31	Janet Gettling	4/9/11
3:03.62	Janet Gettling	4/2/11
6:29.56	Janet Gettling	4/1/11
48:18.99	Claudia Coke	11/11/18
3260 yds	Jeannie Groesz	1/28/12
4:54.15	Peggie Hodge	3/10/02
10:29.42	Peggie Hodge	2/7/04

### WOMEN 65-69

31.04	Janet Gettling	5/2/14
1:12.67	Janet Gettling	4/12/14
3:21.71	Jeannie Groesz	4/12/15
8:35.14	Jeannie Groesz	4/12/15
17:31.58	Jeannie Groesz	4/11/15
32:25.97	Peggie Hodge	4/10/05
38.82	Janet Gettling	4/5/14
1:50.09	Jeannie Groesz	4/12/15
4:35.93	Kaleo Schroder	4/27/03
18.44	Janet Gettling	6/20/15
38.68	Janet Gettling	4/5/14
1:28.34	Janet Gettling	4/6/14
3:17.21	Janet Gettling	5/3/14
37.35	Janet Gettling	4/9/17
1:27.31	Janet Gettling	4/5/14
3:14.31	Janet Gettling	4/6/14
1:22.25	Janet Gettling	4/29/17
3:03.89	Janet Gettling	5/4/14
6:39.97	Janet Gettling	4/4/14
58:50.99	Peggie Hodge	10/31/05
2980 yds	Judy Ziemer	1/31/10
10:49.30	Peggie Hodge	3/11/06

### MEN 60-64

25 Yd. Free	13.08	Kermit Yensen	6/21/14
50 Yd. Free	24.29	Mike Tennant	4/5/14
100 Yd. Free	54.26	Tom Landis	5/18/03
200 Yd. Free	2:00.59	Tom Landis	4/14/02
500 Yd. Free	5:35.28	Tom Landis	4/14/02
1000 Yd. Free	11:34.34	Tom Landis	5/17/02
1650 Yd. Free	19:18.93	Tom Landis	5/17/02
25 Yd. Back			
50 Yd. Back	30.64	Doug Brockbank	4/11/15
100 Yd. Back	1:10.63	Steve Mann	4/12/15
200 Yd. Back	2:35.16	Bob Bruce	3/21/09
25 Yd. Breast	23.65	Walt Carter	6/20/15
50 Yd. Breast	33.84	Steve Mann	4/8/17
100 Yd. Breast	1:15.55	Steve Mann	4/12/15
200 Yd. Breast	2:49.28	Bob Bruce	3/21/09
25 Yd. Fly	14.20	Kermit Yensen	6/21/14
50 Yd. Fly	28.30	Mike Tennant	4/6/14
100 Yd. Fly	1:06.65	Mike Tennant	4/5/14
200 Yd. Fly	2:42.60	Bob Bruce	3/21/09
100 Yd. I. M.	1:03.51	Mike Tennant	4/6/14
200 Yd. I. M.	2:24.89	Tom Landis	5/18/03
400 Yd. I. M.	5:24.15	Bob Bruce	3/21/09
3000 Yd. Free	38:21.13	Bob Bruce	10/15/09
6000 Yd. Free	1:18:10.29	Bob Bruce	9/15/09
1 hr Yd. Free	4645 yds	Tom Landis	1/28/07
300 Yd. Pentathlon	3:17.94	George Thayer	4/27/96
600 Yd. Pentathlon	7:20.13	Bob Bruce	3/20/10
1200 Yd. Pentathlon	15:41.15	Bob Bruce	3/21/09
2250 Yd. Brute			

### MEN 65-69

25 Yd. Free	13.47	Bob Bruce	6/20/15
50 Yd. Free	24.90	Tom Landis	5/2/08
100 Yd. Free	54.53	Tom Landis	5/19/07
200 Yd. Free	2:01.36	Tom Landis	5/18/07
500 Yd. Free	5:37.64	Tom Landis	5/20/07
1000 Yd. Free	11:41.40	Tom Landis	5/17/07
1650 Yd. Free	19:16.25	Tom Landis	5/17/07
25 Yd. Back	16.86	Bob Bruce	6/20/15
50 Yd. Back	32.55	Bob Bruce	5/10/13
100 Yd. Back	1:11.59	Bob Bruce	5/12/13
200 Yd. Back	2:41.59	Bob Bruce	5/11/13
25 Yd. Breast	17.09	Bob Bruce	6/20/15
50 Yd. Breast	36.79	Bob Bruce	4/14/13
100 Yd. Breast	1:22.88	Bob Bruce	4/14/13
200 Yd. Breast	3:01.23	Bob Bruce	4/13/13
25 Yd. Fly	14.60	Bob Bruce	6/20/15
50 Yd. Fly	30.06	Tom Landis	3/10/12
100 Yd. Fly	1:07.11	Tom Landis	4/21/07
200 Yd. Fly			
100 Yd. I. M.	1:06.23	Tom Landis	5/3/08
200 Yd. I. M.	2:28.22	Tom Landis	4/22/07
400 Yd. I. M.	5:19.23	Tom Landis	5/18/07
3000 Yd. Free	38:51.03	Tom Landis	11/15/08
6000 Yd. Free	1:21:56.99	Tom Landis	10/26/08
1 hr Yd. Free	4680 yds	Tom Landis	1/31/08
300 Yd. Pentathlon	3:23.04	Tom Landis	3/10/12
600 Yd. Pentathlon	7:28.61	Tom Landis	3/21/09
1200 Yd. Pentathlon			
2250 Yd. Brute			

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

<b>WOMEN 70-74</b>			<b>MEN 70-74</b>			
20.73	Peggy Whiter	6/11/16	<b>25 Yd. Free</b>	15.31	Mike Garibaldi	6/11/16
32.02	Janet Gettling	4/27/19	<b>50 Yd. Free</b>	26.54	Tom Landis	4/28/12
1:15.89	Janet Gettling	1/27/19	<b>100 Yd. Free</b>	58.29	Tom Landis	4/29/12
3:00.17	Janet Gettling	1/27/19	<b>200 Yd. Free</b>	2:08.68	Tom Landis	4/27/12
7:45.93	Janet Gettling	1/27/19	<b>500 Yd. Free</b>	6:00.54	Tom Landis	4/29/12
15:33.92	Janet Gettling	1/27/19	<b>1000 Yd. Free</b>	12:20.51	Tom Landis	5/9/13
			<b>1650 Yd. Free</b>	20:49.51	Tom Landis	4/26/12
27.99	Peggy Whiter	6/11/16	<b>25 Yd. Back</b>			
39.48	Janet Gettling	1/27/19	<b>50 Yd. Back</b>	34.40	Bob Bruce	1/27/19
1:33.26	Janet Gettling	4/28/19	<b>100 Yd. Back</b>	1:15.36	Bob Bruce	5/18/19
4:36.07	Bev L'Esperance	4/7/02	<b>200 Yd. Back</b>	2:47.95	Bob Bruce	5/18/19
27.09	Peggy Whiter	6/11/16	<b>25 Yd. Breast</b>	17.84	Bob Bruce	6/9/18
40.79	Janet Gettling	1/27/19	<b>50 Yd. Breast</b>	38.00	Bob Bruce	1/27/19
1:31.01	Janet Gettling	5/19/19	<b>100 Yd. Breast</b>	1:26.29	Bob Bruce	6/9/18
3:27.18	Janet Gettling	4/26/19	<b>200 Yd. Breast</b>	3:10.92	Bob Bruce	6/9/18
			<b>25 Yd. Fly</b>	17.33	Roger Rudolph	6/17/17
39.75	Janet Gettling	5/18/19	<b>50 Yd. Fly</b>	32.78	Bob Bruce	1/27/19
1:30.92	Janet Gettling	5/19/19	<b>100 Yd. Fly</b>	1:15.77	Tom Landis	4/5/14
			<b>200 Yd. Fly</b>	2:53.22	Tom Landis	4/13/13
1:28.14	Janet Gettling	5/18/19	<b>100 Yd. I. M.</b>	1:09.78	Tom Landis	4/28/12
3:15.74	Janet Gettling	2/17/19	<b>200 Yd. I. M.</b>	2:34.62	Tom Landis	5/12/13
			<b>400 Yd. I. M.</b>	5:37.35	Tom Landis	5/10/13
			<b>3000 Yd. Free</b>	10:28/18	Bob Bruce	10/28/18
			<b>6000 Yd. Free</b>	1:23:58.14	Bob Bruce	10/14/18
			<b>1 hr Yd. Free</b>	4275 yds	Bob Bruce	10/14/18
			<b>300 Yd. Pentathlon</b>	3:28.74	Bob Bruce	1/27/19
			<b>600 Yd. Pentathlon</b>			
			<b>1200 Yd. Pentathlon</b>			
			<b>2250 Yd. Brute</b>			
<b>WOMEN 75-79</b>			<b>MEN 75-79</b>			
28.43	Kaleo Schroder	6/20/15	<b>25 Yd. Free</b>	15.81	George Thayer	6/21/14
56.96	Bev L'Esperance	4/22/07	<b>50 Yd. Free</b>	31.30	George Thayer	4/10/11
2:10.16	Ada Hebert	5/30/92	<b>100 Yd. Free</b>	1:14.71	George Thayer	4/10/11
4:39.38	Bev L'Esperance	4/21/07	<b>200 Yd. Free</b>	2:54.07	George Thayer	4/9/11
12:11.61	Bev L'Esperance	4/22/07	<b>500 Yd. Free</b>	8:22.54	Earl Ellis	6/21/14
			<b>1000 Yd. Free</b>	?	John Spence	4/7/17
			<b>1650 Yd. Free</b>	31:00.64	John Spence	4/7/17
33.12	Kaleo Schroder	6/20/15	<b>25 Yd. Back</b>	24.45	Brent Lake	6/20/15
1:06.14	Bev L'Esperance	4/21/07	<b>50 Yd. Back</b>	38.15	George Thayer	3/13/11
2:33.27	Bev L'Esperance	4/22/07	<b>100 Yd. Back</b>	1:25.18	George Thayer	4/10/11
5:00.49	Bev L'Esperance	4/21/07	<b>200 Yd. Back</b>	3:14.33	George Thayer	3/13/11
42.18	Kaleo Schroder	6/20/15	<b>25 Yd. Breast</b>			
1:20.80	Kaleo Schroder	6/21/14	<b>50 Yd. Breast</b>	41.96	George Thayer	4/27/12
3:02.10	Kaleo Schroder	6/21/14	<b>100 Yd. Breast</b>	1:43.13	George Thayer	4/13/14
			<b>200 Yd. Breast</b>			
			<b>25 Yd. Fly</b>			
			<b>50 Yd. Fly</b>	44.81	Mike Delaney	4/19/09
			<b>100 Yd. Fly</b>			
			<b>200 Yd. Fly</b>			
			<b>100 Yd. I. M.</b>	1:27.69	George Thayer	4/30/11
			<b>200 Yd. I. M.</b>			
			<b>400 Yd. I. M.</b>			
1:11:07.99	Nina Gee	11/15/08	<b>3000 Yd. Free</b>	48:22.00	Ralph Mohr	11/15/18
			<b>6000 Yd. Free</b>	1:41:05.71	Ralph Mohr	11/15/18
2520 yds	Pat Hunt	1/31/10	<b>1 hr Yd. Free</b>	3720	Ralph Mohr	2/28/17
			<b>300 Yd. Pentathlon</b>			
			<b>600 Yd. Pentathlon</b>			
			<b>1200 Yd. Pentathlon</b>			
			<b>2250 Yd. Brute</b>			

## COMA Individual Records (Short Course Yards) -- as of 5/19/2019

### WOMEN 80-84

58.23	Kaleo Schroder	4/8/17
2:10.37	Kaleo Schroder	4/9/17
1:09.06	Kaleo Schroder	4/8/17
2:31.38	Kaleo Schroder	4/9/17
1:24.33	Kaleo Schroder	4/8/17
3:06.60	Kaleo Schroder	6/11/16

25 Yd. Free  
 50 Yd. Free  
 100 Yd. Free  
 200 Yd. Free  
 500 Yd. Free  
 1000 Yd. Free  
 1650 Yd. Free  
 25 Yd. Back  
 50 Yd. Back  
 100 Yd. Back  
 200 Yd. Back  
 25 Yd. Breast  
 50 Yd. Breast  
 100 Yd. Breast  
 200 Yd. Breast  
 25 Yd. Fly  
 50 Yd. Fly  
 100 Yd. Fly  
 200 Yd. Fly  
 100 Yd. I. M.  
 200 Yd. I. M.  
 400 Yd. I. M.  
 3000 Yd. Free  
 6000 Yd. Free  
 1 hr Yd. Free  
 300 Yd. Pentathlon  
 600 Yd. Pentathlon  
 1200 Yd. Pentathlon  
 2250 Yd. Brute

### MEN 80-84

35.94	George Thayer	4/30/16
1:33.42	George Thayer	4/29/16
41.83	George Thayer	4/29/16
1:37.78	George Thayer	4/30/16
3:46.80	George Thayer	2/21/16
48.41	George Thayer	4/30/16
2:02.01	George Thayer	4/3/16

### WOMEN 85-89

25 Yd. Free  
 50 Yd. Free  
 100 Yd. Free  
 200 Yd. Free  
 500 Yd. Free  
 1000 Yd. Free  
 1650 Yd. Free  
 25 Yd. Back  
 50 Yd. Back  
 100 Yd. Back  
 200 Yd. Back  
 25 Yd. Breast  
 50 Yd. Breast  
 100 Yd. Breast  
 200 Yd. Breast  
 25 Yd. Fly  
 50 Yd. Fly  
 100 Yd. Fly  
 200 Yd. Fly  
 100 Yd. I. M.  
 200 Yd. I. M.  
 400 Yd. I. M.  
 3000 Yd. Free  
 6000 Yd. Free  
 1 hr Yd. Free  
 300 Yd. Pentathlon  
 600 Yd. Pentathlon  
 1200 Yd. Pentathlon  
 2250 Yd. Brute

### MEN 85-89

**COMA Individual Records (Short Course Yards) -- as of 5/19/2019**

**WOMEN 90-94**

**MEN 90-94**

25 Yd. Free  
50 Yd. Free  
100 Yd. Free  
200 Yd. Free  
500 Yd. Free  
1000 Yd. Free  
1650 Yd. Free  
25 Yd. Back  
50 Yd. Back  
100 Yd. Back  
200 Yd. Back  
25 Yd. Breast  
50 Yd. Breast  
100 Yd. Breast  
200 Yd. Breast  
25 Yd. Fly  
50 Yd. Fly  
100 Yd. Fly  
200 Yd. Fly  
100 Yd. I. M.  
200 Yd. I. M.  
400 Yd. I. M.  
3000 Yd. Free  
6000 Yd. Free  
1 hr Yd. Free  
300 Yd. Pentathlon  
600 Yd. Pentathlon  
1200 Yd. Pentathlon  
2250 Yd. Brute

**WOMEN 95-99**

**MEN 95-99**

25 Yd. Free  
50 Yd. Free  
100 Yd. Free  
200 Yd. Free  
500 Yd. Free  
1000 Yd. Free  
1650 Yd. Free  
25 Yd. Back  
50 Yd. Back  
100 Yd. Back  
200 Yd. Back  
25 Yd. Breast  
50 Yd. Breast  
100 Yd. Breast  
200 Yd. Breast  
25 Yd. Fly  
50 Yd. Fly  
100 Yd. Fly  
200 Yd. Fly  
100 Yd. I. M.  
200 Yd. I. M.  
400 Yd. I. M.  
3000 Yd. Free  
6000 Yd. Free  
1 hr Yd. Free  
300 Yd. Pentathlon  
600 Yd. Pentathlon  
1200 Yd. Pentathlon  
2250 Yd. Brute

## COMA Relay Records (Short Course Yards) -- as of 5/19/2019

### 200 Yard (4 x 50) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
1:55.76 Laura Schob Cyndi Smidt Garen Mattioda Kelly Gouldson 3/18/01	1:50.44 Jenny Marine Sara Quan Kelly Gouldson Shelley Blain-Reimer 4/4/04	1:45.00 Karen Allen Michelle Morrel Barb Harris Cynthia Chilcott 5/16/99	1:59.83 Teri Hendryx Deidre Straley Barb Harris Pam Zigler 4/22/06	2:25.78 Madeleine Holmberg Teri Hendryx Leslie Weigand Diane Cardwel 4/19/09	3:06.19 Judy Ziemer Janet Gettling Kaleo Schroder Peggy Whiter 4/8/17	

### 400 Yard (4 x 100) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:00.42 Amy Ward Hillary Madsor Jenny Marine Kelsey Holmberg 4/9/05	4:16.48 Elizabeth Hendersor Laura Schob Amy Halligan Barb Harris 3/4/00	4:16.76 Connie Austin Robin Lewis Cheryl Morger Stephanie Schultz 4/9/05	4:27.35 Madeleine Holmberg Pamela Zigler Laura Schob Barb Harris 4/9/05	5:50.08 Cathy Imwalle Pam Himstreet Peggie Hodge Kaleo Schroder 4/9/05		

### 800 Yard (4 x 200) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
	9:12.75 Tamara Houston Elizabeth Strausbauç Janette Wells Sara Nelson 4/21/07	9:04.08 Kristine Senkier Robin Lewis Cheryl Morger Stephanie Schultz 4/21/07	9:56.04 Laura Schob Madeleine Holmberg Mary Phillips Kris Denney 4/21/07	12:47.67 Peggie Hodge Diane Cardwel Jeannie Groesz Deborah Hodessor 4/21/07		

### 200 Yard (4 x 50) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
2:11.49 Angela Fults Robin Lewis Hillary Madsor Donna Raymond 4/23/06	2:01.63 Tori Barber Tara Godlove Tamara Houston Christine Rudge 4/23/06	2:00.60 Cynthia Chilcott Michelle Morrel Barb Harris Karen Allen 5/16/99	2:13.98 Teri Hendryx Barb Harris Deidre Straley Pam Zigler 4/23/06	2:36.74 Teri Hendryx Deb Hodessor Madeleine Holmberg Leslie Weigand 4/18/09		

### 400 Yard (4 x 100) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:37.44 Amy Ward Hillary Madsor Jenny Marine Kelsey Holmberg 4/9/05		5:00.07 Kristine Senkier Robin Lewis Stephanie Schultz Cyndi Smidt 4/22/07	5:11.95 Barb Harris Madeleine Holmberg Mary Phillips Kris Denney 4/22/07	6:36.76 Cathy Imwalle Pam Himstreet Peggie Hodge Kaleo Schroder 4/9/05		



## COMA Relay Records (Short Course Yards) -- as of 5/19/2019

### 200 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
1:33.41 Mike Burton Phil Reget Kevin Ferreira Rob Higley 4/9/00	1:34.17 Wil Fitzpatrick Scot Elliott Tom Fristoe Hardy Lussier 4/19/09	1:35.56 Kevin Ferreira John Gesner Stephen Williams Hardy Lussier 4/22/06	1:39.20 Steve Mann Bob Bruce Eric Steinhauff Mike Tennant 4/22/06	1:43.34 Steve Mann Tom Landis Bob Bruce Mike Tennant 4/10/10	1:59.67 Tom Landis George Thayer Mike Garibald Bob Bruce 4/5/14	

### 400 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:35.78 Kevin Sivertson Pieter Bergmans Scot Elliott Phil Reget 4/10/05	3:55.40 Eric Steinhauff Bob Bruce Tom Landis Steve Mann 3/4/00	3:49.01 Doug Asbury Mike Tennant Steve Mann Mike Douglas 4/10/05	4:26.68 Bob Bruce Brent Lake George Thayer Tom Landis 4/10/05		

### 800 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
		7:57.22 Tim Nelson Steve Mann John Gessner Hardy Lussier 4/21/07	8:25.20 Tom Landis Eric Steinhauff Doug Asbury Kris Calvin 4/21/07			

### 200 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
1:48.09 Kevin Ferreira Joe Daniels Phil Reget Keith Richards 3/18/01	1:50.39 Pieter Bergmans John Kinder Tim Farrington Andy Singer 4/18/09	1:44.93 Kevin Ferreira Stephen Williams John Gessner Hardy Lussier 4/23/06	1:50.92 Kris Calvin Tom Fristoe Gary Oliver Jim Ivelich 4/18/09	1:58.51 Steve Mann Bob Bruce Tom Landis Mike Tennant 4/18/09	2:31.56 George Thayer Bob Bruce Tom Landis Ralph Mohr 4/5/14	

### 400 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:59.66 Kevin Sivertson Phil Reget Scott Elliott Pieter Bergmans 4/9/05	4:01.53 Kevin Ferreira Hardy Lussier John Gessner Steve Mann 4/22/07	4:29.24 Steve Mann Mike Tennant Doug Asbury Mike Douglas 4/9/05	4:53.06 Brent Lake Bob Bruce Tom Landis George Thayer 4/9/05		

## COMA Relay Records (Short Course Yards) -- as of 5/19/2019

### 200 Yard (4 x 50) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:42.99	1:42.69	1:41.62	1:46.42	1:53.37	2:18.53	
Mike Burton Phil Reget Amy Halligan Kristin Juba 4/8/00	Wil Fitzpatrick Tara Godlove Maxine Braune Tim Farrington 4/18/09	John Gessner Connie Austin Karen Allen Hardy Lussier 4/3/04	Steve Mann Mary Sweat Diedre Straley Mike Tennant 4/10/04	Steve Mann Madeleine Holmberg Teri Hendryx Mike Tennant 4/18/09	George Thayer Jeannie Groesz Janet Gettling Bob Bruce 4/12/15	

### 400 Yard (4 x 100) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
3:55.07	3:41.64	4:05.04	4:05.95	4:29.43	5:48.45	
Pieter Bergmans Hillary Madsor Kelsey Holmberg Scott Elliott 4/9/05	Phil Reget Jenny Marine Amy Ward Kevin Sivertson 4/9/05	Roland Giller Connie Austin Stephanie Schultz Rob Higley 4/9/05	Mike Tennant Laura Schob Barb Harris Steve Mann 4/9/05	Tom Landis Cathy Imwalle Pam Himstreet Bob Bruce 4/9/05	Brent Lake George Thayer Kaleo Schroder Peggie Hodge 4/9/05	

### 800 Yard (4 x 200) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
8:21.00		8:31.14		10:33.15	13:40.63	
Wil Fitzpatrick Angela Coburn Tamara Houston Scot Elliott 4/22/07		Stephanie Schultz Kristine Senkier John Gessner Kris Calvin 4/22/07		Deborah Hodessor Pam Himstreet Bob Bruce Tom Landis 4/22/07	Kaleo Schroder Peggie Hodge George Thayer Ralph Mohr 4/22/07	

### 200 Yard (4 x 50) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:55.64	1:53.02	1:53.42	2:02.55	2:08.15	2:37.26	
Kevin Ferreira Sara Quan Kelly Gouldson Keith Richards 3/18/01	Tori Barber Joe Daniels Scot Elliott Tamara Houston 4/22/06	Kevin Ferreira Stephen Williams Cheryl Morger Stephanie Schultz 4/22/06	Steve Mann Mike Tennant Diedre Straley Barb Harris 4/22/06	Teri Hendryx Steve Mann Mike Tennant Madeleine Holmberg 4/19/09	Bob Bruce Janet Gettling Tom Landis Peggy Whiter 4/6/14	

### 400 Yard (4 x 100) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
4:31.33	4:14.11	4:09.76	4:33.80	5:10.41	6:42.55	
Kelsey Holmberg Pieter Bergmans Scott Elliott Hillary Madsor 4/9/05	Kevin Sivertson Phil Reget Jenny Marine Amy Ward 4/9/05	Kristine Senkier Hardy Lussier John Gessner Stephanie Schultz 4/21/07	Barb Harris Mike Riley Kris Calvin Kris Denney 4/21/07	Bob Bruce Cathy Imwalle Tom Landis Pam Himstreet 4/9/05	Brent Lake George Thayer Peggy Hodge Kaleo Schroder 4/9/05	